



16 FEV
2020
10KM

| Class | Num | Nome | Sx | Idd | Pos Esc | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------------|----|-----|---------|-------------|-------------|-----------------------------|
| 1 | 1101 | JORGE ROBALO | M | 39 | 1 | 00:31:35.77 | 00:31:35.45 | VITÓRIA FC |
| 2 | 500 | FLÁVIO SANTOS | M | 23 | 1 | 00:35:23.63 | 00:35:23.27 | FF PAZ MUNDIAL E UNIFICAÇÃO |
| 3 | 340 | PAULO ALVES | M | 42 | 2 | 00:36:40.39 | 00:36:40.17 | GDCT IN CM |
| 4 | 1097 | JORGE SOUSA | M | 40 | 3 | 00:36:58.91 | 00:36:58.89 | CA SINTRA |
| 5 | 645 | RUI HENRIQUES | M | 40 | 4 | 00:37:44.71 | 00:37:44.45 | SERVIÇOS SOCIAIS MONTEPIO |
| 6 | 953 | LUIS SANTOS | M | 37 | 5 | 00:38:15.55 | 00:38:15.09 | A VALE SILENCIO |
| 7 | 227 | RUI HENRIQUES | M | 46 | 1 | 00:38:18.53 | 00:38:18.52 | WERUN |
| 8 | 882 | PEDRO M R S F PRETO | M | 48 | 2 | 00:38:48.13 | 00:38:44.97 | |
| 9 | 1040 | TIAGO ALVES | M | 36 | 6 | 00:39:30.00 | 00:39:30.00 | GDC BANCO DE PORTUGAL |
| 10 | 1043 | PEDRO BARREIRÃO | M | 33 | 2 | 00:39:39.29 | 00:39:36.00 | GDC BANCO DE PORTUGAL |
| 11 | 270 | JOSÉ SILVA | M | 46 | 3 | 00:39:50.08 | 00:39:48.22 | CORRER |
| 12 | 304 | LUIS REBELO | M | 55 | 1 | 00:40:00.04 | 00:39:59.07 | FALCÕES SELVAGENS |
| 13 | 798 | KCENIA BOUGROVA | F | 25 | 1 | 00:40:02.46 | 00:40:02.32 | RUN TEJO CM SOCKS |
| 14 | 863 | VITOR MARTINS | M | 50 | 4 | 00:40:17.80 | 00:40:16.23 | C COLAB AGEAS |
| 15 | 228 | BRUNO AMARO | M | 40 | 7 | 00:40:24.76 | 00:40:16.23 | RUN FOR FRIENDS |
| 16 | 334 | DAVID LOPES | M | 33 | 3 | 00:40:35.14 | 00:40:15.68 | RUNNERS GRAFANIL |
| 17 | 111 | JOÃO SILVA | M | 40 | 8 | 00:40:39.17 | 00:40:34.41 | CASA DA DIZIMA |
| 18 | 597 | PEDRO SANTOS | M | 45 | 5 | 00:40:52.81 | 00:40:46.32 | GRUPO CORRIDA JCS |
| 19 | 671 | ARMANDO PESSOA | M | 50 | 6 | 00:40:59.11 | 00:40:57.05 | |
| 20 | 1113 | JOSE MARCELINO | M | 57 | 2 | 00:41:08.61 | 00:41:08.07 | GDR REBOLEIRA |
| 21 | 516 | LUIS BARBOSA | M | 44 | 9 | 00:41:12.30 | 00:41:08.91 | |
| 22 | 556 | NELSON CUSTÓDIO | M | 44 | 10 | 00:41:13.44 | 00:41:07.87 | CDCR DOS CTT |
| 23 | 57 | FERNANDO VICENTE | M | 54 | 7 | 00:41:14.59 | 00:41:12.64 | |
| 24 | 148 | MANUEL ROQUE | M | 37 | 11 | 00:41:35.39 | 00:41:29.46 | |
| 25 | 519 | NUNO RAMOS | M | 38 | 12 | 00:41:37.29 | 00:41:33.74 | |
| 26 | 981 | GIL NOVO | M | 26 | 4 | 00:41:46.76 | 00:41:23.64 | FIDELIDADE GDC |
| 27 | 165 | LUIS TEIXEIRA | M | 38 | 13 | 00:41:57.86 | 00:41:52.34 | CAD A CORRER |
| 28 | 222 | SAMUEL MARQUES | M | 40 | 14 | 00:42:00.30 | 00:41:46.52 | VANTAGEM+ |
| 29 | 475 | PEDRO CASTRO JORGE | M | 26 | 5 | 00:42:08.63 | 00:41:53.56 | |
| 30 | 223 | JORGE ALMEIDA | M | 30 | 6 | 00:42:09.59 | 00:42:09.59 | |
| 31 | 199 | JOSÉ PINTO | M | 57 | 3 | 00:42:14.26 | 00:42:05.78 | CLÍNICA DR CAUTELA |
| 32 | 861 | SÉRGIO MANUEL RODRIGUES | M | 46 | 8 | 00:42:28.05 | 00:42:21.95 | C COLAB AGEAS |
| 33 | 930 | PAULO CHAINHO | M | 55 | 4 | 00:42:35.71 | 00:42:34.40 | GDR S FRANCISCO SERRA |
| 34 | 93 | HÉLDER COTRIM | M | 40 | 15 | 00:42:37.58 | 00:42:37.57 | FF PAZ MUNDIAL E UNIFICAÇÃO |
| 35 | 922 | ANTONIO BOTAO | M | 26 | 7 | 00:42:38.82 | 00:42:38.82 | C MILLENNIUM BCP |
| 36 | 312 | JOÃO GUTERRES | M | 45 | 9 | 00:42:44.04 | 00:42:42.02 | CORRER |



16 FEV
2020
10KM

| | | | | | | | | |
|----|------|-----------------------|---|----|----|-------------|-------------|-------------------------|
| 37 | 1048 | LUÍS RIO | M | 48 | 10 | 00:42:50.62 | 00:42:46.86 | GDC BANCO DE PORTUGAL |
| 38 | 521 | DARIO MESQUITA | M | 36 | 16 | 00:42:53.01 | 00:42:47.34 | SPECIAL FORCE |
| 39 | 949 | MOISÉS BATALHA | M | 20 | 8 | 00:42:58.58 | 00:42:56.78 | |
| 40 | 235 | CARLOS FERNANDES | M | 54 | 11 | 00:43:04.81 | 00:43:02.08 | KEEPRUNNING |
| 41 | 456 | JOÃO NUNES | M | 56 | 5 | 00:43:08.64 | 00:43:08.60 | |
| 42 | 908 | NUNO TORCATO | M | 42 | 17 | 00:43:19.07 | 00:43:05.06 | C MILLENNIUM BCP |
| 43 | 197 | TIAGO SILVA | M | 31 | 9 | 00:43:34.24 | 00:43:14.21 | ASAS |
| 44 | 868 | PEDRO GASPAR | M | 38 | 18 | 00:43:34.86 | 00:43:27.77 | |
| 45 | 1067 | ABDEREZECK BENAÏSSA | M | 39 | 19 | 00:43:37.54 | 00:43:31.70 | |
| 46 | 625 | GONÇALO MAGALHÃES | M | 33 | 10 | 00:43:42.17 | 00:43:21.89 | |
| 47 | 274 | RUI MIGUEL FIGUEIREDO | M | 44 | 20 | 00:43:44.67 | 00:43:35.55 | |
| 48 | 107 | TIAGO GUERRA | M | 30 | 11 | 00:43:46.29 | 00:43:35.26 | |
| 49 | 73 | JOSE MOREIRA | M | 43 | 21 | 00:43:56.12 | 00:43:55.98 | FF P MUNDIAL |
| 50 | 1146 | FRANCISCO MELO | M | 36 | 22 | 00:44:04.63 | 00:43:48.60 | |
| 51 | 186 | DIOGO ASSUNÇÃO | M | 31 | 12 | 00:44:10.81 | 00:43:59.58 | HERE 4 BEER |
| 52 | 627 | JOÃO ALFREDO AFONSO | M | 44 | 23 | 00:44:11.66 | 00:43:03.89 | ML |
| 53 | 360 | HELDER PEREIRA | M | 39 | 24 | 00:44:12.09 | 00:43:49.86 | |
| 54 | 716 | RUI LUÍS | M | 45 | 12 | 00:44:15.60 | 00:44:15.57 | TERRORES DO ASFALTO |
| 55 | 1088 | JORGE SERRA | M | 53 | 13 | 00:44:16.97 | 00:44:13.43 | CCD TRANQUILIDADE |
| 56 | 1037 | JOÃO MENESES | M | 30 | 13 | 00:44:20.89 | 00:43:25.25 | GDC BANCO DE PORTUGAL |
| 57 | 106 | NUNO ALMEIDA | M | 40 | 25 | 00:44:23.46 | 00:44:10.48 | |
| 58 | 734 | FERNANDO CANDEIAS | M | 48 | 14 | 00:44:31.19 | 00:44:31.19 | SS CGD |
| 59 | 443 | CARLOS DIAS | M | 43 | 26 | 00:44:36.94 | 00:44:35.65 | SPECIAL FORCE |
| 60 | 405 | FREDERICO PACHECO | M | 37 | 27 | 00:44:37.58 | 00:44:37.58 | SPECIAL FORCE |
| 61 | 1118 | PEDRO LENCASTRE | M | 33 | 14 | 00:44:41.63 | 00:44:23.56 | |
| 62 | 310 | ANGELA HEIDA | F | 26 | 2 | 00:44:45.50 | 00:44:22.82 | |
| 63 | 471 | FRANCISCO CERQUEIRA | M | 48 | 15 | 00:44:50.30 | 00:44:38.88 | KER SPORT TRAIL RUNNING |
| 64 | 605 | BRUNO HENRIQUES | M | 24 | 15 | 00:44:58.53 | 00:44:38.38 | CLUBE DAS GAZELAS |
| 65 | 686 | FÁBIO BARBOSA | M | 33 | 16 | 00:45:04.23 | 00:44:56.50 | OS MANCOS |
| 66 | 332 | RUI LUÍS | M | 30 | 17 | 00:45:04.79 | 00:44:45.96 | RUNNERS GRAFANIL |
| 67 | 290 | DAVID SARAIVA | M | 38 | 28 | 00:45:05.81 | 00:44:44.58 | MIND SOURCE RUNNERS |
| 68 | 1034 | JOSÉ MONTEIRO | M | 63 | 6 | 00:45:08.46 | 00:44:25.23 | GDC BANCO DE PORTUGAL |
| 69 | 1147 | CHRISTIAAN OOSTERVEEN | M | 34 | 18 | 00:45:10.82 | 00:44:54.58 | BREAKING3 |
| 70 | 1145 | BO IRIK | F | 31 | 3 | 00:45:11.44 | 00:44:55.72 | |
| 71 | 1035 | ANTÓNIO SIMÕES | M | 50 | 16 | 00:45:14.68 | 00:45:06.44 | GDC BANCO DE PORTUGAL |
| 72 | 422 | PAULO COSTA | M | 43 | 29 | 00:45:23.71 | 00:45:18.79 | |
| 73 | 221 | PAULO NUNES | M | 46 | 17 | 00:45:26.36 | 00:45:24.11 | CORRER |
| 74 | 259 | ANTONIO REBELO | M | 48 | 18 | 00:45:30.38 | 00:45:06.42 | |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|------------------------|---|----|----|-------------|-------------|--------------------------|
| 75 | 1046 | TIAGO DIOGO | M | 42 | 30 | 00:45:31.79 | 00:45:21.77 | GDC BANCO DE PORTUGAL |
| 76 | 216 | CARLOS AMARO | M | 38 | 31 | 00:45:40.84 | 00:45:34.50 | GRUPO BARRAQUEIRO |
| 77 | 506 | RUI TAVARES | M | 38 | 32 | 00:45:46.23 | 00:45:37.79 | |
| 78 | 752 | JOSÉ MOURA | M | 33 | 19 | 00:45:47.19 | 00:45:36.39 | GENERALI COLABORADOR |
| 79 | 379 | VERA SANTOS | F | 37 | 1 | 00:45:53.34 | 00:45:52.27 | |
| 80 | 317 | ANTONIO XAVIER | M | 53 | 19 | 00:45:55.37 | 00:45:43.42 | APOGMA |
| 81 | 439 | VITOR SÁ | M | 34 | 20 | 00:45:58.91 | 00:45:54.26 | |
| 82 | 114 | RUI HENRIQUES | M | 48 | 20 | 00:46:00.28 | 00:45:47.88 | |
| 83 | 723 | NELSON FRADIQUE | M | 44 | 33 | 00:46:21.89 | 00:45:18.90 | |
| 84 | 759 | VIRGÍLIO MADEIRA | M | 60 | 7 | 00:46:22.38 | 00:45:49.60 | GENERALI COLABORADOR |
| 85 | 371 | FERNANDO ANDORINHA | M | 46 | 21 | 00:46:26.19 | 00:46:04.80 | |
| 86 | 1103 | JOAO TABORDA | M | 34 | 21 | 00:46:29.08 | 00:46:20.94 | |
| 87 | 881 | RUI ROMÃO | M | 39 | 34 | 00:46:30.40 | 00:45:27.83 | |
| 88 | 857 | MIGUEL TRUNINGER SOUSA | M | 44 | 35 | 00:46:37.15 | 00:45:54.66 | C COLAB AGEAS |
| 89 | 401 | ANTÓNIO ROQUE | M | 34 | 22 | 00:46:38.45 | 00:46:15.19 | CARACÓIS DE PEDRA |
| 90 | 898 | PEDRO CORREIA | M | 42 | 36 | 00:46:44.20 | 00:46:21.37 | C MILLENNIUM BCP |
| 91 | 251 | JOAQUIM MARTINS | M | 51 | 22 | 00:46:45.90 | 00:46:45.90 | |
| 92 | 491 | PEDRO LIMA | M | 42 | 37 | 00:46:48.40 | 00:46:17.97 | |
| 93 | 395 | JOAO CARVALHO | M | 26 | 23 | 00:46:48.96 | 00:46:00.63 | |
| 94 | 710 | ILSA COSTA | F | 34 | 4 | 00:46:49.73 | 00:46:43.87 | |
| 95 | 275 | JOSE CARLOS GASPAR | M | 47 | 23 | 00:47:01.55 | 00:46:54.59 | |
| 96 | 658 | FILIPE FREITAS | M | 36 | 38 | 00:47:01.75 | 00:46:33.92 | ADR ÁGUA DE PENA (ADRAP) |
| 97 | 588 | DIOGO TEIXEIRA | M | 32 | 24 | 00:47:05.41 | 00:46:24.44 | GRUPO CORRIDA JCS |
| 98 | 1027 | PAULO TOMAS | M | 47 | 24 | 00:47:05.46 | 00:47:03.02 | ALCOBELA |
| 99 | 747 | FILIPE NUNES | M | 40 | 39 | 00:47:07.66 | 00:47:05.37 | GENERALI COLABORADOR |
| 100 | 184 | NELSON ESTEVES | M | 38 | 40 | 00:47:07.66 | 00:46:05.88 | |
| 101 | 944 | RUI PASTOR | M | 47 | 25 | 00:47:11.07 | 00:46:02.33 | PASTOR RACING |
| 102 | 1134 | SARIETTE MOUKOURI | F | 49 | 1 | 00:47:12.62 | 00:47:05.97 | |
| 103 | 307 | TIAGO ROXO | M | 32 | 25 | 00:47:15.88 | 00:46:41.88 | CORRER |
| 104 | 620 | NOEMIA SEQUEIRA | F | 51 | 2 | 00:47:20.70 | 00:47:15.27 | SS CGD |
| 105 | 54 | JOÃO FERNANDES | M | 38 | 41 | 00:47:25.86 | 00:46:54.01 | |
| 106 | 732 | ANTONIO NASCIMENTO | M | 62 | 8 | 00:47:33.49 | 00:47:29.14 | SS CGD |
| 107 | 365 | JOAQUIM SANDE | M | 60 | 9 | 00:47:36.07 | 00:47:03.55 | BANDALHOS |
| 108 | 618 | MANUEL BRAS | M | 52 | 26 | 00:47:38.63 | 00:47:21.82 | SS CGD |
| 109 | 329 | ANDRÉ WIBORG | M | 61 | 10 | 00:47:38.80 | 00:47:31.93 | WLF |
| 110 | 427 | EDUARDO RIBEIRO | M | 52 | 27 | 00:47:42.44 | 00:47:33.80 | GDCT UNICRE |
| 111 | 311 | ALFREDO FALCÃO | M | 54 | 28 | 00:47:46.04 | 00:47:38.14 | RUN 4 FUN |
