

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|------------------------|----|-----|-----|----------|------------|------------------------|
| 1 | 1010 | DIOGO L RAMALHEIRA | M | 28 | | 00:34:06 | 00:34:05 | INDIVIDUAL |
| 2 | 143 | PAULO MOTA | M | 38 | | 00:34:40 | 00:34:40 | INDIVIDUAL |
| 3 | 485 | LUIS N SANTOS | M | 32 | | 00:35:08 | 00:35:07 | AA MAFRA |
| 4 | 1195 | RICARDO FRANCO | M | 31 | | 00:35:10 | 00:35:07 | RB RUNNING |
| 5 | 693 | NUNO SOARES | M | 34 | | 00:35:17 | 00:35:14 | CORRER LISBOA |
| 6 | 484 | PEDRO MAIA | M | 42 | | 00:35:21 | 00:35:20 | AA MAFRA |
| 7 | 243 | PEDRO MARTINS | M | 48 | | 00:35:36 | 00:35:32 | C MILLENNIUM BCP |
| 8 | 218 | JOÃO C GOMES | M | 46 | | 00:35:40 | 00:35:38 | CP EDP LISBOA |
| 9 | 845 | RUI J F HENRIQUES | M | 36 | | 00:35:51 | 00:35:50 | SS MONTEPIO GERAL |
| 10 | 62 | LUIS NEIVA | M | 48 | | 00:36:29 | 00:36:25 | NAZ ABOBODA |
| 11 | 1111 | ADOLFO LEAL | M | 48 | | 00:36:44 | 00:36:43 | REST O CARTAXEIRO |
| 12 | 35 | JORGE CAIADO | M | 45 | | 00:36:53 | 00:36:47 | AMIGOS DA CORRIDA |
| 13 | 687 | RODRIGO SANTOS | M | 40 | | 00:37:02 | 00:36:59 | NUCLEOEIRAS |
| 14 | 1200 | TONY ALMEIDA | M | 34 | | 00:37:15 | 00:37:15 | RB RUNNING |
| 15 | 1056 | BRUNO LENCASTRE | M | 36 | | 00:37:21 | 00:37:15 | RUN 4 FUN |
| 16 | 991 | MARCO LOPES | M | 27 | | 00:37:29 | 00:37:12 | INDIVIDUAL |
| 17 | 1113 | FRANCISCO SANTOS | M | 44 | | 00:37:36 | 00:37:32 | REST O CARTAXEIRO |
| 18 | 598 | NUNO SILVA | M | 38 | | 00:37:37 | 00:37:27 | M&B |
| 19 | 782 | FERNANDO POLONIO | M | 46 | | 00:37:40 | 00:37:37 | NUCLEOEIRAS |
| 20 | 386 | FRANCISCO FONSECA | M | 61 | | 00:37:41 | 00:37:11 | INDIVIDUAL |
| 21 | 1263 | PEDRO BARBOSA | M | 35 | | 00:37:42 | 00:37:38 | INDIVIDUAL |
| 22 | 1242 | PAULO GOMES | M | 35 | | 00:37:49 | 00:37:32 | INDIVIDUAL |
| 23 | 49 | ANTÓNIO COSTA | M | 45 | | 00:37:52 | 00:37:46 | INDIVIDUAL |
| 24 | 1107 | AURELIO AGUIAR | M | 60 | | 00:37:54 | 00:37:54 | A VALE SILENCIO |
| 25 | 773 | FRANCISCO SERRANO | M | 42 | | 00:37:59 | 00:37:59 | GD INE |
| 26 | 1205 | PEDRO FERREIRA | M | 46 | | 00:38:23 | 00:38:15 | RB RUNNING |
| 27 | 173 | MIGUEL D H D CAPUCHA | M | 27 | | 00:38:25 | 00:38:22 | CORRER LISBOA |
| 28 | 231 | ISIDRO DUARTE | M | 48 | | 00:38:30 | 00:38:22 | RB RUNNING |
| 29 | 624 | NUNO ALMEIDA | M | 36 | | 00:38:32 | 00:38:23 | INDIVIDUAL |
| 30 | 1110 | ARLINDO PAIXAO | M | 52 | | 00:38:32 | 00:38:31 | REST O CARTAXEIRO |
| 31 | 905 | FRANCISCO S P Q MACEDO | M | 25 | | 00:38:33 | 00:38:27 | INDIVIDUAL |
| 32 | 169 | LUIS M SILVA | M | 43 | | 00:38:49 | 00:38:46 | INDIVIDUAL |
| 33 | 77 | ANTÓNIO ALMEIDA | M | 37 | | 00:38:52 | 00:38:47 | INDIVIDUAL |
| 34 | 1068 | ISAAC L HERMIDA | M | 34 | | 00:38:53 | 00:38:01 | INDIVIDUAL |
| 35 | 216 | LUIS F F ALVES | M | 46 | | 00:38:55 | 00:38:54 | DEZ PRÁS ONZE |
| 36 | 1188 | MIGUEL RODRIGUES | M | 45 | | 00:39:11 | 00:39:08 | WEVENTUAL |
| 37 | 276 | TIAGO MENDES | M | 42 | | 00:39:19 | 00:39:14 | C MILLENNIUM BCP |
| 38 | 219 | PEDRO NOBRE | M | 31 | | 00:39:20 | 00:39:15 | CP EDP LISBOA |
| 39 | 631 | JORGE AMARAL | M | 47 | | 00:39:29 | 00:39:27 | AMINHACORRIDA/ KALENJI |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|------------------------|
| 40 | 1208 | NUNO ALMEIDA | M | 44 | | 00:39:31 | 00:39:26 | RB RUNNING |
| 41 | 621 | EURICO NICHÓ | M | 54 | | 00:39:50 | 00:39:45 | OS GALGOS |
| 42 | 963 | NUNO S ANTUNES | M | 41 | | 00:39:55 | 00:39:46 | WIKABOO |
| 43 | 953 | BRUNO SOUSA | M | 41 | | 00:39:56 | 00:39:56 | INDIVIDUAL |
| 44 | 703 | HUGO SILVA | M | 27 | | 00:39:56 | 00:39:50 | OS GALGOS |
| 45 | 158 | HÉLDER CARVALHO | M | 42 | | 00:40:00 | 00:39:56 | ARRUDA RUN |
| 46 | 618 | JOÃO S NUNES | M | 52 | | 00:40:08 | 00:40:07 | OS AMIGOS DO TEJO |
| 47 | 762 | DINIS F M SILVA | M | 43 | | 00:40:25 | 00:40:19 | SCALABIS NIGHT RUNNERS |
| 48 | 1250 | ROBERTO GLORIA | M | 26 | | 00:40:30 | 00:40:27 | INDIVIDUAL |
| 49 | 751 | ROGÉRIO MELEIRO | M | 48 | | 00:40:32 | 00:40:28 | GD ESTORIL PRAIA |
| 50 | 71 | RICARDO CORREIA | M | 37 | | 00:40:42 | 00:40:34 | INDIVIDUAL |
| 51 | 60 | PEDRO ESCÁRIA | M | 17 | | 00:40:48 | 00:40:09 | ESCARIA&FRIENDS |
| 52 | 951 | Mª JOSÉ FRIAS | F | 50 | | 00:40:49 | 00:40:47 | AA MAFRA |
| 53 | 1150 | JOÃO S ANTUNES | M | 45 | | 00:40:51 | 00:40:42 | WIKABOO |
| 54 | 466 | PEDRO C LOPES | M | 47 | | 00:40:51 | 00:40:50 | CPPEA |