| 112 | 799 | JORGE QUARENTA | M | 49 | 29 | 00:47:47.22 | 00:47:41.31 | RUN TEJO CM SOCKS |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-----------------------------|---|----|----|-------------|-------------|-----------------------------|
| 113 | 437 | JOÃO ANTUNES | M | 21 | 26 | 00:47:50.32 | 00:46:58.41 | |
| 114 | 543 | FÁBIO TOMÁS | M | 30 | 27 | 00:47:51.00 | 00:47:51.00 | |
| 115 | 51 | RUI MENDES | M | 48 | 30 | 00:47:55.09 | 00:47:48.05 | |
| 116 | 79 | JOAO BOGALHEIRO | M | 50 | 31 | 00:48:00.71 | 00:47:47.46 | A VALE SILENCIO |
| 117 | 1137 | NUNO BALAS | M | 43 | 42 | 00:48:05.32 | 00:46:57.29 | |
| 118 | 896 | VIRGILIO COSTA | M | 49 | 32 | 00:48:09.06 | 00:48:02.97 | C MILLENNIUM BCP |
| 119 | 84 | JOAO RIBEIRA | M | 40 | 43 | 00:48:13.32 | 00:48:11.19 | CAPTAIN FLY RUNNERS |
| 120 | 517 | MARLENE CECÍLIA DE OLIVEIRA | F | 41 | 2 | 00:48:15.44 | 00:48:11.20 | |
| 121 | 451 | JOSÉ GUERREIRO | M | 62 | 11 | 00:48:17.11 | 00:47:47.07 | SERVIÇOS SOCIAIS MONTEPIO |
| 122 | 600 | RODRIGO LEAL | M | 41 | 44 | 00:48:18.89 | 00:48:18.89 | GRUPO CORRIDA JCS |
| 123 | 397 | FILIPE MARTINS | M | 39 | 45 | 00:48:19.73 | 00:47:59.81 | |
| 124 | 647 | DAVIDE BARBOSA | M | 25 | 28 | 00:48:20.49 | 00:48:08.79 | |
| 125 | 617 | LUIS GOMES | M | 37 | 46 | 00:48:21.03 | 00:48:03.37 | SS CGD |
| 126 | 616 | JOAQUIM FRADE | M | 64 | 12 | 00:48:21.21 | 00:48:17.12 | SS CGD |
| 127 | 572 | LUIS MARTA | M | 54 | 33 | 00:48:21.40 | 00:47:51.64 | COFINA RUNNERS |
| 128 | 243 | TIAGO SOUSA | M | 22 | 29 | 00:48:22.20 | 00:48:22.20 | |
| 129 | 573 | MARIO FIGUEIREDO | M | 49 | 34 | 00:48:32.03 | 00:48:03.68 | COFINA RUNNERS |
| 130 | 613 | CARLOS LEITAO | M | 56 | 13 | 00:48:33.56 | 00:48:27.87 | SS CGD |
| 131 | 518 | PEDRO PINTO | M | 34 | 30 | 00:48:34.38 | 00:48:34.38 | |
| 132 | 400 | RAFAEL ALEXANDRE LOPES | M | 21 | 31 | 00:48:34.89 | 00:48:34.89 | |
| 133 | 626 | RICARDO DO VALE | M | 27 | 32 | 00:48:36.39 | 00:47:50.53 | |
| 134 | 231 | CARLOS TOMÉ | M | 53 | 35 | 00:48:37.75 | 00:48:37.75 | QUARENTÕES NA BISGA |
| 135 | 501 | ISABEL SANTOS | F | 50 | 3 | 00:48:37.94 | 00:48:37.94 | FF PAZ MUNDIAL E UNIFICAÇÃO |
| 136 | 392 | GONÇALO GRAZINA | M | 29 | 33 | 00:48:41.14 | 00:48:41.14 | LINK |
| 137 | 171 | DEN CHUANG | M | 28 | 34 | 00:48:43.48 | 00:48:43.48 | |
| 138 | 462 | FRANCISCO BISPO | M | 59 | 14 | 00:48:43.85 | 00:48:31.46 | |
| 139 | 1130 | FERNANDO COSTA | M | 43 | 47 | 00:48:44.75 | 00:48:29.05 | |
| 140 | 356 | JOSÉ TAVARES | M | 51 | 36 | 00:48:47.82 | 00:48:31.17 | CORRER |
| 141 | 244 | BRUNO ALVES | M | 28 | 35 | 00:48:50.86 | 00:48:03.82 | CORPO DE INTERVENÇÃO |
| 142 | 478 | JOSÉ AUGUSTO | M | 58 | 15 | 00:48:51.54 | 00:48:40.45 | FALCÕES SELVAGENS |
| 143 | 306 | MANUEL M L PACHECO | M | 38 | 48 | 00:48:53.01 | 00:48:19.13 | |
| 144 | 487 | BRUNO LOPES | M | 33 | 36 | 00:48:55.44 | 00:48:03.18 | #BEIRHEMIOS |
| 145 | 433 | NUNO LOPES | M | 45 | 37 | 00:48:56.49 | 00:48:29.87 | FC ESTRELAS |
| 146 | 380 | PAULO RODRIGUES | M | 44 | 49 | 00:48:57.53 | 00:48:50.79 | SERVIÇOS SOCIAIS MONTEPIO |
| 147 | 708 | RUI BOLAS | M | 42 | 50 | 00:48:58.08 | 00:48:26.33 | |
| 148 | 1124 | JORGE MORGADO | M | 58 | 16 | 00:49:00.07 | 00:48:29.08 | CF OS BELENENSES |
| 149 | 70 | NUNO CENTENO | M | 41 | 51 | 00:49:01.62 | 00:48:09.34 | |
| 150 | 964 | RUI DUARTE | M | 42 | 52 | 00:49:02.28 | 00:49:02.28 | |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-----------------------|---|----|----|-------------|-------------|------------------------|
| 151 | 473 | DUARTE TELLO | M | 45 | 38 | 00:49:02.40 | 00:48:48.92 | |
| 152 | 320 | JOAO HEITOR | M | 69 | 1 | 00:49:03.75 | 00:48:56.61 | ÁGUIAS DE PAÇO D'ARCOS |
| 153 | 1094 | JOÃO ROLÃO | M | 63 | 17 | 00:49:04.63 | 00:48:33.17 | HOVIONE |
| 154 | 143 | FRANCISCO PASSOS | M | 58 | 18 | 00:49:04.69 | 00:48:43.03 | |
| 155 | 339 | NUNO HENRIQUES | M | 44 | 53 | 00:49:05.41 | 00:49:02.58 | GDCT IN CM |
| 156 | 498 | CARLOS CRAVEIRA | M | 48 | 39 | 00:49:06.91 | 00:48:51.30 | |
| 157 | 308 | MATTEO SABBATINI | M | 34 | 37 | 00:49:10.03 | 00:48:36.11 | |
| 158 | 559 | RUI MARTINS | M | 52 | 40 | 00:49:10.55 | 00:49:05.30 | CDCR DOS CTT |
| 159 | 979 | SERGIO MELRO | M | 54 | 41 | 00:49:13.44 | 00:48:59.05 | |
| 160 | 966 | RUI CUNHA | M | 53 | 42 | 00:49:15.10 | 00:48:56.61 | |
| 161 | 704 | JOÃO TEIXEIRA | M | 50 | 43 | 00:49:16.64 | 00:48:24.72 | |
| 162 | 414 | EDUARDO PEREIRA | M | 34 | 38 | 00:49:17.13 | 00:49:12.01 | CP EDP |
| 163 | 854 | JOSÉ LOPES CAETANO | M | 67 | 2 | 00:49:19.14 | 00:48:27.01 | C COLAB AGEAS |
| 164 | 567 | PEDRO SILVA | M | 25 | 39 | 00:49:23.93 | 00:48:55.36 | CREEPS RUNNING TEAM |
| 165 | 273 | FILIPPE GONÇALVES | M | 30 | 40 | 00:49:25.34 | 00:48:41.65 | |
| 166 | 413 | BRUNO SERENO | M | 32 | 41 | 00:49:25.35 | 00:49:20.22 | CP EDP |
| 167 | 211 | CARLOS ALVES | M | 57 | 19 | 00:49:29.75 | 00:49:18.96 | |
| 168 | 550 | DEBORA ARNEADO | F | 38 | 3 | 00:49:33.18 | 00:49:18.81 | |
| 169 | 742 | BRUNO DUARTE | M | 36 | 54 | 00:49:35.65 | 00:49:34.11 | GENERALI COLABORADOR |
| 170 | 757 | ATLETA NÃO CADASTRADO | M | 43 | 55 | 00:49:35.85 | 00:49:32.22 | GENERALI COLABORADOR |
| 171 | 901 | FERNANDO RODRIGUES | M | 55 | 20 | 00:49:37.22 | 00:49:23.72 | C MILLENNIUM BCP |
| 172 | 765 | EDUARDO CABRITA | M | 50 | 44 | 00:49:37.59 | 00:49:37.59 | GENERALI COLABORADOR |
| 173 | 549 | INES ARNEADO | F | 38 | 4 | 00:49:39.89 | 00:49:23.81 | |
| 174 | 420 | MARCO LOURO | M | 49 | 45 | 00:49:40.05 | 00:49:30.13 | |
| 175 | 375 | AMERICO RAMOS | M | 61 | 21 | 00:49:40.96 | 00:49:25.91 | |
| 176 | 1069 | CARLOS CUNHA | M | 40 | 56 | 00:49:44.68 | 00:49:43.08 | CALMA E FACAS |
| 177 | 195 | MARTA ADÃO | F | 42 | 5 | 00:49:47.60 | 00:49:41.88 | RUN FOR FRIENDS |
| 178 | 789 | RUI SILVA | M | 44 | 57 | 00:49:48.69 | 00:49:18.42 | GENERALI MEDIADOR |
| 179 | 447 | CLÁUDIO RODRIGUES | M | 32 | 42 | 00:49:49.34 | 00:49:33.28 | |
| 180 | 331 | HENRIQUE CRUZ | M | 54 | 46 | 00:49:54.00 | 00:48:50.00 | |
| 181 | 844 | ATLETA NÃO CADASTRADO | M | 42 | 58 | 00:49:54.26 | 00:49:54.26 | GENERALI MEDIADOR |
| 182 | 1095 | ATLETA NÃO CADASTRADO | M | 35 | 59 | 00:49:56.33 | 00:49:24.71 | |
| 183 | 416 | JOSÉ JUSTINO | M | 24 | 43 | 00:49:57.20 | 00:48:58.48 | A TUA PRIMA |
| 184 | 265 | GUILHERME GONÇALVES | M | 59 | 22 | 00:49:57.91 | 00:49:49.33 | C FERROV PORTUGAL |
| 185 | 382 | JOSÉ MARTINS | M | 32 | 44 | 00:49:58.60 | 00:49:32.11 | |
| 186 | 453 | GUILHERME FERNANDES | M | 32 | 45 | 00:49:58.69 | 00:49:18.65 | |
| 187 | 691 | RUBEN ANDRÉ | M | 33 | 46 | 00:50:02.05 | 00:49:17.13 | FCA RUNNERS |
| 188 | 942 | ZELIA PEDRO | F | 32 | 5 | 00:50:04.69 | 00:50:00.35 | GENERALI COLABORADOR |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|--|---|----|----|-------------|-------------|----------------------|
| 189 | 474 | ALEX SANTOS | M | 29 | 47 | 00:50:05.54 | 00:49:15.50 | |
| 190 | 328 | JOÃO SANTOS | M | 55 | 23 | 00:50:06.18 | 00:49:52.92 | |
| 191 | 557 | RICARDO RAMOS | M | 44 | 60 | 00:50:06.30 | 00:49:58.85 | CDCR DOS CTT |
| 192 | 976 | PEDRO HENRIQUES | M | 28 | 48 | 00:50:09.00 | 00:49:52.37 | |
| 193 | 249 | HENRIQUE SANTOS | M | 24 | 49 | 00:50:09.39 | 00:49:26.65 | |
| 194 | 666 | MATHEUS VITOR | M | 20 | 50 | 00:50:15.68 | 00:49:47.29 | |
| 195 | 935 | JOSE MAGALHAES | M | 52 | 47 | 00:50:19.00 | 00:49:56.94 | GENERALI CLIENTE |
| 196 | 778 | PEDRO BRAVO | M | 40 | 61 | 00:50:25.02 | 00:49:47.90 | |
| 197 | 476 | RICARDO OLIVEIRA | M | 42 | 62 | 00:50:26.16 | 00:50:00.27 | |
| 198 | 566 | VASCO SILVA | M | 25 | 51 | 00:50:26.30 | 00:49:58.90 | CREEPS RUNNING TEAM |
| 199 | 664 | FRANCISCO RAFAEL | M | 40 | 63 | 00:50:27.84 | 00:49:26.25 | |
| 200 | 203 | DANIEL CAIXINHA | M | 28 | 52 | 00:50:30.21 | 00:49:40.53 | |
| 201 | 256 | TIAGO PEREIRA | M | 24 | 53 | 00:50:30.80 | 00:49:48.10 | |
| 202 | 1013 | JOSÉ MANUEL VEIGA | M | 59 | 24 | 00:50:31.55 | 00:50:01.40 | |
| 203 | 715 | ANIBAL MARTINS | M | 34 | 54 | 00:50:31.85 | 00:50:30.43 | TERRORES DO ASFALTO |
| 204 | 319 | VALTER GONÇALVES | M | 37 | 64 | 00:50:32.70 | 00:50:22.79 | FUNTASTIC4 |
| 205 | 172 | FILIPPE FERREIRA | M | 42 | 65 | 00:50:33.00 | 00:50:01.27 | |
| 206 | 345 | JORGE RODRIGUES | M | 48 | 48 | 00:50:33.56 | 00:50:27.15 | JDS VIZINHOS FIXES |
| 207 | 985 | CATIA SANTOS | F | 35 | 6 | 00:50:35.55 | 00:50:35.55 | ASSOCIAÇÃO SALVADOR |
| 208 | 1117 | LUIS TORPES | M | 30 | 55 | 00:50:36.33 | 00:50:36.33 | ASSOCIAÇÃO SALVADOR |
| 209 | 920 | ANA MARQUES | F | 59 | 1 | 00:50:36.38 | 00:50:22.66 | C MILLENNIUM BCP |
| 210 | 689 | JONY DOMINGOS | M | 43 | 66 | 00:50:44.08 | 00:49:57.61 | HC RUNERS |
| 211 | 939 | VERA SIMOES | F | 44 | 7 | 00:50:46.76 | 00:50:42.63 | GENERALI COLABORADOR |
| 212 | 768 | PAULO LUIS | M | 50 | 49 | 00:50:48.05 | 00:50:21.90 | GENERALI COLABORADOR |
| 213 | 733 | BEATRIZ CAMPOS | F | 17 | 6 | 00:50:48.50 | 00:50:21.75 | GENERALI COLABORADOR |
| 214 | 1023 | EDGAR FRANCISCO | M | 54 | 50 | 00:50:52.23 | 00:50:36.82 | ALCOBELA |
| 215 | 138 | JOSÉ BRAGANÇA | M | 41 | 67 | 00:50:53.15 | 00:50:50.56 | |
| 216 | 50 | LEONEL ALVES | M | 41 | 68 | 00:50:53.97 | 00:50:51.70 | LDC RUNNERS |
| 217 | 210 | NUNO SERRÃO | M | 36 | 69 | 00:50:55.01 | 00:50:18.82 | |
| 218 | 191 | FÁBIO ALEXANDRE | M | 28 | 56 | 00:50:59.73 | 00:50:26.47 | |
| 219 | 389 | FERNANDO FARIA | M | 57 | 25 | 00:51:01.85 | 00:50:45.57 | LINK |
| 220 | 548 | PEDRO NOBRE | M | 43 | 70 | 00:51:07.49 | 00:50:46.59 | |
| 221 | 262 | ALEXANDRA MARISA CANILHO MARTINS SILVA | F | 39 | 8 | 00:51:07.90 | 00:50:29.08 | |
| 222 | 685 | AMÉRICO SANTOS | M | 51 | 51 | 00:51:08.58 | 00:50:22.32 | |
| 223 | 214 | JOÃO VICENTE | M | 28 | 57 | 00:51:08.75 | 00:51:04.97 | CACAHUETES |
| 224 | 240 | NUNO DAMIÃES | M | 38 | 71 | 00:51:09.51 | 00:50:47.12 | TEAM DO BAIRRO |