| 55 | 204 | CARLOS JESUS | M | 41 | | 00:40:55 | 00:40:53 | O MUNDO DA CORRIDA |
| 56 | 864 | JOÃO O COSTA | M | 47 | | 00:40:56 | 00:40:51 | ADDMORERUN |
| 57 | 842 | PAULO S P RODRIGUES | M | 48 | | 00:40:57 | 00:40:55 | INDIVIDUAL |
| 58 | 1133 | JOAO A GONCALVES | M | 43 | | 00:41:05 | 00:41:02 | INDIVIDUAL |
| 59 | 1275 | ANTONIO MOREIRA | M | 41 | | 00:41:08 | 00:40:34 | INDIVIDUAL |
| 60 | 256 | ANTONIO JORGE | M | 52 | | 00:41:13 | 00:41:08 | C MILLENNIUM BCP |
| 61 | 236 | JOAO CUNHA | M | 58 | | 00:41:17 | 00:41:12 | C MILLENNIUM BCP |
| 62 | 730 | CARLOS ROUXINOL | M | 41 | | 00:41:28 | 00:41:03 | INDIVIDUAL |
| 63 | 636 | FILIFE MESQUITA | M | 43 | | 00:41:28 | 00:41:17 | PARTNERVIP |
| 64 | 1023 | ROBERT SERRÃO | M | 25 | | 00:41:29 | 00:41:07 | CORRER LISBOA |
| 65 | 306 | JOSE MIRANDA | M | 55 | | 00:41:38 | 00:41:14 | INDIVIDUAL |
| 66 | 807 | PEDRO AGUIAR | M | 49 | | 00:41:41 | 00:41:31 | INDIVIDUAL |
| 67 | 200 | FILIFE FIGUEIRA | M | 18 | | 00:41:42 | 00:41:26 | INDIVIDUAL |
| 68 | 1159 | PAULO HENRIQUES | M | 38 | | 00:41:45 | 00:41:45 | INDIVIDUAL |
| 69 | 366 | PEDRO CASTANHEIRA | M | 40 | | 00:41:56 | 00:41:39 | SALESIANOS FITNESS |
| 70 | 944 | RUI M C VALE | M | 35 | | 00:41:57 | 00:41:37 | INDIVIDUAL |
| 71 | 523 | CARLOS M P VISEU | M | 46 | | 00:42:11 | 00:42:07 | ARNEIRO |
| 72 | 1203 | ARNALDO TRINDADE | M | 44 | | 00:42:12 | 00:41:59 | RB RUNNING |
| 73 | 167 | GONÇALO SERAFIM | M | 39 | | 00:42:19 | 00:42:18 | INDIVIDUAL |
| 74 | 28 | FREDERICO ALMENDRA | M | 24 | | 00:42:20 | 00:42:10 | INDIVIDUAL |
| 75 | 577 | JOSE M S R GOMES | M | 55 | | 00:42:20 | 00:42:06 | INDIVIDUAL |
| 76 | 1002 | RUI SALVADO | M | 44 | | 00:42:25 | 00:41:53 | QUARENTOES NA BISGA |
| 77 | 129 | MARCELO DIAS | M | 40 | | 00:42:26 | 00:42:24 | INDIVIDUAL |
| 78 | 596 | CARLOS PORTELA | M | 44 | | 00:42:33 | 00:42:17 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

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|-------|------|------------------------|----|-----|-----|----------|------------|------------------------|
| 79 | 34 | ANTÓNIO SOUSA | M | 44 | | 00:42:37 | 00:42:36 | CARACÓIS DO MURGANHAL |
| 80 | 1051 | PEDRO M R C LIMA | M | 50 | | 00:42:37 | 00:42:35 | INDIVIDUAL |
| 81 | 531 | PEDRO NUNES | M | 41 | | 00:42:40 | 00:42:36 | HPMIR |
| 82 | 64 | INES JORDAO | F | 35 | | 00:42:41 | 00:42:40 | INDIVIDUAL |
| 83 | 1202 | PEDRO MARTINS | M | 41 | | 00:42:44 | 00:42:30 | RB RUNNING |
| 84 | 104 | LOURENÇO S LIMA | M | 42 | | 00:42:48 | 00:42:36 | INDIVIDUAL |
| 85 | 486 | HELENA MARTINS | F | 54 | | 00:42:48 | 00:42:43 | AA MAFRA |
| 86 | 555 | JOÃO S PINTO | M | 47 | | 00:42:52 | 00:42:45 | INDIVIDUAL |
| 87 | 105 | ALEXANDRE VIEGAS | M | 36 | | 00:42:53 | 00:42:48 | INDIVIDUAL |
| 88 | 527 | JOSÉ SALAZAR | M | 56 | | 00:42:55 | 00:42:52 | FAMÍLIA SALAZAR |
| 89 | 411 | DIOGO SILVA | M | 18 | | 00:42:56 | 00:42:56 | INDIVIDUAL |
| 90 | 376 | DIOGO VIEIRA | M | 28 | | 00:42:56 | 00:42:30 | INDIVIDUAL |
| 91 | 1241 | ANTONIO MAURICIO | M | 64 | | 00:43:02 | 00:43:00 | CORRER LISBOA |
| 92 | 858 | ROSALIA C M SALDANHA | F | 42 | | 00:43:09 | 00:43:06 | SCUT |
| 93 | 757 | JOÃO OLIVEIRA | M | 45 | | 00:43:11 | 00:42:33 | UDFAC |
| 94 | 950 | JOÃO FRIAS | M | 49 | | 00:43:12 | 00:43:07 | AA MAFRA |
| 95 | 520 | FERNANDO ANACLETO | M | 64 | | 00:43:12 | 00:43:05 | INDIVIDUAL |
| 96 | 198 | RICARDO NUNO | M | 41 | | 00:43:13 | 00:43:08 | ETNAGA |
| 97 | 465 | SÉRGIO MARQUES | M | 46 | | 00:43:14 | 00:43:07 | AM ATIBÁ |
| 98 | 1063 | MARIO NETO | M | 47 | | 00:43:18 | 00:43:04 | RC&CIA |
| 99 | 889 | EDUARDO SOUSA | M | 55 | | 00:43:20 | 00:43:01 | MENU DE ATLETA |
| 100 | 725 | JULIO SERRAS | M | 44 | | 00:43:21 | 00:43:17 | INDIVIDUAL |
| 101 | 1060 | SEBASTIÃO MARQUES | M | 26 | | 00:43:24 | 00:43:20 | INDIVIDUAL |
| 102 | 839 | CARLOS M S BERNARDO | M | 46 | | 00:43:26 | 00:43:22 | INDIVIDUAL |
| 103 | 733 | LUÍS FARO GODINHO | M | 37 | | 00:43:26 | 00:42:59 | BARÕES |
| 104 | 570 | PEDRO CHAVES | M | 32 | | 00:43:27 | 00:43:00 | TOA |
| 105 | 22 | LOURENCO SAMPAIO | M | 38 | | 00:43:33 | 00:43:28 | SAMPAIOS |
| 106 | 1098 | NÉLIO P A MENDES | M | 34 | | 00:43:35 | 00:43:11 | INDIVIDUAL |
| 107 | 533 | JOSÉ NUNES | M | 48 | | 00:43:36 | 00:43:33 | KEEP RUNNING |
| 108 | 880 | NUNO F MORAIS | M | 26 | | 00:43:39 | 00:43:35 | INDIVIDUAL |
| 109 | 1025 | ROMÃO PEDROSO | M | 29 | | 00:43:39 | 00:43:07 | OS AMIGOS DA KIKA |