| 225 | 1142 | RICARDO VIEGAS | M | 43 | 72 | 00:51:10.14 | 00:51:09.33 | |
| 226 | 515 | ATLETA NÃO CADASTRADO | M | 45 | 52 | 00:51:11.01 | 00:51:11.01 | BANDALHOS |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|---------------------------|---|----|----|-------------|-------------|-----------------------|
| 227 | 1127 | JOSE BARREIRA | M | 56 | 26 | 00:51:12.12 | 00:50:46.96 | |
| 228 | 907 | PAULO PAIS | M | 55 | 27 | 00:51:12.46 | 00:50:58.61 | C MILLENNIUM BCP |
| 229 | 486 | RUI OLIVEIRA | M | 35 | 73 | 00:51:12.59 | 00:50:17.80 | #BEIRHEMIOS |
| 230 | 1028 | JOSE FERREIRA | M | 49 | 53 | 00:51:15.58 | 00:50:57.89 | ALCOBELA |
| 231 | 167 | PEDRO LOURENÇO | M | 43 | 74 | 00:51:15.96 | 00:50:25.76 | |
| 232 | 180 | PEDRO CARVALHO | M | 43 | 75 | 00:51:16.18 | 00:50:33.21 | |
| 233 | 444 | PAULO SOUSA | M | 39 | 76 | 00:51:17.32 | 00:50:56.16 | |
| 234 | 601 | RUI PINTO | M | 54 | 54 | 00:51:17.33 | 00:50:51.54 | GRUPO CORRIDA JCS |
| 235 | 1078 | JOÃO MOITEIRO | M | 48 | 55 | 00:51:18.40 | 00:51:01.26 | |
| 236 | 856 | MIGUEL FIGUEIREDO ESTEVES | M | 36 | 77 | 00:51:20.68 | 00:50:50.68 | C COLAB AGEAS |
| 237 | 1123 | JOANA DOMINGOS | F | 43 | 9 | 00:51:22.01 | 00:50:56.69 | CF OS BELENENSES |
| 238 | 721 | HUGO ROSAS | M | 44 | 78 | 00:51:24.90 | 00:50:51.14 | |
| 239 | 971 | ADELINO PEREIRA | M | 55 | 28 | 00:51:26.42 | 00:51:18.39 | RUN2FINISH.PT |
| 240 | 77 | ABÍLIO OLIVEIRA | M | 54 | 56 | 00:51:28.47 | 00:51:04.08 | |
| 241 | 1058 | JOÃO MAGALHÃES | M | 42 | 79 | 00:51:28.51 | 00:50:36.34 | |
| 242 | 631 | FREDERICO PINHO RODRIGUES | M | 40 | 80 | 00:51:28.80 | 00:50:35.41 | LIMITED EDITION |
| 243 | 751 | DAVID MORENO | M | 35 | 81 | 00:51:28.85 | 00:51:26.54 | GENERALI COLABORADOR |
| 244 | 497 | ABILIO SILVA | M | 62 | 29 | 00:51:29.18 | 00:51:13.35 | |
| 245 | 1140 | MIGUEL COUTINHO | M | 39 | 82 | 00:51:29.62 | 00:51:08.69 | |
| 246 | 269 | JOSÉ AMARAL | M | 25 | 58 | 00:51:31.21 | 00:51:08.53 | ASAS |
| 247 | 701 | SANDRA MENCUCCI | F | 44 | 10 | 00:51:39.54 | 00:51:15.26 | |
| 248 | 1033 | JOAQUIM FERRÃO | M | 59 | 30 | 00:51:40.17 | 00:51:10.48 | GDC BANCO DE PORTUGAL |
| 249 | 347 | PEDRO SOUSA | M | 38 | 83 | 00:51:40.54 | 00:50:40.27 | MANOS ARREAGA |
| 250 | 1110 | NUNO GALVÃO | M | 56 | 31 | 00:51:44.94 | 00:51:37.26 | SIMECQ |
| 251 | 903 | ALEXANDRA COSTA | F | 48 | 4 | 00:51:49.18 | 00:51:32.83 | C MILLENNIUM BCP |
| 252 | 393 | HENRIQUE FERNANDES | M | 28 | 59 | 00:51:49.77 | 00:51:06.69 | LINK |
| 253 | 946 | FILIPA CARAPUÇO | F | 41 | 11 | 00:51:49.80 | 00:51:33.64 | |
| 254 | 1070 | CARLA BERNARDINO | F | 43 | 12 | 00:51:50.56 | 00:51:45.46 | |
| 255 | 661 | FERNANDO PRIOR | M | 43 | 84 | 00:51:52.95 | 00:51:29.97 | |
| 256 | 769 | HUGO REBELO | M | 46 | 57 | 00:51:57.27 | 00:51:31.53 | GENERALI COLABORADOR |
| 257 | 687 | PEDRO CLETO | M | 47 | 58 | 00:52:01.75 | 00:51:55.31 | |
| 258 | 302 | PEDRO HOLTREMAN | M | 46 | 59 | 00:52:03.05 | 00:51:47.45 | GAYOLASINACTION |
| 259 | 140 | LUIS CARREGA | M | 18 | 60 | 00:52:03.25 | 00:51:52.29 | |
| 260 | 233 | JOSE NUNES | M | 53 | 60 | 00:52:05.67 | 00:52:02.71 | |
| 261 | 683 | ANDRE LEAL | M | 31 | 61 | 00:52:07.62 | 00:51:46.24 | |
| 262 | 1022 | FILIPE BRANCO | M | 50 | 61 | 00:52:09.56 | 00:51:51.20 | ALCOBELA |
| 263 | 718 | MANUEL SILVA | M | 49 | 62 | 00:52:10.81 | 00:52:09.94 | TERRORES DO ASFALTO |
| 264 | 1080 | ELISABETE FERNANDES | F | 44 | 13 | 00:52:11.07 | 00:51:38.45 | |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-----------------------------|---|----|----|-------------|-------------|---------------------------|
| 265 | 633 | REGINA BORGES | F | 46 | 5 | 00:52:11.56 | 00:51:39.46 | |
| 266 | 52 | ADRIANO ZAMBUJEIRO | M | 43 | 85 | 00:52:16.26 | 00:52:01.39 | |
| 267 | 301 | PEDRO LUÍS | M | 47 | 63 | 00:52:20.38 | 00:52:03.82 | GAYOLASINACTION |
| 268 | 948 | JOÃO PEREIRA | M | 56 | 32 | 00:52:20.73 | 00:52:16.57 | AC PORTALEGRE |
| 269 | 119 | ANTÓNIO JOAQUIM RIBEIRO VAZ | M | 43 | 86 | 00:52:27.14 | 00:52:06.50 | |
| 270 | 115 | CÉLIA PASSINHAS | F | 43 | 14 | 00:52:28.14 | 00:52:28.14 | |
| 271 | 1136 | FREDERICO WIBORG | M | 48 | 64 | 00:52:35.86 | 00:52:28.87 | |
| 272 | 245 | BRUNO BAPTISTA | M | 34 | 62 | 00:52:37.55 | 00:51:50.89 | CORPO DE INTERVENÇÃO |
| 273 | 956 | CARLOS NEVES | M | 39 | 87 | 00:52:39.12 | 00:52:17.79 | |
| 274 | 533 | CRISTINA CALAFATE | F | 53 | 6 | 00:52:39.21 | 00:52:39.21 | TARTARUGAS SOLIDÁRIAS |
| 275 | 314 | MARIO RAMOS | M | 60 | 33 | 00:52:45.56 | 00:52:34.86 | APOGMA |
| 276 | 126 | FILIPE DUARTE | M | 34 | 63 | 00:52:46.69 | 00:51:42.39 | SERVIÇOS SOCIAIS MONTEPIO |
| 277 | 207 | RAFAEL DE CARVALHO | M | 33 | 64 | 00:52:47.24 | 00:51:57.29 | |
| 278 | 717 | CARLOS FERNANDES | M | 42 | 88 | 00:52:53.33 | 00:52:51.63 | TERRORS DO ASFALTO |
| 279 | 1083 | RUI MANUEL HENRIQUES SILVA | M | 40 | 89 | 00:52:55.35 | 00:52:55.35 | CCD TRANQUILIDADE |
| 280 | 682 | ANIBAL CARVALHO | M | 68 | 3 | 00:53:00.00 | 00:52:31.18 | |
| 281 | 432 | NUNO CAEIRO | M | 31 | 65 | 00:53:03.05 | 00:52:31.89 | |
| 282 | 154 | JOSÉ LOPES | M | 42 | 90 | 00:53:03.57 | 00:52:41.08 | |
| 283 | 880 | LUÍS NUNO OLIVEIRA | M | 50 | 65 | 00:53:05.56 | 00:52:25.14 | |
| 284 | 277 | GONÇALO FORMIGA | M | 27 | 66 | 00:53:08.95 | 00:52:55.77 | VANTAGEM+ |
| 285 | 152 | LUIZA CORDEIRO | F | 28 | 7 | 00:53:10.38 | 00:52:27.03 | |
| 286 | 164 | ANDRÉ SOARES | M | 32 | 67 | 00:53:10.97 | 00:52:23.86 | |
| 287 | 989 | ANDRE FARIA | M | 45 | 66 | 00:53:11.10 | 00:53:11.10 | ASSOCIAÇÃO SALVADOR |
| 288 | 555 | JOSÉ RUA | M | 48 | 67 | 00:53:11.61 | 00:53:03.93 | CDCR DOS CTT |
| 289 | 552 | JOAO REIS | M | 55 | 34 | 00:53:11.95 | 00:53:04.07 | CDCR DOS CTT |
| 290 | 118 | ISABEL LOURENÇO | F | 28 | 8 | 00:53:12.81 | 00:52:21.42 | |
| 291 | 391 | CARLOS PALMA | M | 51 | 68 | 00:53:12.84 | 00:52:54.48 | LINK |
| 292 | 158 | JOÃO AMORIM | M | 31 | 68 | 00:53:13.11 | 00:52:32.39 | TOA |
| 293 | 117 | ANDRÉ GOMES | M | 28 | 69 | 00:53:13.31 | 00:52:21.48 | |
| 294 | 1029 | MÁRCIO SILVA | M | 22 | 70 | 00:53:14.05 | 00:53:14.05 | |
| 295 | 318 | JOÃO PINTO | M | 36 | 91 | 00:53:14.18 | 00:52:29.59 | SP URB |
| 296 | 522 | RUI CARRIÇO | M | 37 | 92 | 00:53:14.58 | 00:52:13.59 | |
| 297 | 1059 | KNIGHT ALASTAIR | M | 62 | 35 | 00:53:19.54 | 00:53:13.21 | |
| 298 | 660 | JOÃO BATISTA | M | 38 | 93 | 00:53:19.77 | 00:52:46.19 | TRILHOS E BIGODES |
| 299 | 294 | JORGE MANUEL REIS MAGALHAES | M | 39 | 94 | 00:53:20.43 | 00:52:20.49 | MANOS ARREAGA |
| 300 | 335 | JOAQUIM LIDÓRIO PINHEIRO | M | 40 | 95 | 00:53:24.16 | 00:52:21.64 | |
| 301 | 466 | VLADIMIR KOPTEV | M | 42 | 96 | 00:53:24.39 | 00:52:36.01 | |
| 302 | 325 | RUI MARGARIDO | M | 41 | 97 | 00:53:24.97 | 00:52:22.78 | |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|---------------------------|---|----|-----|-------------|-------------|-----------------------|
| 303 | 213 | JOÃO MESQUITA | M | 34 | 71 | 00:53:25.17 | 00:52:30.43 | JRMH |
| 304 | 1073 | RICARDO SOARES | M | 38 | 98 | 00:53:31.33 | 00:52:49.10 | FCA RUNNERS |
| 305 | 1049 | LUÍS TAVARES | M | 50 | 69 | 00:53:32.92 | 00:53:11.93 | LIZ RUNNERS |
| 306 | 562 | CARLOS MARINHO | M | 39 | 99 | 00:53:34.71 | 00:53:02.06 | CDCR DOS CTT |
| 307 | 764 | FERNANDO CELESTINO | M | 61 | 36 | 00:53:39.11 | 00:53:05.30 | GENERALI COLABORADOR |
| 308 | 1085 | PEDRO BURGUETTE | M | 44 | 100 | 00:53:39.18 | 00:53:04.96 | CCD TRANQUILIDADE |
| 309 | 454 | HADRIEN MARTIN | M | 32 | 72 | 00:53:39.75 | 00:53:39.75 | |
| 310 | 238 | NUNO BATISTA | M | 42 | 101 | 00:53:41.42 | 00:53:33.98 | OS SILVAS |
| 311 | 160 | RUI SEBASTIÃO | M | 32 | 73 | 00:53:41.71 | 00:52:59.58 | TOA |
| 312 | 628 | BERNARDO SILVEIRA | M | 30 | 74 | 00:53:43.92 | 00:52:35.92 | ML |
| 313 | 779 | ANTONIO MELGAO | M | 40 | 102 | 00:53:49.49 | 00:52:56.39 | |
| 314 | 883 | PAULO RAMOS | M | 32 | 75 | 00:53:51.16 | 00:53:38.54 | |
| 315 | 97 | GONCALO PALMINHA | M | 41 | 103 | 00:53:52.97 | 00:53:17.57 | CD ÁGUIAS ALPIARÇA |
| 316 | 470 | BRUNO FERNANDES | M | 43 | 104 | 00:53:56.00 | 00:53:30.35 | FC ESTRELAS |
| 317 | 406 | PEDRO ROMÃO | M | 30 | 76 | 00:53:56.65 | 00:53:17.73 | |
| 318 | 1063 | LUIS SANTOS | M | 29 | 77 | 00:53:57.29 | 00:53:48.65 | |
| 319 | 346 | BRUNO FARIA | M | 47 | 70 | 00:54:07.22 | 00:53:56.69 | |
| 320 | 1115 | HOSTILIO MARTINS | M | 46 | 71 | 00:54:07.39 | 00:54:07.39 | |
| 321 | 1038 | CATARINA SILVA | F | 30 | 9 | 00:54:08.75 | 00:53:11.67 | GDC BANCO DE PORTUGAL |
| 322 | 241 | CARLOS SILVA | M | 38 | 105 | 00:54:10.41 | 00:53:49.00 | TEAM DO BAIRRO |
| 323 | 622 | PAULO MARTINS | M | 52 | 72 | 00:54:11.24 | 00:53:53.80 | SS CGD |
| 324 | 173 | PEDRO CHAVES | M | 36 | 106 | 00:54:14.14 | 00:53:09.48 | GOLFINHOS |
| 325 | 965 | PAULA ALMEIDA | F | 50 | 7 | 00:54:15.58 | 00:53:57.75 | |
| 326 | 583 | ANDRE GOMES | M | 30 | 78 | 00:54:18.79 | 00:53:54.68 | GRUPO CORRIDA JCS |
| 327 | 502 | JOAO MACEDO | M | 53 | 73 | 00:54:20.42 | 00:53:53.24 | |
| 328 | 995 | VITOR TABORDA | M | 61 | 37 | 00:54:23.01 | 00:54:23.01 | ASSOCIAÇÃO SALVADOR |
| 329 | 175 | MIGUEL BRITO | M | 26 | 79 | 00:54:23.44 | 00:53:50.52 | GOLFINHOS |
| 330 | 226 | RICARDO MATOS | M | 34 | 80 | 00:54:23.84 | 00:53:28.64 | JRMH |
| 331 | 668 | PEDRO SANTOS | M | 29 | 81 | 00:54:23.91 | 00:53:46.72 | |
| 332 | 806 | JORGE ROSA | M | 54 | 74 | 00:54:25.77 | 00:53:26.33 | GENERALI MEDIADOR |
| 333 | 836 | ANA FORTES | F | 39 | 15 | 00:54:25.99 | 00:53:30.49 | GENERALI MEDIADOR |
| 334 | 232 | CARLOS TROMBINHAS | M | 45 | 75 | 00:54:27.41 | 00:54:18.12 | QUARENTÕES NA BISGA |
| 335 | 67 | JOSÉ MARIA PEDRO | M | 65 | 4 | 00:54:28.81 | 00:53:54.43 | |
| 336 | 200 | JOÃO CARVALHO | M | 51 | 76 | 00:54:30.15 | 00:54:22.48 | |