| 110 | 422 | MIGUEL M RIBEIRO | M | 45 | | 00:43:44 | 00:43:01 | RIBEIRO TEAM |
| 111 | 305 | BRUNO RAMIÃO | M | 30 | | 00:43:44 | 00:43:25 | FAMÍLIA SILVA RAMIÃO |
| 112 | 1112 | RUI FERREIRA | M | 44 | | 00:43:45 | 00:43:38 | REST O CARTAXEIRO |
| 113 | 744 | VALTER F GUERREIRO | M | 31 | | 00:43:46 | 00:43:46 | INDIVIDUAL |
| 114 | 705 | JOSÉ M CRISTÓVÃO | M | 40 | | 00:43:46 | 00:43:43 | EUROCABE/BEAUTYSHOP.PT |
| 115 | 999 | FILIPE M M Á L CORREIA | M | 38 | | 00:43:48 | 00:43:03 | SS CGD |
| 116 | 540 | FRANCIS PESSOA | M | 42 | | 00:43:48 | 00:43:37 | AA AGUALVA |
| 117 | 553 | DUARTE COSTA | M | 32 | | 00:43:53 | 00:43:31 | O CÃO LARANJA |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

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| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|--------------------------|
| 118 | 459 | NUNO GOMES | M | 39 | | 00:43:55 | 00:43:50 | INDIVIDUAL |
| 119 | 898 | RUI P G RODRIGUES | M | 37 | | 00:43:57 | 00:43:21 | INDIVIDUAL |
| 120 | 159 | EDUARDO FIGUEIREDO | M | 44 | | 00:43:58 | 00:43:54 | ARRUDA RUN |
| 121 | 1037 | PEDRO PRETO | M | 44 | | 00:43:58 | 00:43:55 | INDIVIDUAL |
| 122 | 979 | JOÃO CRUZ | M | 40 | | 00:44:01 | 00:42:59 | INDIVIDUAL |
| 123 | 628 | JOÃO PEDRAS | M | 45 | | 00:44:03 | 00:43:39 | INDIVIDUAL |
| 124 | 52 | PEDRO CARDOSO | M | 42 | | 00:44:05 | 00:43:52 | INDIVIDUAL |
| 125 | 462 | GONÇALO ALMEIDA | M | 36 | | 00:44:06 | 00:43:57 | INDIVIDUAL |
| 126 | 222 | CARLOS M MARQUES | M | 37 | | 00:44:06 | 00:43:17 | INDIVIDUAL |
| 127 | 238 | FERNANDO RODRIGUES | M | 51 | | 00:44:07 | 00:43:17 | C MILLENNIUM BCP |
| 128 | 966 | GONÇALO AREIA | M | 44 | | 00:44:09 | 00:43:21 | AREIA |
| 129 | 452 | FERNANDO SILVEIRO | M | 47 | | 00:44:10 | 00:44:02 | FC ESTRELAS LISBOA |
| 130 | 854 | CARLOS CANHA | M | 25 | | 00:44:10 | 00:43:51 | INDIVIDUAL |
| 131 | 822 | PLAMEN DAMYANOV | M | 35 | | 00:44:11 | 00:43:22 | INDIVIDUAL |
| 132 | 1222 | PEDRO CANELAS | M | 43 | | 00:44:11 | 00:43:33 | GC JOAQUIM CHAVES SAÚDE |
| 133 | 233 | CARLOS SANTOS | M | 46 | | 00:44:12 | 00:44:12 | GD INE |
| 134 | 1239 | INES PEIXOTO | F | 36 | | 00:44:12 | 00:43:55 | INDIVIDUAL |
| 135 | 483 | FRANCISCO RODRIGUES | M | 39 | | 00:44:16 | 00:43:34 | AA MAFRA |
| 136 | 1048 | FÁBIO J M ALVES | M | 31 | | 00:44:21 | 00:43:48 | INDIVIDUAL |
| 137 | 156 | ANTÓNIO SALGUEIRO | M | 45 | | 00:44:21 | 00:44:12 | ARRUDA RUN |
| 138 | 1028 | SÉRGIO MOREIRAS | M | 29 | | 00:44:22 | 00:43:50 | OS AMIGOS DA KIKA |
| 139 | 589 | TIAGO P VINHAS | M | 17 | | 00:44:26 | 00:44:11 | INDIVIDUAL |
| 140 | 851 | MARTA D ABREU | F | 0 | | 00:44:29 | 00:43:55 | INDIVIDUAL |
| 141 | 199 | TIAGO MENDES | M | 31 | | 00:44:30 | 00:44:26 | ETNAGA |
| 142 | 286 | RUI RIJO | M | 46 | | 00:44:38 | 00:44:33 | C MILLENNIUM BCP |
| 143 | 209 | MANUEL ALVES | M | 48 | | 00:44:43 | 00:44:20 | INDIVIDUAL |
| 144 | 1174 | PAULO C MARTINS | M | 48 | | 00:44:43 | 00:43:59 | NINGUÉM QUÉ CÊ FEI |
| 145 | 399 | MARIO LAMEIRÃO | M | 67 | | 00:44:44 | 00:44:44 | C BENFICA ALG M MARTINS |
| 146 | 308 | RUI BARROS | M | 47 | | 00:44:46 | 00:44:43 | CLUBE PT |
| 147 | 1232 | EBRIMA BAYO | M | 24 | | 00:44:52 | 00:44:26 | OS ECONÓMICOS |
| 148 | 1126 | ROGÉRIO GUERREIRO | M | 41 | | 00:44:55 | 00:44:55 | INDIVIDUAL |
| 149 | 964 | NUNO ANTONIO | M | 42 | | 00:44:57 | 00:44:36 | JUDO SALESIANOS LISBOA |
| 150 | 329 | JOÃO C PEREIRA | M | 53 | | 00:44:57 | 00:44:38 | CCD PM CASCAIS |
| 151 | 330 | JOÃO P PEREIRA | M | 29 | | 00:44:57 | 00:44:38 | CCD PM CASCAIS |
| 152 | 1033 | DANIEL LENCASTRE | M | 30 | | 00:44:58 | 00:44:51 | INDIVIDUAL |
| 153 | 895 | DANIEL MACHADO | M | 34 | | 00:45:03 | 00:44:46 | OS GALGOS |
| 154 | 1211 | PATRICIA FERREIRA | F | 39 | | 00:45:12 | 00:45:12 | GD ESTORIL PRAIA |
| 155 | 1116 | PEDRO MAIA | M | 38 | | 00:45:16 | 00:44:36 | GUERRILHEIROS DO FITNESS |
| 156 | 539 | ALBERTO FERNANDES | M | 62 | | 00:45:17 | 00:45:17 | AA AGUALVA |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

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|-------|------|---------------------|----|-----|-----|----------|------------|--------------------------------------|
| 157 | 444 | TOMÁS VAZ | M | 14 | | 00:45:26 | 00:45:06 | DELVAZ |
| 158 | 1081 | PEDRO REIS | M | 40 | | 00:45:32 | 00:45:29 | OS GLORIOSOS |
| 159 | 537 | BERNARDO GRADISSIMO | M | 57 | | 00:45:36 | 00:45:26 | AA AGUALVA |