| 337 | 656 | HUGO EVARISTO | M | 35 | 107 | 00:54:33.49 | 00:54:32.48 | LIMITED EDITION |
| 338 | 657 | CLAUDIA CARRAPETA | F | 31 | 10 | 00:54:33.54 | 00:54:32.67 | LIMITED EDITION |
| 339 | 324 | MARIA DE LURDES GONÇALVES | F | 52 | 8 | 00:54:35.59 | 00:54:18.37 | CORRER |
| 340 | 350 | FERNANDO GONÇALVES | M | 50 | 77 | 00:54:36.16 | 00:53:34.45 | GRUPO BARRAQUEIRO |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-------------------|---|----|-----|-------------|-------------|-----------------------------|
| 341 | 523 | PAULO PALMINHA | M | 49 | 78 | 00:54:36.75 | 00:54:36.75 | |
| 342 | 435 | MANUEL PEREIRA | M | 62 | 38 | 00:54:37.85 | 00:53:51.71 | |
| 343 | 690 | ANTERO DIAS | M | 26 | 82 | 00:54:38.23 | 00:53:54.09 | FCA RUNNERS |
| 344 | 675 | BRUNO LETRA | M | 34 | 83 | 00:54:38.57 | 00:53:58.84 | |
| 345 | 727 | TIAGO PEDROSA | M | 30 | 84 | 00:54:38.85 | 00:53:59.39 | |
| 346 | 407 | MIGUEL PEDRO | M | 49 | 79 | 00:54:42.36 | 00:53:50.43 | FRAQUINHOS TEAM |
| 347 | 763 | ELIZETE DUARTE | F | 46 | 9 | 00:54:42.50 | 00:54:17.55 | GENERALI COLABORADOR |
| 348 | 891 | JOSE REBELO | M | 53 | 80 | 00:54:44.72 | 00:54:38.10 | C MILLENNIUM BCP |
| 349 | 669 | NUNO MENDES | M | 39 | 108 | 00:54:45.52 | 00:54:30.88 | |
| 350 | 990 | ANTONIO SILVA | M | 37 | 109 | 00:54:51.15 | 00:54:51.15 | ASSOCIAÇÃO SALVADOR |
| 351 | 943 | RUTE RIBEIRO | F | 36 | 16 | 00:54:52.73 | 00:54:36.38 | C MILLENNIUM BCP |
| 352 | 313 | PAULO PIRES | M | 54 | 81 | 00:54:53.96 | 00:54:43.18 | APOGMA |
| 353 | 316 | HELDER GANDARINHO | M | 51 | 82 | 00:54:54.00 | 00:54:42.82 | APOGMA |
| 354 | 81 | FRANCISCO SÉRIO | M | 37 | 110 | 00:54:55.01 | 00:54:00.51 | TFS |
| 355 | 694 | MARIA ANDRADE | F | 28 | 11 | 00:54:55.14 | 00:54:14.34 | |
| 356 | 670 | PEDRO CUSTODIO | M | 40 | 111 | 00:54:56.43 | 00:54:12.04 | CRP |
| 357 | 936 | JOAO FERREIRA | M | 47 | 83 | 00:54:56.91 | 00:54:42.35 | GENERALI CLIENTE |
| 358 | 1079 | JAIME VEIGA | M | 56 | 39 | 00:54:59.85 | 00:54:39.25 | |
| 359 | 215 | ADRIANO COTRIM | M | 78 | 5 | 00:55:02.37 | 00:55:00.12 | FF PAZ MUNDIAL E UNIFICAÇÃO |
| 360 | 914 | LUIS SILVA | M | 45 | 84 | 00:55:04.46 | 00:54:51.75 | C MILLENNIUM BCP |
| 361 | 131 | RICARDO FERREIRA | M | 40 | 112 | 00:55:05.74 | 00:54:40.83 | SERVIÇOS SOCIAIS MONTEPIO |
| 362 | 762 | ANA RUTE PANELA | F | 46 | 10 | 00:55:05.85 | 00:54:41.67 | GENERALI COLABORADOR |
| 363 | 130 | JAIME GOMES | M | 63 | 40 | 00:55:06.39 | 00:54:41.19 | SERVIÇOS SOCIAIS MONTEPIO |
| 364 | 619 | MIGUEL ANGELO | M | 44 | 113 | 00:55:09.65 | 00:54:45.83 | SS CGD |
| 365 | 455 | FRANCISCO DUARTE | M | 27 | 85 | 00:55:11.50 | 00:54:00.40 | |
| 366 | 931 | FRANCISCO CAMPOS | M | 33 | 86 | 00:55:15.34 | 00:54:16.63 | |
| 367 | 247 | RUI FREIXO | M | 34 | 87 | 00:55:18.68 | 00:54:38.07 | MANOS FREIXO |
| 368 | 98 | TELMO GASPAR | M | 40 | 114 | 00:55:19.03 | 00:54:40.87 | |
| 369 | 941 | CARLA NEVES | F | 44 | 17 | 00:55:19.13 | 00:55:14.15 | GENERALI COLABORADOR |
| 370 | 75 | LUIS LOURENCO | M | 43 | 115 | 00:55:19.45 | 00:54:42.74 | CORRER QUELUZ |
| 371 | 234 | JOSE ANDRADE | M | 58 | 41 | 00:55:20.71 | 00:55:17.36 | KEEPRUNNING |
| 372 | 1091 | BRUNO CARDOSO | M | 33 | 88 | 00:55:23.07 | 00:54:37.57 | CCD TRANQUILIDADE |
| 373 | 402 | JULIO PEREIRA | M | 54 | 85 | 00:55:25.19 | 00:54:34.41 | |
| 374 | 1036 | GINA CHEIO | F | 48 | 11 | 00:55:26.07 | 00:55:16.60 | GDC BANCO DE PORTUGAL |
| 375 | 564 | GONÇALO RODRIGUES | M | 31 | 89 | 00:55:28.13 | 00:54:12.77 | |
| 376 | 674 | ANTONIO NEVES | M | 35 | 116 | 00:55:28.14 | 00:54:57.59 | |
| 377 | 551 | ROGERIO LUIS | M | 47 | 86 | 00:55:30.21 | 00:55:03.58 | |
| 378 | 252 | NILTON PEREIRA | M | 36 | 117 | 00:55:34.30 | 00:54:50.33 | LAST BUT NOT LEAST |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|----------------------------|---|----|-----|-------------|-------------|-------------------------|
| 379 | 804 | NÁDIA NUNES | F | 32 | 12 | 00:55:36.19 | 00:55:08.43 | |
| 380 | 1076 | JOÃO CALISTO | M | 59 | 42 | 00:55:37.61 | 00:55:37.61 | |
| 381 | 323 | RAFAELA GONÇALVES | F | 26 | 13 | 00:55:39.23 | 00:55:35.63 | |
| 382 | 170 | JORGE VICENTE | M | 40 | 118 | 00:55:39.78 | 00:54:37.67 | |
| 383 | 1129 | ALEXANDRE MATEUS | M | 44 | 119 | 00:55:42.66 | 00:55:05.73 | |
| 384 | 570 | ANDRE PIRES | M | 34 | 90 | 00:55:43.20 | 00:54:54.39 | COFINA RUNNERS |
| 385 | 472 | MARIA VIANA | F | 41 | 18 | 00:55:44.11 | 00:55:34.57 | KER SPORT TRAIL RUNNING |
| 386 | 482 | NUNO COSTA | M | 44 | 120 | 00:55:44.86 | 00:55:18.62 | FC ESTRELAS |
| 387 | 424 | PAULO DUARTE | M | 54 | 87 | 00:55:46.07 | 00:55:36.42 | GDCT UNICRE |
| 388 | 155 | ELISABETE SILVA | F | 37 | 19 | 00:55:47.08 | 00:55:24.48 | LINDA A PASTORA SC |
| 389 | 370 | SUSANA RIBEIRO | F | 39 | 20 | 00:55:47.12 | 00:55:25.60 | |
| 390 | 1121 | ELSA BRUXELAS | F | 60 | 2 | 00:55:47.41 | 00:55:24.22 | CF OS BELENENSES |
| 391 | 1017 | ANDRÉ MARQUES | M | 31 | 91 | 00:55:47.55 | 00:55:38.22 | |
| 392 | 1061 | PEDRO PALRÃO | M | 53 | 88 | 00:55:48.41 | 00:55:18.59 | |
| 393 | 394 | FERNANDO TEIXEIRA VAQUEIRO | M | 38 | 121 | 00:55:49.63 | 00:55:02.80 | |
| 394 | 80 | BRUNO FLORES | M | 45 | 89 | 00:55:52.63 | 00:55:14.35 | |
| 395 | 276 | PAULO ANTUNES | M | 47 | 90 | 00:55:54.35 | 00:55:46.81 | |
| 396 | 996 | FRANCISCO TROVAO | M | 32 | 92 | 00:55:54.78 | 00:55:54.78 | ASSOCIAÇÃO SALVADOR |
| 397 | 848 | JOANA RAMOS | F | 27 | 14 | 00:55:56.71 | 00:55:29.10 | |
| 398 | 1060 | FRANCISCA SILVA | F | 36 | 21 | 00:56:03.83 | 00:55:28.84 | |
| 399 | 697 | NUNO MESTRE | M | 46 | 91 | 00:56:04.74 | 00:55:44.53 | |
| 400 | 237 | PEDRO DIAS | M | 48 | 92 | 00:56:07.90 | 00:56:04.43 | KEEPRUNNING |
| 401 | 385 | FERNANDO PAIXÃO | M | 54 | 93 | 00:56:10.50 | 00:55:24.46 | GOODFELAS |
| 402 | 905 | MARIO MARCELINO | M | 61 | 43 | 00:56:13.59 | 00:56:01.74 | C MILLENNIUM BCP |
| 403 | 720 | SAMUEL LOPES | M | 30 | 93 | 00:56:15.35 | 00:56:14.92 | TERRORES DO ASFALTO |
| 404 | 121 | RAFAEL MURTA | M | 36 | 122 | 00:56:18.28 | 00:56:08.68 | |
| 405 | 351 | MADALENA SAMPAIO SOARES | F | 31 | 15 | 00:56:19.50 | 00:55:26.21 | |
| 406 | 88 | MARIO MISSIL | M | 47 | 94 | 00:56:20.12 | 00:55:08.97 | OS CORE PARA COMER |
| 407 | 86 | NUNO DANTAS | M | 45 | 95 | 00:56:20.28 | 00:55:09.00 | OS CORRE PARA COMER |
| 408 | 91 | PEDRO RIBEIRO | M | 39 | 123 | 00:56:21.48 | 00:55:45.25 | MATI & XAVI |
| 409 | 845 | ISABEL MENDES | F | 53 | 12 | 00:56:21.88 | 00:56:09.94 | GENERALI MEDIADOR |
| 410 | 544 | SARA RAMOS | F | 26 | 16 | 00:56:32.34 | 00:56:26.45 | |
| 411 | 112 | ANA CARREIRA | F | 41 | 22 | 00:56:46.76 | 00:56:22.94 | |
| 412 | 740 | CARLOS BARGADO | M | 55 | 44 | 00:56:46.81 | 00:56:30.69 | GENERALI COLABORADOR |
| 413 | 1081 | JOÃO CAMPOS | M | 47 | 96 | 00:56:51.00 | 00:56:51.00 | |
| 414 | 623 | PEDRO LOPES | M | 40 | 124 | 00:56:52.18 | 00:56:33.47 | SS CGD |
| 415 | 372 | MÁRIO PATRÍCIO | M | 29 | 94 | 00:56:52.30 | 00:56:02.15 | |
| 416 | 464 | ANTÓNIO CASAS NOVAS | M | 41 | 125 | 00:56:56.55 | 00:55:53.35 | CARACÓIS RUNNERS |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-------------------------|---|----|-----|-------------|-------------|---------------------------|
| 417 | 271 | MARIA DA GRAÇA ROQUETTE | F | 26 | 17 | 00:56:58.56 | 00:56:13.26 | |
| 418 | 157 | HARUN AR RASHID | M | 35 | 126 | 00:57:01.70 | 00:56:58.27 | |
| 419 | 129 | LUIS GRENCHO | M | 47 | 97 | 00:57:01.79 | 00:56:36.37 | SERVIÇOS SOCIAIS MONTEPIO |
| 420 | 615 | HUGO VENANCIO | M | 41 | 127 | 00:57:03.88 | 00:56:46.20 | SS CGD |
| 421 | 950 | DAVID AZEDO | M | 31 | 95 | 00:57:05.02 | 00:56:17.78 | |
| 422 | 525 | RUI CASIMIRO | M | 46 | 98 | 00:57:08.37 | 00:56:50.03 | |
| 423 | 692 | FILIPE TOMAZ | M | 53 | 99 | 00:57:10.67 | 00:56:27.89 | FCA RUNNERS |
| 424 | 1020 | FERNANDO PIRES | M | 53 | 100 | 00:57:11.96 | 00:56:23.63 | |
| 425 | 676 | FERNANDO MARQUES | M | 25 | 96 | 00:57:13.52 | 00:56:17.77 | |
| 426 | 612 | BEATRIZ GONÇALVES | F | 18 | 18 | 00:57:13.60 | 00:56:54.15 | SS CGD |
| 427 | 927 | MARIO MENDES | M | 55 | 45 | 00:57:13.92 | 00:56:59.64 | C MILLENNIUM BCP |
| 428 | 536 | ANDRÉ SILVA | M | 29 | 97 | 00:57:15.29 | 00:56:27.40 | |
| 429 | 967 | PAULO MADEIRA | M | 43 | 128 | 00:57:16.54 | 00:57:08.63 | |
| 430 | 610 | FERNANDO FRAGATEIRO | M | 59 | 46 | 00:57:18.72 | 00:56:29.76 | |
| 431 | 604 | ISABEL SANTOS | F | 59 | 3 | 00:57:19.01 | 00:56:45.93 | |
| 432 | 741 | TAM AFONSO | M | 67 | 6 | 00:57:20.09 | 00:57:15.43 | GENERALI COLABORADOR |
| 433 | 1084 | JOÃO RAMALHO | M | 29 | 98 | 00:57:20.21 | 00:57:20.21 | CCD TRANQUILIDADE |
| 434 | 1131 | JOAO MARQUES | M | 45 | 101 | 00:57:20.78 | 00:57:18.74 | CCD TRANQUILIDADE |
| 435 | 755 | ROGÉRIO DIAS | M | 48 | 102 | 00:57:20.94 | 00:57:15.63 | GENERALI COLABORADOR |
| 436 | 648 | NUNO MONTEIRO | M | 45 | 103 | 00:57:21.29 | 00:56:34.78 | |
| 437 | 1018 | PEDRO CAVALHEIRO COSTA | M | 47 | 104 | 00:57:21.55 | 00:57:03.06 | SS CGD |
| 438 | 295 | MONICA MATOS | F | 42 | 23 | 00:57:22.42 | 00:56:47.03 | MARVILA JOVEM |
| 439 | 921 | ARTUR LEITE | M | 55 | 47 | 00:57:25.47 | 00:57:12.63 | C MILLENNIUM BCP |
| 440 | 520 | ARTUR FARINHA | M | 56 | 48 | 00:57:28.26 | 00:56:27.12 | |
| 441 | 598 | PEDRO MEDEIROS | M | 29 | 99 | 00:57:31.05 | 00:56:54.98 | GRUPO CORRIDA JCS |
| 442 | 116 | PEDRO IGREJA | M | 40 | 129 | 00:57:32.47 | 00:57:11.72 | |
| 443 | 531 | LUIS DOMINGUES | M | 38 | 130 | 00:57:32.67 | 00:56:50.28 | FCA RUNNERS |
| 444 | 893 | NUNO ANJOS | M | 53 | 105 | 00:57:32.95 | 00:57:32.95 | C MILLENNIUM BCP |
| 445 | 577 | SERGIO KRITIHINAS | M | 40 | 131 | 00:57:35.67 | 00:57:04.05 | COFINA RUNNERS |
| 446 | 1087 | MIGUEL BRANDÃO | M | 32 | 100 | 00:57:37.19 | 00:57:32.99 | CCD TRANQUILIDADE |