| 160 | 716 | FILIPE MEDEIRO | M | 16 | | 00:45:37 | 00:45:21 | ED MEDEIRO, LDA - AR CONDICIONADO |
| 161 | 755 | JOHN CARSON | M | 35 | | 00:45:38 | 00:44:46 | INDIVIDUAL |
| 162 | 504 | RICARDO J C PEREIRA | M | 40 | | 00:45:49 | 00:45:47 | INDIVIDUAL |
| 163 | 965 | STEVE CASTANHEIRA | M | 21 | | 00:45:49 | 00:45:27 | JUDO SALESIANOS LISBOA |
| 164 | 496 | JORGE DENTINHO | M | 25 | | 00:45:50 | 00:45:33 | SALESIANOS FITNESS |
| 165 | 1095 | ALEXANDRE REIS | M | 42 | | 00:45:51 | 00:44:43 | INDIVIDUAL |
| 166 | 149 | CARLOS A S CARVALHO | M | 45 | | 00:45:53 | 00:45:25 | RB RUNNING |
| 167 | 88 | PAULO A R NUNES | M | 42 | | 00:45:54 | 00:45:30 | INDIVIDUAL |
| 168 | 566 | RUI SEBASTIÃO | M | 28 | | 00:45:54 | 00:45:29 | TOA |
| 169 | 960 | DANIEL B MOSHE | M | 22 | | 00:45:55 | 00:45:36 | INDIVIDUAL |
| 170 | 640 | PAULO OLIVEIRA | M | 44 | | 00:45:56 | 00:43:59 | TURBOLENTOS |
| 171 | 1077 | PAULO MESQUITA | M | 48 | | 00:45:58 | 00:45:08 | AVILA RUNNERS |
| 172 | 325 | DIOGO HENRIQUES | M | 17 | | 00:45:59 | 00:45:38 | CCD PM CASCAIS |
| 173 | 1216 | ÁLVARO CARAMONA | M | 43 | | 00:46:02 | 00:45:24 | GC JOAQUIM CHAVES SAÚDE |
| 174 | 545 | HUGO M C SEQUEIRA | M | 17 | | 00:46:05 | 00:45:47 | INDIVIDUAL |
| 175 | 230 | MÁRIO ALMEIDA | M | 44 | | 00:46:05 | 00:45:47 | CARACÓIS DO MURGANHAL |
| 176 | 638 | NUNO G SANTOS | M | 44 | | 00:46:07 | 00:46:05 | INDIVIDUAL |
| 177 | 1076 | RICARDO ANDORINHO | M | 39 | | 00:46:10 | 00:45:21 | AVILA RUNNERS |
| 178 | 935 | TIAGO BAPTISTA | M | 31 | | 00:46:11 | 00:45:36 | INDIVIDUAL |
| 179 | 1066 | SÉRGIO PONTES | M | 39 | | 00:46:13 | 00:45:51 | INDIVIDUAL |
| 180 | 89 | MAGDA LOURENÇO | F | 46 | | 00:46:15 | 00:45:26 | NAILS4US |
| 181 | 146 | RICARDO GRAÇA | M | 51 | | 00:46:16 | 00:46:14 | SALESIANOS ESTORIL |
| 182 | 417 | FRANCISCO O MARTINS | M | 22 | | 00:46:16 | 00:45:59 | SALESIANOS FITNESS |
| 183 | 613 | MANUEL FALCAO | M | 11 | | 00:46:17 | 00:46:06 | RUN 4 FUN |
| 184 | 316 | JOAQUIM J E VAZ | M | 41 | | 00:46:18 | 00:46:13 | HC RUNNERS |
| 185 | 161 | ANTÓNIO J E DUARTE | M | 40 | | 00:46:18 | 00:46:13 | INDIVIDUAL |
| 186 | 930 | ANTONIO J R ANTUNES | M | 58 | | 00:46:19 | 00:45:37 | INDIVIDUAL |
| 187 | 323 | SILVIA SOBREIRA | F | 44 | | 00:46:20 | 00:46:16 | INDIVIDUAL |
| 188 | 1153 | JOÃO AREAL | M | 45 | | 00:46:20 | 00:46:09 | INDIVIDUAL |
| 189 | 891 | JORGE COSTA | M | 34 | | 00:46:26 | 00:46:14 | INDIVIDUAL |
| 190 | 840 | NUNO R SANTOS | M | 36 | | 00:46:27 | 00:45:37 | MONSTROS BOLACHAS |
| 191 | 892 | JOÃO PEREIRA | M | 52 | | 00:46:28 | 00:46:16 | AC PORTALEGRE/UTSM |
| 192 | 333 | JÚLIO FERREIRA | M | 61 | | 00:46:32 | 00:46:26 | CARACOIS ADORMECIDOS |
| 193 | 1221 | MAZOEL SANTOS | M | 30 | | 00:46:32 | 00:46:32 | GC JOAQUIM CHAVES SAÚDE |
| 194 | 144 | FERNANDO M V PESSOA | M | 44 | | 00:46:36 | 00:46:26 | INDIVIDUAL |
| 195 | 771 | FELIPE S PRITSCH | M | 12 | | 00:46:37 | 00:46:21 | ANSELMINHOS |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

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|-------|------|--------------------|----|-----|-----|----------|------------|--------------------------------------|
| 196 | 1108 | ANTONIO CASTRO | M | 72 | | 00:46:39 | 00:46:36 | INDIVIDUAL |
| 197 | 348 | NUNO CONSTÂNCIO | M | 38 | | 00:46:41 | 00:46:26 | CLUBE VODAFONE |
| 198 | 632 | TINA OLIVEIRA | F | 51 | | 00:46:42 | 00:46:38 | AMINHACORRIDA/ KALENJI |
| 199 | 119 | NUNO A M CRUZ | M | 35 | | 00:46:43 | 00:45:50 | CROSSFITCENTER CASCAIS |
| 200 | 1189 | BRUNO PIÇARRA | M | 34 | | 00:46:46 | 00:46:13 | INDIVIDUAL |
| 201 | 856 | NUNO DOMINGUES | M | 38 | | 00:46:47 | 00:45:40 | INDIVIDUAL |
| 202 | 239 | PEDRO SA | M | 43 | | 00:46:47 | 00:45:57 | C MILLENNIUM BCP |
| 203 | 541 | MANUEL RODRIGUES | M | 57 | | 00:46:47 | 00:46:39 | AA AGUALVA |
| 204 | 826 | RUI VIEIRA | M | 40 | | 00:46:48 | 00:46:48 | INDIVIDUAL |
| 205 | 572 | JOÃO ALVES | M | 40 | | 00:46:48 | 00:46:46 | TAGUS RUNNERS 7AM |
| 206 | 1245 | JOSE FERNANDES | M | 62 | | 00:46:50 | 00:46:43 | INDIVIDUAL |
| 207 | 896 | ROGÉRIO FOLGADO | M | 53 | | 00:46:55 | 00:46:36 | MENU DE ATLETA |
| 208 | 324 | DELFINO MACHADO | M | 50 | | 00:46:57 | 00:46:35 | INDIVIDUAL |
| 209 | 1172 | THIAGO KAFEJIAN | M | 41 | | 00:47:01 | 00:46:52 | NINGUÉM QUÉ CÊ FEI |
| 210 | 358 | JOÃO E SILVA | M | 54 | | 00:47:01 | 00:47:01 | SALESIANOS FITNESS |
| 211 | 91 | JOÃO DUARTE | M | 53 | | 00:47:07 | 00:46:26 | SALESIANOS ESTORIL |
| 212 | 188 | HELDER MARTINS | M | 46 | | 00:47:09 | 00:46:56 | INDIVIDUAL |
| 213 | 1058 | BRUNO FRANCISCO | M | 32 | | 00:47:15 | 00:46:05 | A TRINHÃO PONTE FAJÃO |
| 214 | 402 | PEDRO N MIRANDA | M | 34 | | 00:47:15 | 00:47:03 | FAMÍLIA PEREIRA MIRANDA |
| 215 | 1162 | TIAGO FERREIRA | M | 37 | | 00:47:16 | 00:46:37 | OPTICALIA RUNNING TEAM |
| 216 | 401 | PAULO P MIRANDA | M | 39 | | 00:47:16 | 00:47:04 | FAMÍLIA PEREIRA MIRANDA |
| 217 | 578 | DIOGO T RODRIGUES | M | 35 | | 00:47:19 | 00:46:23 | NEVRALGICOS |
| 218 | 1151 | CARLOS E V FREITAS | M | 34 | | 00:47:20 | 00:46:31 | INDIVIDUAL |
| 219 | 763 | ARTUR BATISTA | M | 42 | | 00:47:20 | 00:46:46 | SCALABIS NIGHT RUNNERS |
| 220 | 715 | EDUARDO MEDEIRO | M | 61 | | 00:47:22 | 00:47:16 | ED MEDEIRO, LDA - AR CONDICIONADO |
| 221 | 695 | JOAO ARAUJO | M | 46 | | 00:47:27 | 00:47:01 | PALHAS |
| 222 | 469 | GONÇALO B MARQUES | M | 38 | | 00:47:28 | 00:46:38 | FIT |
| 223 | 980 | ERIC VAN LEUVEN | M | 54 | | 00:47:33 | 00:46:44 | INDIVIDUAL |
| 224 | 830 | RUI M M LOURENÇO | M | 47 | | 00:47:34 | 00:46:44 | RUN4EVER |
| 225 | 172 | TIAGO LABORINHO | M | 44 | | 00:47:34 | 00:47:24 | LABORINHO |
| 226 | 697 | DINIS ARAUJO | M | 18 | | 00:47:35 | 00:47:35 | PALHAS |
| 227 | 334 | JOSÉ RODRIGUES | M | 46 | | 00:47:36 | 00:47:11 | INDIVIDUAL |
| 228 | 1091 | JOAO JERVELL | M | 43 | | 00:47:37 | 00:47:23 | JERVELL TEAM |
| 229 | 206 | ANDRÉ R G FREITAS | M | 25 | | 00:47:38 | 00:47:15 | INDIVIDUAL |
| 230 | 1105 | DUARTE V ALMADA | M | 44 | | 00:47:39 | 00:47:39 | INDIVIDUAL |
| 231 | 846 | VITOR PINTO | M | 51 | | 00:47:40 | 00:47:22 | MENU DE ATLETA |
| 232 | 799 | DARIO B SANTOS | M | 13 | | 00:47:41 | 00:47:37 | INDIVIDUAL |
| 233 | 620 | LUÍS PEREIRA | M | 41 | | 00:47:43 | 00:47:29 | ASAS NOS PÉS |
| 234 | 375 | LEONEL MENDES | M | 29 | | 00:47:43 | 00:47:20 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|------------------------|
| 235 | 242 | ANDREIA COSTA | F | 43 | | 00:47:44 | 00:46:33 | C MILLENNIUM BCP |
| 236 | 519 | IDALÉCIO BARROS | M | 61 | | 00:47:47 | 00:47:40 | INDIVIDUAL |
| 237 | 275 | JOSE RODRIGUES | M | 65 | | 00:47:48 | 00:47:43 | C MILLENNIUM BCP |
| 238 | 619 | ANABELA CARVALHO | F | 35 | | 00:47:54 | 00:47:51 | OS AMIGOS DO TEJO |
| 239 | 234 | NUNO NAIÁ | M | 41 | | 00:47:55 | 00:47:50 | C MILLENNIUM BCP |
| 240 | 229 | AFONSO SILVA | M | 17 | | 00:47:55 | 00:45:56 | INDIVIDUAL |
| 241 | 1260 | GONÇALO MOTA | M | 45 | | 00:47:55 | 00:47:46 | INDIVIDUAL |
| 242 | 29 | RUI BRANCO | M | 42 | | 00:47:56 | 00:47:36 | INDIVIDUAL |
| 243 | 710 | RODRIGO MARQUES | M | 17 | | 00:47:56 | 00:45:56 | SALESIANOS ESTORIL |
| 244 | 489 | JOÃO C L O CASTRO | M | 36 | | 00:47:58 | 00:47:34 | INDIVIDUAL |
| 245 | 267 | JOSE ARRUDA | M | 66 | | 00:47:58 | 00:47:04 | C MILLENNIUM BCP |
| 246 | 1086 | LÚCIO A B SANTOS | M | 54 | | 00:48:00 | 00:47:53 | INDIVIDUAL |
| 247 | 633 | CLAUDIA ABREU | F | 40 | | 00:48:00 | 00:47:55 | AMINHACORRIDA/ KALENJI |
| 248 | 357 | JOSÉ MARTINS | M | 57 | | 00:48:01 | 00:47:45 | SALESIANOS FITNESS |
| 249 | 595 | JOÃO FREIRE | M | 9 | | 00:48:04 | 00:47:56 | INDIVIDUAL |
| 250 | 447 | RUI SANTOS | M | 30 | | 00:48:05 | 00:47:49 | INDIVIDUAL |
| 251 | 1207 | PEDRO AQUINO | M | 48 | | 00:48:05 | 00:47:57 | RB RUNNING |
| 252 | 1084 | ANTÓNIO SANTINHOS | M | 45 | | 00:48:06 | 00:47:41 | LFMOTORS |
| 253 | 221 | JOÃO CARRETAS | M | 19 | | 00:48:06 | 00:47:20 | INDIVIDUAL |
| 254 | 1040 | RUI MACHADO | M | 34 | | 00:48:07 | 00:47:45 | JUDO SALESIANOS LISBOA |
| 255 | 45 | PEDRO RUI SELAVISA | M | 38 | | 00:48:11 | 00:47:21 | FIT |
| 256 | 538 | FERNANDO SANTOS | M | 63 | | 00:48:13 | 00:48:04 | AA AGUALVA |
| 257 | 939 | CARLOS F AFONSO | M | 57 | | 00:48:16 | 00:48:10 | INDIVIDUAL |
| 258 | 1213 | FILIPE GRENHO | M | 36 | | 00:48:17 | 00:47:31 | ALVES |
| 259 | 473 | DIOGO B OLIVEIRA | M | 14 | | 00:48:28 | 00:47:56 | OLIVE TEAM |
| 260 | 829 | ABÍLIO OLIVEIRA | M | 50 | | 00:48:30 | 00:48:22 | INDIVIDUAL |
| 261 | 834 | LUÍS SOUTO | M | 47 | | 00:48:30 | 00:48:30 | INDIVIDUAL |
| 262 | 220 | JOSÉ CARRETAS | M | 51 | | 00:48:30 | 00:47:43 | INDIVIDUAL |
| 263 | 796 | FERNANDO J M MENDES | M | 44 | | 00:48:31 | 00:48:09 | INDIVIDUAL |
| 264 | 148 | TIAGO SILVA | M | 31 | | 00:48:32 | 00:48:21 | INDIVIDUAL |
| 265 | 1139 | FERNÃO XIMENES | M | 27 | | 00:48:34 | 00:47:29 | SALESIANOS ÉVORA |