| 447 | 589 | DIOGO FÉLIX | M | 27 | 101 | 00:57:38.86 | 00:56:49.44 | GRUPO CORRIDA JCS |
| 448 | 667 | HUGO VICENTE | M | 41 | 132 | 00:57:40.75 | 00:56:46.83 | LIMITED EDITION |
| 449 | 1077 | JÚLIA CALISTO | F | 56 | 4 | 00:57:43.46 | 00:56:58.82 | |
| 450 | 53 | NUNO MARTINS | M | 42 | 133 | 00:57:43.50 | 00:57:08.25 | |
| 451 | 442 | JOSÉ EDUARDO RODRIGUES | M | 55 | 49 | 00:57:44.91 | 00:57:44.91 | |
| 452 | 477 | LUIS PINTO | M | 40 | 134 | 00:57:49.25 | 00:57:17.03 | TRILHOS & BIGODES |
| 453 | 386 | PEDRO MELO | M | 50 | 106 | 00:57:51.50 | 00:57:04.20 | GOODFELAS |
| 454 | 505 | SANDRA CARDOSO | F | 47 | 13 | 00:57:53.23 | 00:57:20.81 | AMCS |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|---------------------|---|----|-----|-------------|-------------|-----------------------|
| 455 | 916 | ARTUR BOTAO | M | 50 | 107 | 00:57:54.14 | 00:57:43.86 | C MILLENNIUM BCP |
| 456 | 929 | PAULO REBOCHO | M | 55 | 50 | 00:57:54.47 | 00:56:52.23 | C MILLENNIUM BCP |
| 457 | 291 | HUGO CASACA | M | 41 | 135 | 00:57:55.28 | 00:57:03.08 | |
| 458 | 480 | ARMANDO VALENTE | M | 49 | 108 | 00:57:55.42 | 00:57:21.89 | |
| 459 | 105 | SUSANA MENDES | F | 40 | 24 | 00:57:56.18 | 00:57:06.10 | |
| 460 | 459 | DIOGO OLIVEIRA | M | 23 | 102 | 00:58:01.32 | 00:57:26.15 | OS CAMONES |
| 461 | 866 | GABRIEL ABRAHAO | M | 36 | 136 | 00:58:03.68 | 00:57:16.76 | |
| 462 | 1114 | CARLOS GALDINO | M | 37 | 137 | 00:58:05.40 | 00:57:06.24 | PÉ Q VOA |
| 463 | 584 | CARLOS CATARINO | M | 64 | 51 | 00:58:07.07 | 00:57:31.55 | GRUPO CORRIDA JCS |
| 464 | 886 | LUIS PITA | M | 46 | 109 | 00:58:08.62 | 00:57:45.38 | |
| 465 | 968 | DAVID AVELAR | M | 37 | 138 | 00:58:09.36 | 00:57:03.62 | RUNNERS |
| 466 | 1062 | ANTÓNIO FONSECA | M | 74 | 7 | 00:58:11.16 | 00:57:34.58 | |
| 467 | 906 | CARLA RIBEIRO | F | 42 | 25 | 00:58:11.53 | 00:57:59.65 | C MILLENNIUM BCP |
| 468 | 460 | MARGARIDA NABAIS | F | 23 | 19 | 00:58:11.81 | 00:57:37.07 | OS CAMONES |
| 469 | 90 | HUGO LAPA | M | 36 | 139 | 00:58:12.61 | 00:57:35.95 | MATI & XAVI |
| 470 | 860 | RUI FILIPE GARCIA | M | 40 | 140 | 00:58:14.59 | 00:57:26.63 | C COLAB AGEAS |
| 471 | 641 | JOÃO PEDRO | M | 28 | 103 | 00:58:17.05 | 00:58:17.05 | GREENRUNNERS |
| 472 | 879 | AGAMEMNON MILIOS | M | 46 | 110 | 00:58:18.19 | 00:57:16.97 | |
| 473 | 1074 | JOÃO BATISTA | M | 59 | 52 | 00:58:19.89 | 00:57:31.73 | |
| 474 | 398 | CATARINA ROCHA | F | 27 | 20 | 00:58:20.61 | 00:57:24.21 | |
| 475 | 788 | RICARDO CALDEIRA | M | 26 | 104 | 00:58:21.27 | 00:57:51.53 | GENERALI MEDIADOR |
| 476 | 1030 | MIGUEL REDMONT | M | 49 | 111 | 00:58:21.66 | 00:57:31.84 | |
| 477 | 835 | ANDRÉ GONÇALVES | M | 21 | 105 | 00:58:21.68 | 00:57:39.92 | GENERALI MEDIADOR |
| 478 | 839 | ESMERALDO GONÇALVES | M | 47 | 112 | 00:58:22.45 | 00:57:39.47 | GENERALI MEDIADOR |
| 479 | 1041 | ANTÓNIO SILVA | M | 34 | 106 | 00:58:24.21 | 00:57:27.70 | GDC BANCO DE PORTUGAL |
| 480 | 362 | MARIA VELOSO | F | 68 | 1 | 00:58:24.52 | 00:58:21.14 | |
| 481 | 390 | ANTÓNIO DIAS | M | 55 | 53 | 00:58:24.84 | 00:58:05.92 | LINK |
| 482 | 547 | ALBERTO SANTOS | M | 58 | 54 | 00:58:25.90 | 00:57:53.12 | SCNPN |
| 483 | 508 | CARLA GONÇALVES | F | 45 | 14 | 00:58:26.02 | 00:58:02.58 | TARTARUGAS |
| 484 | 449 | SANDRA ELVAS | F | 44 | 26 | 00:58:27.57 | 00:58:11.70 | A VALE SILENCIO |
| 485 | 445 | LEONEL ANJOS NEVES | M | 66 | 8 | 00:58:27.80 | 00:58:13.32 | A VALE SILENCIO |
| 486 | 1045 | SILVIA MORAIS | F | 38 | 27 | 00:58:28.08 | 00:58:18.51 | GDC BANCO DE PORTUGAL |
| 487 | 185 | JENNIE OGREN | F | 28 | 21 | 00:58:28.56 | 00:57:28.95 | |
| 488 | 770 | GONÇALO BARROS | M | 33 | 107 | 00:58:29.96 | 00:57:36.32 | GENERALI COLABORADOR |
| 489 | 677 | ISIDRO DIAS | M | 48 | 113 | 00:58:32.98 | 00:57:46.14 | |
| 490 | 707 | LEANNE CROSSLAND | F | 39 | 28 | 00:58:33.71 | 00:58:15.56 | THE RUNNING MUMS |
| 491 | 139 | CRISTINA CARREGA | F | 47 | 15 | 00:58:37.00 | 00:58:25.76 | |
| 492 | 123 | CRISTINA ROMÃO | F | 49 | 16 | 00:58:38.90 | 00:58:27.89 | |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|------------------|---|----|-----|-------------|-------------|-------------------------|
| 493 | 183 | FILIPE ALMEIDA | M | 35 | 141 | 00:58:38.97 | 00:58:14.49 | |
| 494 | 430 | FERNANDO LUZ | M | 49 | 114 | 00:58:41.76 | 00:58:33.12 | GDCT UNICRE |
| 495 | 357 | STEPHEN BRADY | M | 47 | 115 | 00:58:45.74 | 00:58:27.11 | |
| 496 | 485 | AIRES ILDEFONSO | M | 64 | 55 | 00:58:48.00 | 00:58:37.18 | CABELEIREIRO MODA JOVEM |
| 497 | 333 | LUÍS VIEIRA | M | 45 | 116 | 00:58:52.72 | 00:58:32.81 | RUNNERS GRAFANIL |
| 498 | 156 | CARLOS CAEIRO | M | 45 | 117 | 00:58:53.67 | 00:58:33.62 | CAEIRO RUN |
| 499 | 411 | RICARDO SILVA | M | 42 | 142 | 00:58:53.92 | 00:58:18.50 | CLUBE NOVO BANCO |
| 500 | 1068 | LUÍS CASTILHO | M | 33 | 108 | 00:58:54.67 | 00:57:58.68 | |
| 501 | 66 | SANDRA ARRAIAS | F | 38 | 29 | 00:58:55.45 | 00:58:07.03 | OS ARRAIAS |
| 502 | 174 | ANA CABRAL | F | 33 | 22 | 00:58:55.61 | 00:57:50.68 | GOLFINHOS |
| 503 | 428 | GONÇALO OLIVEIRA | M | 57 | 56 | 00:58:57.36 | 00:58:47.68 | GDCT UNICRE |
| 504 | 902 | NELSON GUIMARAES | M | 72 | 9 | 00:58:57.96 | 00:58:45.00 | C MILLENNIUM BCP |
| 505 | 933 | VERA MIGUEL | F | 45 | 17 | 00:59:00.69 | 00:58:57.72 | GENERALI COLABORADOR |
| 506 | 934 | MARCO MIGUEL | M | 43 | 143 | 00:59:00.84 | 00:58:57.84 | GENERALI COLABORADOR |
| 507 | 258 | VITOR GONÇALVES | M | 50 | 118 | 00:59:01.14 | 00:58:00.59 | 4 AO KM |
| 508 | 257 | ISADORA COSTA | F | 32 | 23 | 00:59:01.50 | 00:58:00.75 | 4 AO KM |
| 509 | 1173 | FRANCESCA ABBONA | F | 31 | 24 | 00:59:03.37 | 00:58:06.55 | |
| 510 | 383 | LUIS REIS | M | 34 | 109 | 00:59:03.41 | 00:58:16.42 | GOODFELAS |
| 511 | 1019 | PEDRO SEQUEIRA | M | 43 | 144 | 00:59:04.77 | 00:58:07.19 | |
| 512 | 702 | EMMANUELLE MADEC | F | 48 | 18 | 00:59:06.65 | 00:58:42.28 | |
| 513 | 540 | MIGUEL CANSADO | M | 49 | 119 | 00:59:07.94 | 00:59:05.44 | RUNNING GPS |
| 514 | 1055 | BAHAA GHAFAR | M | 30 | 110 | 00:59:10.43 | 00:59:10.43 | |
| 515 | 463 | JOÃO FERREIRA | M | 31 | 111 | 00:59:14.71 | 00:58:41.03 | BUEN CAMINO |
| 516 | 1100 | RITA OLIVEIRA | F | 39 | 30 | 00:59:14.89 | 00:59:01.11 | |
| 517 | 343 | CARLOS ALVES | M | 63 | 57 | 00:59:17.93 | 00:59:09.04 | C FERROV PORTUGAL |
| 518 | 1109 | SUSANA MENDES | F | 40 | 31 | 00:59:18.36 | 00:59:04.06 | SIMECQ |
| 519 | 412 | SANDRA LOPES | F | 44 | 32 | 00:59:19.98 | 00:59:06.40 | |
| 520 | 924 | VITOR CORREIA | M | 54 | 120 | 00:59:20.76 | 00:59:08.17 | C MILLENNIUM BCP |
| 521 | 354 | JOSE HENRIQUES | M | 48 | 121 | 00:59:24.79 | 00:58:17.87 | |
| 522 | 1057 | PEDRO LAU | M | 47 | 122 | 00:59:26.31 | 00:58:18.18 | EXTOM |
| 523 | 776 | PEDRO PACHECO | M | 49 | 123 | 00:59:28.01 | 00:58:47.33 | |
| 524 | 695 | ALAN LIMA | M | 28 | 112 | 00:59:28.29 | 00:58:31.55 | |
| 525 | 201 | ACÚRCIO MENDES | M | 49 | 124 | 00:59:31.92 | 00:58:19.52 | |
| 526 | 166 | VERA TRINDADE | F | 29 | 25 | 00:59:33.30 | 00:58:25.55 | CORRER |
| 527 | 68 | ROBERTO PALMINHA | M | 36 | 145 | 00:59:34.82 | 00:58:43.70 | PERNAS DE PAU |
| 528 | 767 | LUIS SEMEDO | M | 47 | 125 | 00:59:35.63 | 00:59:11.09 | GENERALI COLABORADOR |
| 529 | 958 | PAULO SILVA | M | 44 | 146 | 00:59:36.23 | 00:58:24.68 | |
| 530 | 955 | PEDRO MAGALHÃES | M | 32 | 113 | 00:59:36.61 | 00:59:27.39 | |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-------------------------------|---|----|-----|-------------|-------------|---------------------------|
| 531 | 1135 | ELIN BERGLIE | F | 45 | 19 | 00:59:36.99 | 00:59:13.77 | |
| 532 | 885 | RITA AZEVEDO | F | 44 | 33 | 00:59:41.09 | 00:59:18.91 | |
| 533 | 608 | SOFIA REIS | F | 24 | 26 | 00:59:42.81 | 00:59:22.07 | ASAS |
| 534 | 376 | NUNO MARCOS | M | 40 | 147 | 00:59:46.50 | 00:59:11.25 | |
| 535 | 869 | ANTONIO CARLOS DA LUZ CORREIA | M | 62 | 58 | 00:59:47.52 | 00:59:00.24 | |
| 536 | 499 | CARLOS AFONSO | M | 61 | 59 | 00:59:47.59 | 00:59:19.83 | |
| 537 | 242 | HUGO CARABINEIRO | M | 40 | 148 | 00:59:47.77 | 00:59:25.66 | TEAM DO BAIRRO |
| 538 | 309 | SÓNIA BORREGO | F | 42 | 34 | 00:59:50.98 | 00:59:25.85 | |
| 539 | 529 | MARINA OLSSON | F | 45 | 20 | 00:59:52.20 | 00:59:29.37 | |
| 540 | 961 | FILIPA RIBEIRO | F | 37 | 35 | 00:59:52.70 | 00:59:43.72 | |
| 541 | 630 | NUNO CONTRAMESTRE | M | 46 | 126 | 00:59:53.88 | 00:59:05.35 | |
| 542 | 983 | TIAGO GALEGO | M | 41 | 149 | 00:59:53.96 | 00:59:40.36 | NAVIGATOR CLUBE SETÚBAL |
| 543 | 662 | MONICA ROCHA | F | 34 | 27 | 00:59:55.67 | 00:59:19.69 | |
| 544 | 1098 | ANA ROLO | F | 54 | 21 | 00:59:56.00 | 00:59:24.58 | AS COMADRES |
| 545 | 1086 | JOÃO GONÇALVES | M | 32 | 114 | 00:59:56.97 | 00:59:53.39 | CCD TRANQUILIDADE |
| 546 | 699 | KRISTEN PINTO | F | 45 | 22 | 00:59:59.41 | 00:59:59.41 | RUNNING MUMS |
| 547 | 150 | MARCOS SERRANO | M | 38 | 150 | 00:59:59.85 | 00:59:10.59 | |
| 548 | 1056 | RITA CAVACO | F | 26 | 28 | 01:00:00.24 | 00:59:09.73 | |
| 549 | 849 | ANA PAULA MATIAS | F | 54 | 23 | 01:00:02.21 | 00:59:08.98 | C COLAB AGEAS |
| 550 | 1093 | CARLOS DIAS | M | 63 | 60 | 01:00:07.44 | 00:59:34.52 | HOVIONE |
| 551 | 558 | RICARDO CARVALHO | M | 46 | 127 | 01:00:10.63 | 01:00:02.63 | CDCR DOS CTT |
| 552 | 452 | JOÃO DIEGUES | M | 48 | 128 | 01:00:12.86 | 00:59:47.18 | SERVIÇOS SOCIAIS MONTEPIO |
| 553 | 808 | CARLOS MENDES | M | 53 | 129 | 01:00:13.91 | 01:00:01.82 | GENERALI MEDIADOR |
| 554 | 825 | HUGO QUARESMA | M | 46 | 130 | 01:00:15.08 | 00:59:45.43 | GENERALI MEDIADOR |
| 555 | 161 | PEDRO AMORIM | M | 42 | 151 | 01:00:17.90 | 00:59:38.69 | TOA |
| 556 | 204 | JOAO MARQUES | M | 42 | 152 | 01:00:24.26 | 00:59:47.07 | |
| 557 | 260 | HUGO GONÇALVES | M | 45 | 131 | 01:00:25.41 | 00:59:28.84 | |
| 558 | 998 | KAREN SAMPAIO | F | 40 | 36 | 01:00:25.52 | 01:00:25.52 | ASSOCIAÇÃO SALVADOR |
| 559 | 465 | JOÃO SANTOS | M | 22 | 115 | 01:00:26.52 | 00:59:31.81 | TARTARUGAS SOLIDÁRIAS |
| 560 | 349 | MARKUS MAUKSCH | M | 37 | 153 | 01:00:26.64 | 00:59:33.78 | |
| 561 | 495 | LÚCIO NEVES | M | 33 | 116 | 01:00:26.86 | 00:59:33.32 | |
| 562 | 133 | PAULA SILVA | F | 49 | 24 | 01:00:27.81 | 00:59:56.31 | SERVIÇOS SOCIAIS MONTEPIO |
| 563 | 330 | PEDRO MIRAGAIA | M | 52 | 132 | 01:00:28.10 | 00:59:33.68 | |
| 564 | 678 | MANUEL BANDEIRA | M | 57 | 61 | 01:00:28.26 | 00:59:54.45 | BANDEIRAS |
| 565 | 153 | ALEXANDRE CORDEIRO | M | 49 | 133 | 01:00:30.06 | 00:59:46.58 | |
| 566 | 862 | VANDA SEQUEIRA | F | 47 | 25 | 01:00:33.10 | 00:59:39.99 | C COLAB AGEAS |
| 567 | 1071 | ANTÓNIO SILVA | M | 43 | 154 | 01:00:33.17 | 00:59:39.75 | |
| 568 | 972 | CARLOS FERNANDES | M | 59 | 62 | 01:00:34.47 | 01:00:23.53 | RUN2FINISH.PT |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|------------------------------|---|----|-----|-------------|-------------|-----------------------|
| 569 | 188 | ANTÓNIO VIAN | M | 30 | 117 | 01:00:35.95 | 01:00:15.55 | |
| 570 | 565 | VANDA OLIVEIRA | F | 49 | 26 | 01:00:40.90 | 01:00:16.46 | TARTARUGAS SOLIDÁRIAS |
| 571 | 289 | ANTÓNIO JOSÉ GASPAR POMBINHO | M | 62 | 63 | 01:00:41.73 | 01:00:25.27 | |
| 572 | 580 | ANTÓNIO HORTA | M | 62 | 64 | 01:00:41.84 | 01:00:16.58 | TARTARUGAS SOLIDÁRIAS |
| 573 | 537 | MARTA MOURÃO | F | 30 | 29 | 01:00:42.04 | 00:59:59.00 | RUNNING GPS |
| 574 | 1125 | NUNO ALMEIDA | M | 41 | 155 | 01:00:44.57 | 01:00:18.77 | CF OS BELENENSES |
| 575 | 888 | SOFIA ESCARIA | F | 23 | 30 | 01:00:44.73 | 00:59:46.98 | |
| 576 | 305 | JOÃO GOMES | M | 56 | 65 | 01:00:48.60 | 01:00:48.60 | |
| 577 | 524 | CARLA GEADA | F | 42 | 37 | 01:00:53.15 | 01:00:33.49 | |
| 578 | 724 | NUNO MARQUES | M | 52 | 134 | 01:00:53.19 | 01:00:00.78 | RUNLOVERS |
| 579 | 725 | SANDRO PINTO | M | 44 | 156 | 01:00:53.33 | 01:00:00.06 | RUNLOVERS |
| 580 | 611 | ANDRE FILIPE | M | 30 | 118 | 01:00:53.52 | 01:00:05.34 | SS CGD |
| 581 | 974 | JORGE MONTEIRO | M | 52 | 135 | 01:00:53.76 | 01:00:53.76 | RUN2FINISH.PT |
| 582 | 649 | JORGE PAULO | M | 40 | 157 | 01:00:55.45 | 01:00:55.45 | WILL IS EVERYTHING |
| 583 | 969 | JORGE MARTINS | M | 41 | 158 | 01:00:57.54 | 01:00:12.87 | CA VALE FIGUEIRA |
| 584 | 1143 | VITOR SILVA | M | 43 | 159 | 01:01:04.12 | 01:00:10.97 | AMINHACORRIDA |
| 585 | 1016 | LUIZ PEREIRA | M | 39 | 160 | 01:01:05.65 | 01:00:17.70 | |
| 586 | 1015 | CATIA RAMOS | F | 40 | 38 | 01:01:05.69 | 01:00:17.88 | |
| 587 | 758 | MARTA SOUSA | F | 51 | 27 | 01:01:06.50 | 01:00:39.57 | GENERALI COLABORADOR |
| 588 | 877 | HUGO LUIS | M | 39 | 161 | 01:01:08.70 | 01:00:26.69 | PEGADA SIDERAL |
| 589 | 684 | LUCIANA LEAL | F | 29 | 31 | 01:01:09.86 | 01:00:48.66 | |
| 590 | 1039 | CÉLIA MINAU | F | 44 | 39 | 01:01:10.28 | 01:01:01.56 | GDC BANCO DE PORTUGAL |
| 591 | 122 | SÉRGIO MENDES | M | 36 | 162 | 01:01:10.41 | 01:00:47.57 | |
| 592 | 973 | MANUEL ANASTÁCIO | M | 50 | 136 | 01:01:10.53 | 01:00:59.83 | RUN2FINISH.PT |
| 593 | 560 | PEDRO GALGUINHO | M | 49 | 137 | 01:01:10.68 | 01:01:04.18 | CDCR DOS CTT |
| 594 | 878 | HUGO GOMES | M | 37 | 163 | 01:01:14.31 | 01:00:32.52 | PEGADA SIDERAL |
| 595 | 60 | LUIS RODRIGUES | M | 52 | 138 | 01:01:15.13 | 01:00:39.10 | |
| 596 | 1012 | ADELAIDE GREGORIO | F | 58 | 5 | 01:01:15.83 | 01:01:15.83 | ASSOCIAÇÃO SALVADOR |
| 597 | 358 | CARLA PEREIRA | F | 48 | 28 | 01:01:16.21 | 01:00:52.08 | |
| 598 | 772 | PEDRO CARVALHO | M | 45 | 139 | 01:01:21.77 | 01:00:55.67 | GENERALI COLABORADOR |
| 599 | 1089 | SERGIO SALTÃO | M | 40 | 164 | 01:01:21.90 | 01:01:21.90 | CCD TRANQUILIDADE |
| 600 | 194 | INÊS ALMAS | F | 26 | 32 | 01:01:22.72 | 01:01:01.87 | ASAS |
| 601 | 89 | CARLA NUNES | F | 42 | 40 | 01:01:24.08 | 01:00:12.96 | OS CORRE PARA COMER |
| 602 | 534 | JACQUELINE CORREIA | F | 61 | 6 | 01:01:24.20 | 01:00:39.66 | |
| 603 | 743 | ARTUR GAIO | M | 36 | 165 | 01:01:24.56 | 01:00:59.18 | GENERALI COLABORADOR |
| 604 | 962 | ISABEL REDMONT | F | 50 | 29 | 01:01:26.48 | 01:00:36.90 | |
| 605 | 1174 | TIAGO VIEIRA | M | 40 | 166 | 01:01:32.93 | 01:01:06.06 | |
| 606 | 431 | MARIA KNAPIC | F | 67 | 2 | 01:01:33.43 | 01:01:04.76 | |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|--------------------------|---|----|-----|-------------|-------------|--------------------------------|
| 607 | 999 | TERESA FERRO | F | 32 | 33 | 01:01:35.44 | 01:01:35.44 | ASSOCIAÇÃO SALVADOR |
| 608 | 315 | CARLOS SOUSA | M | 52 | 140 | 01:01:35.87 | 01:01:21.96 | |
| 609 | 1024 | GABRIEL ANTONIO | M | 56 | 66 | 01:01:36.79 | 01:00:38.35 | ALCOBELA |
| 610 | 874 | MÁRIA HANULOVÁ | F | 41 | 41 | 01:01:37.55 | 01:00:33.91 | |
| 611 | 975 | MANUEL PAULO | M | 63 | 67 | 01:01:37.71 | 01:01:27.79 | RUN2FINISH.PT |
| 612 | 644 | MANUEL DANTAS | M | 51 | 141 | 01:01:41.06 | 01:00:55.47 | |
| 613 | 457 | ANTONIO PAIS | M | 72 | 10 | 01:01:43.28 | 01:01:25.58 | CCD O ALVITEJO O FORNO |
| 614 | 469 | CRISTINA LUCAS | F | 44 | 42 | 01:01:43.85 | 01:01:16.41 | FC ESTRELAS |
| 615 | 168 | FERNANDO MARTINS | M | 41 | 167 | 01:01:44.01 | 01:01:25.54 | |
| 616 | 634 | RUI GONCALVES | M | 59 | 68 | 01:01:56.17 | 01:01:09.14 | |
| 617 | 279 | DANIEL ZEFERINO | M | 40 | 168 | 01:01:57.89 | 01:01:57.89 | |
| 618 | 1102 | PEDRO PINTO DUARTE | M | 39 | 169 | 01:01:58.03 | 01:01:49.14 | |
| 619 | 507 | LILIANE RUGE | F | 35 | 43 | 01:01:58.37 | 01:01:49.42 | |
| 620 | 280 | ELISABETE RAMALHO | F | 42 | 44 | 01:02:02.07 | 01:02:02.07 | |
| 621 | 266 | NEVES SILVA | M | 67 | 11 | 01:02:05.32 | 01:01:32.87 | C FERROV PORTUGAL |
| 622 | 246 | DIOGO ANDRÉ FRANCO MATOS | M | 40 | 170 | 01:02:08.89 | 01:01:11.80 | |
| 623 | 353 | JORGE SANTOS | M | 54 | 142 | 01:02:10.18 | 01:01:29.53 | O DESPERTAR DE CASAL DE CAMBRA |
| 624 | 492 | ANA RITA GONÇALVES | F | 38 | 45 | 01:02:12.49 | 01:01:41.82 | |
| 625 | 1075 | ANA PARRACHO | M | 53 | 143 | 01:02:13.28 | 01:01:43.96 | CCD SIEMENS |
| 626 | 490 | MIGUEL HORTA | M | 43 | 171 | 01:02:13.41 | 01:01:40.51 | TRILHOS & BIGODES |
| 627 | 419 | JOÃO CAEIRO | M | 33 | 119 | 01:02:18.52 | 01:01:59.31 | CONDORES |
| 628 | 899 | CARLOS BRANDÃO | M | 45 | 144 | 01:02:25.89 | 01:02:04.72 | C MILLENNIUM BCP |
| 629 | 719 | NUNO MARTINS | M | 43 | 172 | 01:02:27.74 | 01:02:25.90 | TERRORES DO ASFALTO |
| 630 | 526 | PAULA GEADA | F | 49 | 30 | 01:02:27.83 | 01:02:08.37 | |
| 631 | 915 | JOAQUIM FULGENCIO | M | 62 | 69 | 01:02:33.03 | 01:02:19.29 | C MILLENNIUM BCP |
| 632 | 94 | EDUARDO DANIEL BERNARDO | M | 48 | 145 | 01:02:33.90 | 01:02:02.29 | CMC ODIVELAS |
| 633 | 95 | SUSANA SOUSA | F | 44 | 46 | 01:02:34.02 | 01:02:03.33 | CMC ODIVELAS |
| 634 | 624 | TERESA MARTINS | F | 60 | 7 | 01:02:34.82 | 01:02:08.82 | SS CGD |
| 635 | 823 | SANDRA GONÇALVES | F | 46 | 31 | 01:02:35.17 | 01:02:35.17 | GENERALI MEDIADOR |
| 636 | 673 | LUÍS OLIVEIRA | M | 35 | 173 | 01:02:35.23 | 01:02:02.86 | EPIC TEAM |
| 637 | 749 | SÉRGIO VENTURA | M | 38 | 174 | 01:02:35.83 | 01:02:20.81 | GENERALI COLABORADOR |
| 638 | 688 | FLÁVIA BRITO | F | 26 | 34 | 01:02:35.99 | 01:02:21.07 | |
| 639 | 408 | CAMILA ROCHA | F | 39 | 47 | 01:02:41.01 | 01:02:12.63 | |
| 640 | 750 | SUSANA MONTEIRO | F | 26 | 35 | 01:02:41.64 | 01:02:26.47 | GENERALI COLABORADOR |
| 641 | 337 | MAURO LANÇA | M | 42 | 175 | 01:02:42.41 | 01:02:42.41 | GDCT IN CM |
| 642 | 321 | LISA AZEVEDO | F | 24 | 36 | 01:02:43.56 | 01:02:08.16 | |
| 643 | 800 | AGNES KOPPANYI | F | 34 | 37 | 01:02:45.90 | 01:02:26.33 | RUN TEJO CM SOCKS |



16 FEV
2020
10KM



| | | | | | | | | |
|-----|------|-----------------|---|----|-----|-------------|-------------|---------------------------|
| 644 | 59 | RUI CARVALHO | M | 55 | 70 | 01:02:50.13 | 01:02:11.57 | |
| 645 | 429 | ANDRÉ NOGUEIRA | M | 32 | 120 | 01:02:51.44 | 01:02:43.53 | GDCT UNICRE |
| 646 | 132 | PAULO PEREIRA | M | 49 | 146 | 01:02:51.78 | 01:01:45.17 | SERVIÇOS SOCIAIS MONTEPIO |
| 647 | 341 | RICARDO ALVES | M | 43 | 176 | 01:02:57.46 | 01:02:57.46 | GDCT IN CM |
| 648 | 338 | MIGUEL FRAGA | M | 49 | 147 | 01:02:58.04 | 01:02:58.04 | GDCT IN CM |
| 649 | 871 | NUNO MADUREIRA | M | 38 | 177 | 01:03:12.24 | 01:02:52.22 | |
| 650 | 450 | MARCO CANDEIAS | M | 41 | 178 | 01:03:16.42 | 01:02:50.00 | |
| 651 | 928 | NUNO MATOS | M | 41 | 179 | 01:03:16.88 | 01:02:50.72 | C MILLENNIUM BCP |
| 652 | 1104 | ZIDIA CAMPINO | F | 49 | 32 | 01:03:18.25 | 01:03:12.40 | CCD TRANQUILIDADE |
| 653 | 336 | AMÉRICO LANÇA | M | 67 | 12 | 01:03:18.69 | 01:02:50.30 | GDCT IN CM |
| 654 | 887 | VITOR ESCARIA | M | 48 | 148 | 01:03:23.43 | 01:02:26.57 | |
| 655 | 410 | MARIA SILVA | F | 50 | 33 | 01:03:27.82 | 01:02:52.79 | CORRER |
| 656 | 1054 | SUSANA FEIJÃO | F | 50 | 34 | 01:03:30.93 | 01:02:25.31 | |
| 657 | 917 | SONIA BARATA | F | 52 | 35 | 01:03:33.02 | 01:03:21.20 | C MILLENNIUM BCP |
| 658 | 919 | RITA CONSTANCIO | F | 43 | 48 | 01:03:37.33 | 01:03:24.67 | C MILLENNIUM BCP |
| 659 | 225 | ANTÓNIO CAEIRO | M | 45 | 149 | 01:03:39.01 | 01:02:35.73 | |
| 660 | 982 | TÂNIA CARMO | F | 33 | 38 | 01:03:41.29 | 01:03:28.72 | NAVIGATOR CLUBE SETÚBAL |
| 661 | 71 | JOSE BRAVO | M | 46 | 150 | 01:03:42.80 | 01:03:42.80 | |
| 662 | 236 | NUNO GONÇALVES | M | 63 | 71 | 01:03:44.69 | 01:03:44.69 | KEEPRUNNING |
| 663 | 744 | JOÃO SERRA | M | 47 | 151 | 01:04:02.03 | 01:03:56.42 | GENERALI COLABORADOR |
| 664 | 756 | ISABEL MOTA | F | 46 | 36 | 01:04:02.06 | 01:03:56.61 | GENERALI COLABORADOR |
| 665 | 125 | CLAUDIA GRENCHO | F | 47 | 37 | 01:04:02.55 | 01:03:37.65 | SERVIÇOS SOCIAIS MONTEPIO |
| 666 | 147 | PEDRO LOPES | M | 44 | 180 | 01:04:03.67 | 01:03:46.28 | |
| 667 | 587 | DAVID MACHADO | M | 34 | 121 | 01:04:05.11 | 01:03:08.65 | GRUPO CORRIDA JCS |