| 266 | 470 | JORGE B MARQUES | M | 38 | | 00:48:39 | 00:47:49 | FIT |
| 267 | 1167 | RITA ALVES | F | 24 | | 00:48:40 | 00:47:25 | INDIVIDUAL |
| 268 | 82 | PEDRO FRAZÃO | M | 53 | | 00:48:40 | 00:48:28 | INDIVIDUAL |
| 269 | 406 | NUNO F SILVA | M | 48 | | 00:48:41 | 00:48:18 | INDIVIDUAL |
| 270 | 213 | AUGUSTO CARIA | M | 63 | | 00:48:42 | 00:48:34 | MARGIL |
| 271 | 1003 | MIGUEL CAPELA | M | 44 | | 00:48:42 | 00:48:07 | INDIVIDUAL |
| 272 | 1021 | JOAQUIM PALMA | M | 61 | | 00:48:44 | 00:48:37 | INDIVIDUAL |
| 273 | 474 | GABRIEL S UVA | M | 43 | | 00:48:45 | 00:47:59 | FAMÍLIA UVA |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|------------------------|
| 274 | 600 | MANUEL COSTA | M | 61 | | 00:48:46 | 00:48:24 | M&B |
| 275 | 163 | LUIS TAVARES | M | 0 | | 00:48:47 | 00:47:44 | GRANACAR |
| 276 | 946 | NUNO SALDANHA | M | 34 | | 00:48:50 | 00:48:04 | AGORA PENSA |
| 277 | 987 | GONÇALO AMORIM | M | 37 | | 00:48:50 | 00:48:13 | INDIVIDUAL |
| 278 | 217 | CARLOS F VIEIRA | M | 42 | | 00:48:52 | 00:47:46 | INDIVIDUAL |
| 279 | 779 | CARLOS FORTES | M | 45 | | 00:48:53 | 00:48:20 | INDIVIDUAL |
| 280 | 952 | CARLA JARDIM | F | 43 | | 00:48:53 | 00:48:45 | AA MAFRA |
| 281 | 26 | FERNANDO CHAVES | M | 51 | | 00:48:53 | 00:48:05 | CHAVES-VAZ |
| 282 | 908 | VITALÍCIO SOUSA | M | 36 | | 00:48:54 | 00:47:33 | INDIVIDUAL |
| 283 | 704 | PAULO M CRISTÓVÃO | M | 46 | | 00:48:54 | 00:48:50 | EUROCABE/BEAUTYSHOP.PT |
| 284 | 1261 | PAULO ALMEIDA | M | 41 | | 00:48:54 | 00:48:09 | INDIVIDUAL |
| 285 | 416 | Mª CÉU O MARTINS | F | 20 | | 00:48:55 | 00:48:38 | SALESIANOS FITNESS |
| 286 | 241 | LUIS COSTA | M | 46 | | 00:48:56 | 00:47:50 | C MILLENNIUM BCP |
| 287 | 644 | LEANDRO E T S CAEIRO | M | 13 | | 00:49:00 | 00:48:45 | INDIVIDUAL |
| 288 | 936 | NUNO A FIALHO | M | 42 | | 00:49:00 | 00:48:43 | INDIVIDUAL |
| 289 | 1123 | LUÍS REVÉS | M | 42 | | 00:49:01 | 00:48:46 | SIEMENS |
| 290 | 81 | EDGAR REINHARDT | M | 43 | | 00:49:01 | 00:48:05 | INDIVIDUAL |
| 291 | 746 | VASCO A ÂNGELO | M | 16 | | 00:49:02 | 00:47:52 | ANGELS FAMILY |
| 292 | 257 | DAVID JORGE | M | 29 | | 00:49:02 | 00:48:41 | C MILLENNIUM BCP |
| 293 | 544 | JOÃO B FERNANDES | M | 68 | | 00:49:03 | 00:49:01 | INDIVIDUAL |
| 294 | 1059 | LUÍS GAMA | M | 52 | | 00:49:03 | 00:47:52 | A TRINHÃO PONTE FAJÃO |
| 295 | 1248 | JOAO GONÇALVES | M | 36 | | 00:49:05 | 00:48:46 | INDIVIDUAL |
| 296 | 1064 | MARCO DURÃO | M | 38 | | 00:49:06 | 00:49:04 | INDIVIDUAL |
| 297 | 182 | JOAQUIM PALMEIRO | M | 45 | | 00:49:07 | 00:48:54 | MARIA |
| 298 | 1148 | JOSÉ G L LOURENÇO | M | 44 | | 00:49:13 | 00:48:10 | PEDALAR PARA MORFAR |
| 299 | 38 | AFONSO ARNALDO | M | 42 | | 00:49:14 | 00:48:17 | INDIVIDUAL |
| 300 | 1001 | SARAH MARTIN | F | 36 | | 00:49:15 | 00:48:30 | ACADEMIA F MILITAR |
| 301 | 887 | ROBERTO BETTENCOURT | M | 40 | | 00:49:15 | 00:48:32 | INDIVIDUAL |
| 302 | 1240 | DIOGO PEREIRA | M | 39 | | 00:49:16 | 00:48:52 | INDIVIDUAL |
| 303 | 794 | PAULO B GUEDES | M | 41 | | 00:49:17 | 00:48:59 | BÉNARDGUEDES |
| 304 | 76 | NUNO CORTÊS | M | 38 | | 00:49:17 | 00:49:13 | INDIVIDUAL |
| 305 | 784 | Mª FORTUNATO RUIVO | F | 38 | | 00:49:18 | 00:49:16 | INDIVIDUAL |
| 306 | 929 | JORGE TOMAZ | M | 41 | | 00:49:32 | 00:49:02 | INDIVIDUAL |
| 307 | 711 | FERNANDA MOURA | F | 54 | | 00:49:34 | 00:49:09 | INDIVIDUAL |
| 308 | 948 | DANIEL MATIAS | M | 31 | | 00:49:34 | 00:48:48 | AGORA PENSA |
| 309 | 196 | ADAM FITCH | M | 49 | | 00:49:35 | 00:49:23 | INDIVIDUAL |
| 310 | 120 | RICARDO GONÇALVES | M | 40 | | 00:49:41 | 00:48:47 | INDIVIDUAL |
| 311 | 245 | ANTONIO SANTOS | M | 56 | | 00:49:42 | 00:49:27 | C MILLENNIUM BCP |
| 312 | 121 | JOSE FERREIRA | M | 34 | | 00:49:42 | 00:48:48 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|---------------------------|
| 313 | 1163 | SÉRGIO GALÓ | M | 35 | | 00:49:44 | 00:49:04 | OPTICALIA RUNNING TEAM |
| 314 | 326 | ISABEL VIEIRA | F | 44 | | 00:49:52 | 00:49:32 | CCD PM CASCAIS |
| 315 | 84 | MARTIM AZEVEDO | M | 47 | | 00:49:52 | 00:49:05 | M&M&L |
| 316 | 1166 | NUNO M B MARTINS | M | 44 | | 00:49:56 | 00:49:32 | INDIVIDUAL |
| 317 | 682 | EDUARDO RIBEIRO | M | 48 | | 00:49:59 | 00:49:29 | GDCT UNICRE |
| 318 | 1270 | MARCO CASTRO | M | 39 | | 00:50:03 | 00:49:49 | INDIVIDUAL |
| 319 | 235 | LEONEL BRANDAO | M | 48 | | 00:50:04 | 00:49:57 | C MILLENNIUM BCP |