| 668 | 479 | CARLA CARDOSO | F | 46 | 38 | 01:04:12.24 | 01:03:39.37 | |
| 669 | 837 | MARIA MAJOR | F | 54 | 39 | 01:04:18.33 | 01:03:31.38 | GENERALI MEDIADOR |
| 670 | 840 | ANTONIO MAJOR | M | 58 | 72 | 01:04:18.82 | 01:03:31.13 | GENERALI MEDIADOR |
| 671 | 581 | LUIS SOUSA | M | 44 | 181 | 01:04:20.21 | 01:03:29.02 | |
| 672 | 1050 | JOANA GAROUPA | F | 45 | 40 | 01:04:25.66 | 01:04:25.66 | WE ROCK |
| 673 | 1116 | DANIEL ELIAS | M | 48 | 152 | 01:04:25.86 | 01:04:25.86 | ASSOCIAÇÃO SALVADOR |
| 674 | 984 | HUGO NORONHA | M | 45 | 153 | 01:04:25.89 | 01:04:25.89 | ASSOCIAÇÃO SALVADOR |
| 675 | 737 | PEDRO TABORDA | M | 47 | 154 | 01:04:32.26 | 01:04:16.39 | SS CGD |
| 676 | 1107 | MARIA ALMEIDA | F | 50 | 41 | 01:04:32.54 | 01:04:17.82 | SIMECQ |
| 677 | 1090 | SUSANA CARDOSO | F | 32 | 39 | 01:04:34.38 | 01:03:49.03 | CCD TRANQUILIDADE |
| 678 | 1122 | CLAUDIA PIMENTA | F | 38 | 49 | 01:04:38.80 | 01:04:30.69 | OS SILVAS |
| 679 | 1108 | OLGA GALVÃO | F | 56 | 8 | 01:04:42.56 | 01:04:28.39 | |
| 680 | 932 | GONÇALO ROCHA | M | 53 | 155 | 01:04:44.63 | 01:04:05.39 | |
| 681 | 594 | JOSÉ COELHO | M | 38 | 182 | 01:04:47.85 | 01:04:47.85 | GRUPO CORRIDA JCS |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|--|---|----|-----|-------------|-------------|-----------------------|
| 682 | 76 | LUCIANA CASEIRO | F | 31 | 40 | 01:04:48.95 | 01:04:25.96 | PEX HUMAN ENERGY |
| 683 | 826 | STEPHANIE GOUVEIA | F | 29 | 41 | 01:04:49.58 | 01:04:38.19 | GENERALI MEDIADOR |
| 684 | 1014 | PEDRO SEABRA | M | 33 | 122 | 01:04:53.48 | 01:04:38.91 | |
| 685 | 159 | MARTA RIBEIRO DE AMORIM | F | 30 | 42 | 01:04:54.50 | 01:04:15.29 | TOA |
| 686 | 614 | FRANCISCO CLERIGO | M | 66 | 13 | 01:04:56.72 | 01:04:14.99 | SS CGD |
| 687 | 595 | LUÍS CHAROLA | M | 52 | 156 | 01:05:00.71 | 01:04:02.86 | GRUPO CORRIDA JCS |
| 688 | 852 | INÊS MARTINS RODRIGUES | F | 37 | 50 | 01:05:05.30 | 01:04:20.12 | C COLAB AGEAS |
| 689 | 653 | CARLOS GONZALEZ PEREIRA | M | 37 | 183 | 01:05:05.66 | 01:05:05.66 | |
| 690 | 711 | ANABELA VALADAS | F | 43 | 51 | 01:05:12.95 | 01:04:23.65 | |
| 691 | 1009 | RICARDO CAETANO | M | 36 | 184 | 01:05:16.15 | 01:05:16.15 | ASSOCIAÇÃO SALVADOR |
| 692 | 952 | JULIO TEIXEIRA | M | 56 | 73 | 01:05:26.47 | 01:04:43.83 | |
| 693 | 322 | SIRA AZEVEDO | F | 31 | 43 | 01:05:27.17 | 01:04:51.42 | |
| 694 | 873 | TERESA PAIS | F | 48 | 42 | 01:05:32.08 | 01:04:53.38 | |
| 695 | 909 | VIRGILIO FERREIRA | M | 65 | 14 | 01:05:34.92 | 01:04:30.84 | C MILLENNIUM BCP |
| 696 | 1144 | ATLETA NÃO CADASTRADO | M | 0 | 123 | 01:05:39.64 | 01:04:45.78 | |
| 697 | 198 | ALEXANDRA PINTO | F | 45 | 43 | 01:05:39.69 | 01:05:10.46 | CLÍNICA DR CAUTELA |
| 698 | 1004 | PAULO LOPES | M | 40 | 185 | 01:05:42.54 | 01:05:42.54 | ASSOCIAÇÃO SALVADOR |
| 699 | 696 | LUIS SANTOS | M | 48 | 157 | 01:05:50.71 | 01:05:31.89 | CONDORES VARGE MONDAR |
| 700 | 592 | JOÃO COLAÇO | F | 49 | 44 | 01:05:52.50 | 01:05:17.54 | GRUPO CORRIDA JCS |
| 701 | 706 | ELIOEBE SOUZA | M | 45 | 158 | 01:05:53.27 | 01:05:15.46 | |
| 702 | 855 | MARCIA ANDREIA MATOS | F | 42 | 52 | 01:05:53.86 | 01:05:07.54 | C COLAB AGEAS |
| 703 | 352 | CLÁUDIO MOREIRA | M | 39 | 186 | 01:05:54.43 | 01:04:44.36 | |
| 704 | 853 | JOSÉ GRAÇA VALENTIM | M | 48 | 159 | 01:05:54.50 | 01:04:44.51 | C COLAB AGEAS |
| 705 | 851 | FERNANDO JORGE MATIAS | M | 63 | 74 | 01:05:54.72 | 01:05:01.06 | C COLAB AGEAS |
| 706 | 542 | DULCE PEDROSO | F | 53 | 45 | 01:05:54.83 | 01:05:54.83 | MARAVILHOSAS |
| 707 | 777 | CAROLINA CONSTANT | F | 40 | 53 | 01:05:56.44 | 01:05:19.14 | |
| 708 | 596 | LUÍS VAZ | M | 33 | 124 | 01:05:58.35 | 01:05:58.35 | GRUPO CORRIDA JCS |
| 709 | 1051 | CARLOS PEDRO | M | 43 | 187 | 01:06:03.37 | 01:04:54.82 | WE ROCK |
| 710 | 483 | TATIANA ILDEFONSO | F | 37 | 54 | 01:06:04.55 | 01:05:35.37 | |
| 711 | 348 | JUDITE MARIA BASILIO | F | 56 | 9 | 01:06:08.88 | 01:05:47.34 | |
| 712 | 954 | JOÃO AZEDO | M | 57 | 75 | 01:06:11.50 | 01:05:24.10 | |
| 713 | 986 | ANA REIS | F | 34 | 44 | 01:06:12.10 | 01:06:12.10 | ASSOCIAÇÃO SALVADOR |
| 714 | 229 | LUIZA COSTA | F | 51 | 46 | 01:06:20.95 | 01:05:59.88 | QUARENTÕES NA BISGA |
| 715 | 947 | DIOGO CRUZ | M | 28 | 125 | 01:06:25.05 | 01:06:19.22 | |
| 716 | 253 | JORGE MANUEL NUNES DA FONSECA BAPTISTA | M | 64 | 76 | 01:06:28.99 | 01:05:54.82 | |
| 717 | 415 | NELSON MARQUES | M | 32 | 126 | 01:06:29.00 | 01:06:29.00 | A TUA PRIMA |
| 718 | 603 | VASCO RODEIA | M | 50 | 160 | 01:06:31.83 | 01:05:40.44 | GRUPO CORRIDA JCS |
| 719 | 599 | RITA FERREIRA | F | 34 | 45 | 01:06:32.03 | 01:05:34.21 | GRUPO CORRIDA JCS |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-----------------------|---|----|-----|-------------|-------------|---------------------------|
| 720 | 553 | ANTONIO M A FERNANDES | M | 51 | 161 | 01:06:42.15 | 01:06:34.92 | CDCR DOS CTT |
| 721 | 911 | ANTONIO FERNANDES | M | 55 | 77 | 01:06:44.22 | 01:05:50.93 | C MILLENNIUM BCP |
| 722 | 1175 | EDUARDO LOPES | M | 51 | 162 | 01:06:45.04 | 01:06:17.67 | GENERALI CLIENTE |
| 723 | 629 | IVA OLIVEIRA | F | 46 | 47 | 01:06:47.00 | 01:05:39.68 | ML |
| 724 | 103 | ANA PAULA TAVEIRA | F | 29 | 46 | 01:06:47.94 | 01:06:25.99 | |
| 725 | 108 | JOANA PENÃO | F | 37 | 55 | 01:06:48.95 | 01:06:48.95 | 6 |
| 726 | 109 | BEATRIZ SANTOS | F | 24 | 47 | 01:06:49.12 | 01:06:49.12 | 6 |
| 727 | 363 | MÓNICA QUARENTA | F | 46 | 48 | 01:06:58.55 | 01:06:20.57 | QUARENTAS |
| 728 | 127 | JORGE SOUSA | M | 46 | 163 | 01:06:59.02 | 01:05:55.65 | SERVIÇOS SOCIAIS MONTEPIO |
| 729 | 1044 | CLAUDIA FLORENTIM | F | 42 | 56 | 01:06:59.76 | 01:06:49.75 | GDC BANCO DE PORTUGAL |
| 730 | 292 | TANIA DIMAS | F | 50 | 49 | 01:07:07.74 | 01:06:44.07 | |
| 731 | 1132 | DANUBIA LIMA | F | 38 | 57 | 01:07:07.91 | 01:06:21.47 | |
| 732 | 368 | NICOLAU FURTADO | M | 55 | 78 | 01:07:09.55 | 01:06:21.45 | |
| 733 | 1099 | LEONOR PINTO | F | 47 | 50 | 01:07:13.93 | 01:06:41.78 | AS COMADRES |
| 734 | 703 | PAULO PADRÃO | M | 51 | 164 | 01:07:16.41 | 01:06:24.58 | |
| 735 | 1010 | TATIANA SANCHES | F | 30 | 48 | 01:07:16.67 | 01:07:16.67 | ASSOCIAÇÃO SALVADOR |
| 736 | 1006 | FRANCISCA MARTINS | F | 27 | 49 | 01:07:16.68 | 01:07:16.68 | ASSOCIAÇÃO SALVADOR |
| 737 | 539 | FABIO PIO | M | 48 | 165 | 01:07:17.67 | 01:07:15.02 | RUNNING GPS |
| 738 | 248 | CLÁUDIA FREIXO | F | 38 | 58 | 01:07:18.35 | 01:06:37.66 | MANOS FREIXO |
| 739 | 736 | PAULA TABORDA | F | 45 | 51 | 01:07:19.27 | 01:07:02.48 | SS CGD |
| 740 | 327 | RICARDO MATOS | M | 38 | 188 | 01:07:20.81 | 01:06:13.89 | |
| 741 | 712 | JOSÉ PIMENTEL | M | 67 | 15 | 01:07:23.54 | 01:06:32.63 | |
| 742 | 364 | DULCE MARCOS | F | 42 | 59 | 01:07:25.65 | 01:06:47.45 | QUARENTAS |
| 743 | 1008 | CLAUDINEIA SILVA | F | 34 | 50 | 01:07:33.07 | 01:07:33.07 | ASSOCIAÇÃO SALVADOR |
| 744 | 1065 | DEONILDE ROCHA | F | 66 | 3 | 01:07:35.04 | 01:07:00.73 | |
| 745 | 1064 | JOÃO MIGUEL | M | 81 | 16 | 01:07:35.12 | 01:07:00.22 | |
| 746 | 467 | JOÃO RODRIGUES | M | 28 | 127 | 01:07:38.23 | 01:06:42.67 | |
| 747 | 468 | MARIANA PATRÃO | F | 26 | 51 | 01:07:38.81 | 01:06:43.40 | |
| 748 | 436 | ISABEL MAGALHÃES | F | 63 | 10 | 01:07:42.12 | 01:06:55.47 | |
| 749 | 83 | RICARDO OLIVEIRA | M | 30 | 128 | 01:07:47.94 | 01:07:04.24 | |
| 750 | 102 | LUIS FERREIRA | M | 60 | 79 | 01:07:49.60 | 01:07:04.84 | |
| 751 | 1053 | CUSTÓDIO QUIBINA | M | 34 | 129 | 01:07:50.75 | 01:07:23.27 | SC CASAINHOS |
| 752 | 300 | MIGUEL VIEIRA PITA | M | 32 | 130 | 01:07:52.72 | 01:07:12.83 | |
| 753 | 151 | CATARINA SILVA | F | 37 | 60 | 01:07:56.92 | 01:07:32.72 | |
| 754 | 209 | MARIA JOAO SIMOES | F | 51 | 52 | 01:08:06.03 | 01:07:52.86 | |
| 755 | 847 | ANA ROBIN | F | 43 | 61 | 01:08:09.14 | 01:07:02.89 | ML |
| 756 | 239 | JOÃO GONÇALVES | M | 32 | 131 | 01:08:09.88 | 01:07:33.79 | |
| 757 | 602 | RUI ANTUNES | M | 50 | 166 | 01:08:10.72 | 01:07:00.20 | GRUPO CORRIDA JCS |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-----------------------|---|----|-----|-------------|-------------|---------------------------------------|
| 758 | 700 | DANIELA RODRIGUES | F | 30 | 52 | 01:08:10.76 | 01:07:06.96 | |
| 759 | 739 | LUIS PALMEIRO | M | 50 | 167 | 01:08:12.38 | 01:08:07.98 | GENERALI COLABORADOR |
| 760 | 494 | HUGO CERQUEIRA | M | 43 | 189 | 01:08:12.52 | 01:07:46.11 | FC ESTRELAS |
| 761 | 867 | TATIANA ABRAHAO | F | 45 | 53 | 01:08:36.33 | 01:07:49.23 | |
| 762 | 760 | INÊS BRAVO | F | 35 | 62 | 01:08:39.00 | 01:08:01.09 | |
| 763 | 461 | GONÇALO PEREIRA | M | 24 | 132 | 01:08:45.36 | 01:07:46.70 | LINK |
| 764 | 803 | MARIA TEIXEIRA | F | 46 | 54 | 01:08:46.10 | 01:08:19.44 | |
| 765 | 1092 | DINA NUNES | F | 45 | 55 | 01:08:49.80 | 01:08:24.76 | CCD TRANQUILIDADE |
| 766 | 897 | SUSANA FELICIANO | F | 47 | 56 | 01:08:51.40 | 01:08:28.03 | C MILLENNIUM BCP |
| 767 | 488 | SARA CHALANTE | F | 32 | 53 | 01:09:01.17 | 01:07:58.45 | TREKKING NATURE TEAM RUNNING EILAR |
| 768 | 512 | VIOLETA NUNES | F | 53 | 57 | 01:09:02.87 | 01:08:30.30 | AMCS |
| 769 | 261 | ROSA MARIA JESUS REIS | F | 63 | 11 | 01:09:10.66 | 01:09:07.00 | |
| 770 | 913 | SANDRA SOARES | F | 44 | 63 | 01:09:11.64 | 01:08:58.74 | C MILLENNIUM BCP |
| 771 | 925 | DUARTE CORREIA | M | 26 | 133 | 01:09:11.72 | 01:08:58.07 | C MILLENNIUM BCP |
| 772 | 1052 | ELISABETH LOUREIRO | F | 63 | 12 | 01:09:14.94 | 01:08:44.43 | SC CASAINHOS |
| 773 | 663 | FILIPA GRAVELHO | F | 30 | 54 | 01:09:16.34 | 01:09:12.77 | |
| 774 | 378 | MARIA SANTOS | F | 45 | 58 | 01:09:17.69 | 01:08:14.00 | |
| 775 | 169 | MARISA MACHADO | F | 31 | 55 | 01:09:17.79 | 01:08:41.03 | |
| 776 | 621 | PAULO ANDRADE | M | 48 | 168 | 01:09:21.32 | 01:08:13.92 | SS CGD |
| 777 | 937 | VERA LIMA | F | 47 | 59 | 01:09:24.85 | 01:08:56.84 | GENERALI CLIENTE |