| 320 | 99 | CATARINA MOREIRA | F | 28 | | 00:50:05 | 00:49:44 | ENGENHEIROS TAMBÉM CORREM |
| 321 | 113 | DANIEL GUERREIRO | M | 41 | | 00:50:05 | 00:49:05 | CUNHAS&AMIGO |
| 322 | 215 | TIAGO MARTINS | M | 38 | | 00:50:05 | 00:49:46 | INDIVIDUAL |
| 323 | 1047 | BERENICE HENRIQUES | M | 13 | | 00:50:06 | 00:50:06 | NPISCINAS |
| 324 | 1000 | TITO L HENRIQUES | M | 41 | | 00:50:06 | 00:49:04 | CORRER PARA COMER |
| 325 | 409 | SUSANA AMEIXINHA | F | 29 | | 00:50:07 | 00:49:38 | INDIVIDUAL |
| 326 | 298 | ANTONIO FERREIRA | M | 49 | | 00:50:10 | 00:50:02 | C MILLENNIUM BCP |
| 327 | 1089 | PEDRO NUNES | M | 43 | | 00:50:12 | 00:49:34 | INDIVIDUAL |
| 328 | 668 | MANUEL M M R SILVA | M | 17 | | 00:50:12 | 00:49:55 | SILVAS |
| 329 | 893 | JORGE S M PÊGO | M | 39 | | 00:50:14 | 00:49:39 | INDIVIDUAL |
| 330 | 643 | MIGUEL A P M M DÁBRIO | M | 34 | | 00:50:16 | 00:50:03 | INDIVIDUAL |
| 331 | 51 | MARGARIDA GAMA | F | 24 | | 00:50:16 | 00:49:22 | INDIVIDUAL |
| 332 | 125 | ANTONIO MARCELINO | M | 55 | | 00:50:17 | 00:50:08 | INDIVIDUAL |
| 333 | 122 | RICARDO COUTO | M | 41 | | 00:50:23 | 00:49:41 | INDIVIDUAL |
| 334 | 318 | PAULO A B SALGADO | M | 41 | | 00:50:24 | 00:50:04 | INDIVIDUAL |
| 335 | 726 | PEDRO GRILO | M | 30 | | 00:50:25 | 00:49:52 | GRILOS TEAM |
| 336 | 443 | LUCA VAZ | M | 21 | | 00:50:26 | 00:50:06 | DELVAZ |
| 337 | 754 | RICARDO FIGUEIREDO | M | 47 | | 00:50:27 | 00:49:29 | INDIVIDUAL |
| 338 | 58 | LUÍS NETO | M | 52 | | 00:50:27 | 00:50:11 | CARAPUS DE CORRIDA |
| 339 | 1085 | ANTÓNIO SOARES | M | 50 | | 00:50:28 | 00:50:15 | INDIVIDUAL |
| 340 | 1183 | MARTIM C SECO | M | 19 | | 00:50:30 | 00:49:33 | WEVENTUAL |
| 341 | 922 | ANTÓNIO TEIXEIRA | M | 69 | | 00:50:32 | 00:50:28 | NA PAPAGAIOS CASCAIS |
| 342 | 345 | NUNO PEDROSO | M | 45 | | 00:50:33 | 00:49:42 | VENTO |
| 343 | 379 | RICARDO L M MARQUES | M | 12 | | 00:50:36 | 00:50:36 | MOURAMARQUES |
| 344 | 667 | JOÃO M M R SILVA | M | 19 | | 00:50:40 | 00:50:22 | SILVAS |
| 345 | 719 | JORGE DA ROCHA | M | 37 | | 00:50:43 | 00:49:51 | INDIVIDUAL |
| 346 | 262 | VASCO ANICETO | M | 39 | | 00:50:46 | 00:49:46 | C MILLENNIUM BCP |
| 347 | 434 | ACÁCIO TEIXEIRA | M | 57 | | 00:50:46 | 00:49:45 | SALESIANOS FITNESS |
| 348 | 493 | LUIS QUARTIN | M | 51 | | 00:50:48 | 00:50:05 | CLUBE STRESS |
| 349 | 1087 | RUI A PINTO | M | 63 | | 00:50:49 | 00:50:14 | INDIVIDUAL |
| 350 | 33 | RUI CUNHA | M | 52 | | 00:50:51 | 00:50:33 | CARACÓIS DO MURGANHAL |
| 351 | 869 | DIOGO SILVA | M | 46 | | 00:50:56 | 00:50:00 | SS |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|--------------------------------------|
| 352 | 603 | VICENTE CAMPOS | M | 18 | | 00:50:57 | 00:50:23 | AMIGOSDACORRIDA.COM |
| 353 | 601 | JOSÉ J CAMPOS | M | 48 | | 00:50:58 | 00:50:24 | AMIGOSDACORRIDA.COM |
| 354 | 955 | BRUNA M V ROCHA | F | 30 | | 00:50:58 | 00:50:13 | ACADEMIA F MILITAR |
| 355 | 302 | JORGE LOURENÇO | M | 56 | | 00:50:58 | 00:50:42 | LOURENÇOS |
| 356 | 295 | CARLOS NUNES | M | 48 | | 00:50:59 | 00:50:37 | C MILLENNIUM BCP |
| 357 | 337 | RENATO CONSTÂNCIO | M | 29 | | 00:51:00 | 00:50:47 | NADRUPE RACERS |
| 358 | 1249 | RICARDO ELILIO | M | 41 | | 00:51:00 | 00:50:41 | INDIVIDUAL |
| 359 | 103 | BRUNO PINTO | M | 29 | | 00:51:01 | 00:50:09 | INDIVIDUAL |
| 360 | 1201 | OLGA MARTINS | F | 41 | | 00:51:02 | 00:50:46 | RB RUNNING |
| 361 | 1075 | VITOR LOPES | M | 41 | | 00:51:03 | 00:50:08 | AVILA RUNNERS |
| 362 | 201 | BERNARDO S PEREIRA | M | 28 | | 00:51:04 | 00:50:03 | FUNDAÇÃO SALESIANOS |
| 363 | 279 | JOAQUIM FULGENIO | M | 58 | | 00:51:05 | 00:50:25 | C MILLENNIUM BCP |
| 364 | 25 | FRANCISCO VAZ | M | 17 | | 00:51:10 | 00:50:22 | CHAVES-VAZ |
| 365 | 1244 | MARIANA ALCAFORADO | F | 32 | | 00:51:11 | 00:50:51 | INDIVIDUAL |
| 366 | 945 | JOÃO P COPETO | M | 59 | | 00:51:13 | 00:50:09 | INDIVIDUAL |
| 367 | 1026 | Mª INÊS CARAPINHA | F | 27 | | 00:51:13 | 00:50:40 | OS AMIGOS DA KIKA |
| 368 | 184 | HENRIQUE M C PÁSCOA | M | 16 | | 00:51:16 | 00:50:02 | INDIVIDUAL |
| 369 | 195 | MICHELE MARCONI | M | 34 | | 00:51:18 | 00:51:06 | INDIVIDUAL |
| 370 | 995 | EDUARDO COSTA | M | 24 | | 00:51:19 | 00:49:15 | INDIVIDUAL |
| 371 | 542 | MIGUEL MENDES | M | 31 | | 00:51:23 | 00:51:04 | INDIVIDUAL |
| 372 | 928 | ISIDORO TIESTOS | M | 54 | | 00:51:28 | 00:50:52 | VEREMUNDO |
| 373 | 850 | NUNO LEONARDO | M | 39 | | 00:51:28 | 00:50:34 | LEONARDO |
| 374 | 211 | JOSE L LOPES | M | 58 | | 00:51:29 | 00:51:08 | AMIGOS DA ESTRELA |