| 778 | 65 | DIOGO ARRAIAS | M | 66 | 17 | 01:09:28.17 | 01:08:39.41 | OS ARRAIAS |
| 779 | 284 | RAÚL COSTA | M | 59 | 80 | 01:09:28.30 | 01:09:15.96 | CLUBE ROBBIALAC |
| 780 | 761 | DANIEL BAETA | M | 26 | 134 | 01:09:36.27 | 01:09:05.68 | GENERALI COLABORADOR |
| 781 | 281 | MARIANA VILALOBOS | F | 24 | 56 | 01:09:37.29 | 01:09:03.76 | |
| 782 | 582 | ALEXANDRA CENTENO | F | 47 | 60 | 01:09:41.51 | 01:08:47.60 | GRUPO CORRIDA JCS |
| 783 | 731 | BRUNO SOUSA | M | 41 | 190 | 01:09:44.11 | 01:09:05.89 | GENERALI COLABORADOR |
| 784 | 926 | FERNANDO DOMINGUES | M | 64 | 81 | 01:09:46.83 | 01:09:05.45 | C MILLENNIUM BCP |
| 785 | 124 | ANTONIO FRANCO | M | 54 | 169 | 01:09:50.98 | 01:08:48.24 | SERVIÇOS SOCIAIS MONTEPIO |
| 786 | 425 | BENTO CORREIA | M | 58 | 82 | 01:09:53.95 | 01:09:44.28 | GDCT UNICRE |
| 787 | 426 | PAULO FRANÇA | M | 57 | 83 | 01:09:54.05 | 01:09:44.93 | GDCT UNICRE |
| 788 | 1031 | TIAGO FERNANDES | M | 36 | 191 | 01:09:54.51 | 01:09:37.07 | |
| 789 | 87 | NATACHA CABRAL | F | 44 | 64 | 01:09:57.96 | 01:09:57.96 | OS CORRE PARA COMER |
| 790 | 1042 | MÓNICA MIRA | F | 34 | 57 | 01:10:04.26 | 01:09:07.05 | GDC BANCO DE PORTUGAL |
| 791 | 640 | SOFIA ESTEVES | F | 38 | 65 | 01:10:11.76 | 01:09:12.81 | |
| 792 | 1007 | BRUNO COSTA | M | 46 | 170 | 01:10:12.76 | 01:10:12.76 | ASSOCIAÇÃO SALVADOR |
| 793 | 1003 | MIGUEL SILVA | M | 40 | 192 | 01:10:15.39 | 01:10:15.39 | ASSOCIAÇÃO SALVADOR |
| 794 | 297 | PEDRO BAROSA | M | 37 | 193 | 01:10:18.71 | 01:09:22.27 | METRALHAS |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|----------------------|---|----|-----|-------------|-------------|---------------------------|
| 795 | 481 | ESTELA CARVALHO | F | 49 | 61 | 01:10:30.73 | 01:10:02.46 | CABELEIREIRO MODA JOVEM |
| 796 | 217 | MANUEL NOVAIS | M | 45 | 171 | 01:10:31.95 | 01:10:13.04 | GRUPO BARRAQUEIRO |
| 797 | 163 | ANTÓNIO ABRANTES | M | 64 | 84 | 01:10:35.63 | 01:09:38.17 | |
| 798 | 802 | ARTUR DINIS | M | 62 | 85 | 01:10:37.59 | 01:10:06.68 | ALGYMNS |
| 799 | 355 | HELENA AFONSO | F | 64 | 13 | 01:10:43.07 | 01:09:36.93 | |
| 800 | 713 | SARAH MARTIN PIRES | F | 40 | 66 | 01:10:47.65 | 01:09:38.18 | |
| 801 | 714 | JAMES SWINBURNE | M | 36 | 194 | 01:10:47.89 | 01:09:40.86 | |
| 802 | 532 | CRISTINA BRIZIDO | F | 43 | 67 | 01:10:48.15 | 01:10:28.23 | |
| 803 | 850 | CAROLINA MORAIS | F | 38 | 68 | 01:10:48.54 | 01:10:21.32 | C COLAB AGEAS |
| 804 | 162 | SUSANA BENTO | F | 43 | 69 | 01:10:53.35 | 01:09:49.66 | |
| 805 | 527 | FRANCISCO COITO | M | 68 | 18 | 01:10:54.08 | 01:09:53.80 | CLUBE MARGINAL |
| 806 | 528 | MANUEL GOMES | M | 54 | 172 | 01:10:54.95 | 01:09:55.13 | CLUBE MARGINAL |
| 807 | 655 | RUTE RODRIGUES | F | 40 | 70 | 01:11:03.74 | 01:10:46.46 | |
| 808 | 448 | JOANA GOMES | F | 32 | 58 | 01:11:06.98 | 01:10:49.00 | |
| 809 | 876 | TERESA REIS | F | 41 | 71 | 01:11:09.76 | 01:10:31.21 | |
| 810 | 794 | NUNO CÔRTE-REAL | M | 54 | 173 | 01:11:10.58 | 01:10:09.06 | GENERALI MEDIADOR |
| 811 | 434 | RUTE PASSARINHO | F | 44 | 72 | 01:11:11.42 | 01:10:42.85 | FC ESTRELAS |
| 812 | 1011 | MANUEL CARDOSO | M | 70 | 19 | 01:11:15.81 | 01:11:15.81 | ASSOCIAÇÃO SALVADOR |
| 813 | 1002 | GONÇALO VASCONCELOS | M | 49 | 174 | 01:11:15.89 | 01:11:15.89 | ASSOCIAÇÃO SALVADOR |
| 814 | 69 | LILIANA COELHO | F | 36 | 73 | 01:11:19.98 | 01:10:29.57 | |
| 815 | 1119 | KRISZTINA KIRSCHBAUM | F | 43 | 74 | 01:11:28.62 | 01:11:08.97 | |
| 816 | 1120 | JOCHEN KIRSCHBAUM | M | 44 | 195 | 01:11:29.33 | 01:11:09.78 | |
| 817 | 1005 | RAFAEL YAZEJY | M | 34 | 135 | 01:11:33.51 | 01:11:33.51 | ASSOCIAÇÃO SALVADOR |
| 818 | 128 | LUIS FARINHA | M | 51 | 175 | 01:11:35.64 | 01:11:16.02 | SERVIÇOS SOCIAIS MONTEPIO |
| 819 | 652 | TIAGO POMBAL | M | 39 | 196 | 01:11:37.74 | 01:10:57.02 | |
| 820 | 230 | LUIS COSTA | M | 54 | 176 | 01:12:03.61 | 01:11:44.94 | QUARENTÕES NA BISGA |
| 821 | 404 | JOSE AVELAR | M | 66 | 20 | 01:12:15.09 | 01:11:07.78 | |
| 822 | 326 | LUCA CAMPENNI | M | 38 | 197 | 01:12:16.40 | 01:11:42.04 | |
| 823 | 369 | EDUARDO PINTO | M | 66 | 21 | 01:12:30.38 | 01:12:06.66 | |
| 824 | 61 | JOANA DARC CHOURIÇO | F | 56 | 14 | 01:12:38.82 | 01:12:21.67 | RUNNING CLUB SANTA CASA |
| 825 | 646 | CÉLIA CARVALHO | F | 38 | 75 | 01:12:46.54 | 01:11:37.44 | |
| 826 | 923 | ALDA VINAGRE | F | 46 | 62 | 01:12:56.05 | 01:12:09.91 | C MILLENNIUM BCP |
| 827 | 951 | NUNO OLIVEIRA | M | 43 | 198 | 01:12:59.43 | 01:12:05.46 | |
| 828 | 344 | RODRIGUES ANDRÉ | M | 28 | 136 | 01:13:03.90 | 01:12:58.53 | |
| 829 | 298 | NUNO REIS | M | 36 | 199 | 01:13:18.07 | 01:12:21.68 | METRALHAS |
| 830 | 1032 | ANTÓNIO PEREIRA | M | 78 | 22 | 01:13:42.92 | 01:13:42.92 | GDC BANCO DE PORTUGAL |
| 831 | 72 | HERVÉ HETTE | M | 53 | 177 | 01:13:48.81 | 01:13:15.15 | |
| 832 | 74 | VERA FIGUEIREDO | F | 35 | 76 | 01:13:50.17 | 01:13:19.56 | |



16 FEV
2020
10KM



| | | | | | | | | |
|-----|------|-------------------------|---|----|-----|-------------|-------------|----------------------|
| 833 | 104 | BEATRIZ COUTO | F | 29 | 59 | 01:13:50.26 | 01:13:28.59 | |
| 834 | 135 | ILDA SIMÕES | F | 48 | 63 | 01:14:03.95 | 01:12:56.67 | VALEJAS AC |
| 835 | 63 | MÓNICA SIMÕES | F | 27 | 60 | 01:14:04.02 | 01:12:56.75 | VALEJAS AC |
| 836 | 100 | REGINA ALVES | F | 27 | 61 | 01:14:05.39 | 01:13:26.12 | |
| 837 | 846 | ISABEL ALAMO | F | 51 | 64 | 01:14:08.08 | 01:13:05.33 | CA VALE FIGUEIRA |
| 838 | 85 | EDMUNDO CARDEIRA | M | 72 | 23 | 01:14:16.38 | 01:14:16.38 | |
| 839 | 446 | EVA PEREIRA | F | 26 | 62 | 01:14:30.62 | 01:13:39.78 | |
| 840 | 441 | FRANCISCO PAIS | M | 55 | 86 | 01:14:31.33 | 01:14:05.79 | SARA E FRANCISCO |
| 841 | 440 | SARA SIMÕES GONÇALVES | F | 42 | 77 | 01:14:31.78 | 01:14:05.51 | SARA E FRANCISCO |
| 842 | 1021 | ANA SOARES | F | 52 | 65 | 01:14:56.49 | 01:14:08.21 | |
| 843 | 632 | RITA RODRIGUES | F | 37 | 78 | 01:15:10.31 | 01:14:16.82 | LIMITED EDITION |
| 844 | 722 | CRISTÓVÃO RODRIGUES | M | 33 | 137 | 01:15:10.45 | 01:14:17.58 | LIMITED EDITION |
| 845 | 884 | MARGARIDA ROQUE | F | 30 | 63 | 01:15:10.69 | 01:14:58.19 | |
| 846 | 359 | PEDRO MATOS | M | 57 | 87 | 01:15:32.57 | 01:14:36.59 | |
| 847 | 738 | JOÃO RIBEIRO | M | 55 | 88 | 01:16:06.64 | 01:16:04.36 | GENERALI COLABORADOR |
| 848 | 538 | SUSANA CAMPOS | F | 41 | 79 | 01:16:09.72 | 01:15:24.67 | RUNNING GPS |
| 849 | 263 | SÓNIA MIRANDA | F | 38 | 80 | 01:16:25.77 | 01:16:12.39 | |
| 850 | 110 | PEDRO BAPTISTA BAPTISTA | M | 39 | 200 | 01:16:35.49 | 01:16:30.56 | CASA DA DIZIMA |
| 851 | 639 | CAMILA GOMES | F | 39 | 81 | 01:16:38.07 | 01:15:28.77 | |
| 852 | 137 | CLÁUDIA BALTAZAR | F | 46 | 66 | 01:17:12.81 | 01:16:35.86 | |
| 853 | 282 | CRISTINA BAPTISTA | F | 56 | 15 | 01:17:15.75 | 01:16:35.26 | |
| 854 | 672 | ANA LAURA CARREIRAS | F | 28 | 64 | 01:18:02.15 | 01:18:02.15 | |
| 855 | 409 | HELENA SÁ | F | 68 | 4 | 01:18:08.73 | 01:17:40.03 | |
| 856 | 651 | ANA MARTINS | F | 41 | 82 | 01:18:40.97 | 01:17:31.73 | |
| 857 | 120 | ALZIRA FERNANDES | F | 48 | 67 | 01:18:57.30 | 01:18:08.27 | FIDELIDADE GDC |
| 858 | 918 | Mª BEATRIZ BARATA | F | 22 | 65 | 01:19:38.24 | 01:19:26.32 | C MILLENNIUM BCP |
| 859 | 753 | CARMINDA PIRES | F | 57 | 16 | 01:19:59.09 | 01:19:17.59 | GENERALI COLABORADOR |
| 860 | 894 | FERNANDO FERREIRA | M | 73 | 24 | 01:20:08.68 | 01:19:31.66 | C MILLENNIUM BCP |
| 861 | 963 | CONCEICAO FONSECA | M | 60 | 89 | 01:20:16.25 | 01:19:40.09 | |
| 862 | 205 | SONIA DANTAS | F | 41 | 83 | 01:20:16.30 | 01:19:38.10 | |
| 863 | 735 | DAMIAO REGA | M | 58 | 90 | 01:20:39.17 | 01:19:57.65 | GENERALI COLABORADOR |
| 864 | 579 | JOAO LANDEIRO | M | 71 | 25 | 01:21:09.17 | 01:20:15.36 | |
| 865 | 635 | MARIANA MARQUES | F | 28 | 66 | 01:21:54.73 | 01:21:17.47 | |
| 866 | 202 | MARGARIDA PEREIRA | F | 28 | 67 | 01:22:32.97 | 01:22:01.47 | |
| 867 | 196 | SURAYA REESE | F | 28 | 68 | 01:22:34.93 | 01:22:34.93 | |
| 868 | 189 | Mª JOAO MARCELINO | F | 28 | 69 | 01:22:35.64 | 01:22:04.49 | |
| 869 | 192 | Mª CARMO ANJOS | F | 73 | 5 | 01:23:59.37 | 01:23:20.73 | CONDOR |
| 870 | 418 | PEDRO LEMOS | M | 32 | 138 | 01:24:00.12 | 01:23:01.04 | A TUA PRIMA |



16 FEV
2020
10KM

| | | | | | | | | |
|-----|------|-----------------------|---|----|-----|-------------|-------------|-------------------------|
| 871 | 342 | VITOR CARDOSO | M | 42 | 201 | 01:24:39.30 | 01:24:10.90 | GDCT IN CM |
| 872 | 865 | CLARA DA SILVA | F | 63 | 17 | 01:24:50.74 | 01:24:07.04 | |
| 873 | 208 | EBERHARD AXEL WILHELM | M | 71 | 26 | 01:24:51.28 | 01:24:10.06 | 4 AO KM |
| 874 | 693 | JOÃO PARDAL | M | 26 | 139 | 01:24:51.73 | 01:24:07.70 | VW RUNNERS |
| 875 | 895 | FOCK WAN | F | 69 | 6 | 01:25:50.71 | 01:25:11.66 | C MILLENNIUM BCP |
| 876 | 493 | MONICA CERQUEIRA | F | 40 | 84 | 01:25:59.23 | 01:25:30.60 | FC ESTRELAS |
| 877 | 754 | MA FEE HUNG | M | 69 | 27 | 01:26:11.49 | 01:25:33.00 | GENERALI COLABORADOR |
| 878 | 141 | SARA CARREGA | F | 21 | 70 | 01:27:40.15 | 01:27:28.91 | |
| 879 | 484 | MARIA PINTO | F | 56 | 18 | 01:27:40.19 | 01:27:11.75 | CABELEIREIRO MODA JOVEM |
| 880 | 1111 | INÊS GARCIA | F | 26 | 71 | 01:27:44.20 | 01:27:44.20 | |
| 881 | 1112 | JOANA MORGADO | F | 30 | 72 | 01:27:45.36 | 01:27:45.36 | |
| 882 | 875 | CARLA GUEDES | F | 39 | 85 | 01:30:14.60 | 01:29:15.44 | GREEN RUNNERS |
| 883 | 642 | LURDES ESTEVES | M | 28 | 140 | 01:30:15.10 | 01:29:13.37 | GREEN RUNNERS |
| 884 | 970 | NUNO MARTINS | M | 43 | 202 | 01:30:29.32 | 01:29:44.80 | CA VALE FIGUEIRA |
| 885 | 659 | ISABEL GUERREIRO | F | 45 | 68 | 01:35:17.72 | 01:34:24.74 | LIMITED EDITION |
| 886 | 366 | ANTONIO MARTINS | M | 66 | 28 | 01:35:17.77 | 01:34:19.09 | |
| 887 | 193 | LUCINDA HENRIQUES | F | 71 | 7 | 01:36:47.40 | 01:36:47.40 | CONDOR |

Total de registros: 887