| 375 | 424 | GONÇALO SAMPAIO | M | 43 | | 00:51:29 | 00:51:09 | INDIVIDUAL |
| 376 | 1069 | FILIPE FERREIRA | M | 38 | | 00:51:31 | 00:50:21 | INDIVIDUAL |
| 377 | 903 | ANTONIO FONSECA | M | 70 | | 00:51:31 | 00:50:58 | INDIVIDUAL |
| 378 | 890 | CARMEN MARQUES | F | 35 | | 00:51:34 | 00:51:24 | INDIVIDUAL |
| 379 | 361 | SOFIA BRITO | F | 40 | | 00:51:39 | 00:51:23 | SALESIANOS FITNESS |
| 380 | 63 | AFONSO CARVALHO | M | 49 | | 00:51:39 | 00:51:38 | INDIVIDUAL |
| 381 | 900 | SUSANA G ADEGAS | F | 46 | | 00:51:39 | 00:51:39 | MASTERMIND |
| 382 | 336 | JOÃO NUNES | M | 41 | | 00:51:43 | 00:51:29 | FELIX NUNES |
| 383 | 717 | MIGUEL MEDEIRO | M | 39 | | 00:51:44 | 00:51:44 | ED MEDEIRO, LDA - AR CONDICIONADO |
| 384 | 559 | ALBERTO P P CARLOS | M | 37 | | 00:51:46 | 00:51:14 | INDIVIDUAL |
| 385 | 1264 | VELA JALLS | M | 20 | | 00:51:48 | 00:51:32 | INDIVIDUAL |
| 386 | 61 | VÍTOR ESCÁRIA | M | 44 | | 00:51:49 | 00:51:12 | ESCARIA&FRIENDS |
| 387 | 862 | GONÇALO PEREIRA | M | 38 | | 00:51:53 | 00:51:32 | INDIVIDUAL |
| 388 | 240 | NUNO MENDES | M | 31 | | 00:51:56 | 00:51:40 | C MILLENNIUM BCP |
| 389 | 412 | JOAO ESCALEIRA | M | 59 | | 00:51:57 | 00:50:22 | INDIVIDUAL |
| 390 | 607 | LUÍS COSTA | M | 39 | | 00:51:58 | 00:51:24 | AMIGOSDACORRIDA.COM |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|----------------------------|
| 391 | 513 | VASCO COVA | M | 45 | | 00:52:00 | 00:51:47 | SALESIANOS ESTORIL |
| 392 | 806 | JOÃO ANTUNES | M | 60 | | 00:52:01 | 00:51:46 | INDIVIDUAL |
| 393 | 677 | ALEXANDER FIGUEIRA | M | 29 | | 00:52:01 | 00:51:32 | INDIVIDUAL |
| 394 | 706 | JOÃO C P MARQUES | M | 31 | | 00:52:02 | 00:51:38 | INDIVIDUAL |
| 395 | 1101 | PEDRO BICO | M | 47 | | 00:52:05 | 00:51:29 | ENS QUEIJAS |
| 396 | 497 | RUI MOURA | M | 35 | | 00:52:06 | 00:51:03 | NEVRALGICOS |
| 397 | 536 | LEONEL SELEIRO | M | 58 | | 00:52:07 | 00:51:55 | AA AGUALVA |
| 398 | 327 | IVONE PEREIRA | F | 48 | | 00:52:08 | 00:50:56 | CCD PM CASCAIS |
| 399 | 317 | JORGE PIRES | M | 61 | | 00:52:11 | 00:51:48 | INDIVIDUAL |
| 400 | 342 | JOAQUIM F C PINTO | M | 57 | | 00:52:12 | 00:51:48 | INDIVIDUAL |
| 401 | 72 | PEDRO BANDOS | M | 47 | | 00:52:16 | 00:51:39 | INDIVIDUAL |
| 402 | 718 | LUÍSA FERNANDES | F | 22 | | 00:52:16 | 00:51:58 | INDIVIDUAL |
| 403 | 1122 | VASCO S P V ESTEVES | M | 45 | | 00:52:17 | 00:52:17 | INDIVIDUAL |
| 404 | 175 | SOFIA SANTOS | F | 31 | | 00:52:18 | 00:51:39 | THE ROCKS |
| 405 | 902 | MANUEL S FLOR | M | 68 | | 00:52:19 | 00:51:31 | INDIVIDUAL |
| 406 | 415 | SONIA LEOCADIO | F | 31 | | 00:52:19 | 00:51:40 | THE ROCKS |
| 407 | 350 | FÁBIO CARVALHO | M | 31 | | 00:52:20 | 00:51:02 | OS NERDS DA TABUADA |
| 408 | 575 | HENRIQUE J C FERREIRA | M | 67 | | 00:52:22 | 00:52:02 | OS FERREIRAS |
| 409 | 1225 | JOSÉ PECEGUEIRO | M | 30 | | 00:52:23 | 00:51:44 | GC JOAQUIM CHAVES SAÚDE |
| 410 | 264 | MARIO MENDES | M | 51 | | 00:52:25 | 00:52:17 | C MILLENNIUM BCP |
| 411 | 1082 | SANDRA GONÇALVES | F | 29 | | 00:52:27 | 00:52:24 | OS GLORIOSOS |
| 412 | 425 | NUNO M F MARIZ | M | 42 | | 00:52:27 | 00:51:36 | INDIVIDUAL |
| 413 | 554 | PAULO J C MIRANDA | M | 41 | | 00:52:29 | 00:52:29 | INDIVIDUAL |
| 414 | 79 | PAULA P GUERRA | F | 32 | | 00:52:30 | 00:52:19 | INDIVIDUAL |
| 415 | 208 | MIGUEL GAMA | M | 47 | | 00:52:31 | 00:52:03 | INDIVIDUAL |
| 416 | 1135 | LUIS CONSTANTINO | M | 33 | | 00:52:32 | 00:52:06 | DOSE DUPLA |
| 417 | 1254 | MANUEL FERNANDES | M | 54 | | 00:52:33 | 00:52:26 | INDIVIDUAL |
| 418 | 477 | PEDRO M SOARES | M | 41 | | 00:52:35 | 00:52:05 | 4 MS |
| 419 | 141 | LOURENCO R MAGALHAES | M | 43 | | 00:52:37 | 00:52:04 | INDIVIDUAL |
| 420 | 735 | HELENA ADEGAS | F | 54 | | 00:52:38 | 00:52:38 | INDIVIDUAL |
| 421 | 604 | ANTÓNIO BELO | M | 71 | | 00:52:41 | 00:52:10 | AMIGOSDACORRIDA.COM |
| 422 | 1145 | SERGIO JACINTO | M | 38 | | 00:52:42 | 00:51:59 | INDIVIDUAL |
| 423 | 562 | AFONSO SILVA | M | 18 | | 00:52:43 | 00:52:25 | CASQUEIRO&SILVA |
| 424 | 734 | LUÍS COSTA DUARTE | M | 49 | | 00:52:46 | 00:52:03 | INDIVIDUAL |
| 425 | 280 | ARTUR LEITE | M | 51 | | 00:52:46 | 00:51:57 | C MILLENNIUM BCP |
| 426 | 343 | PAULO LACERDA | M | 45 | | 00:52:48 | 00:52:04 | SEGADÉ HENRIQUES & LACERDA |
| 427 | 90 | MAURITS KUIPERS | M | 15 | | 00:52:49 | 00:51:57 | NAILS4US |
| 428 | 561 | CARLOS SILVA | M | 49 | | 00:52:49 | 00:52:31 | CASQUEIRO&SILVA |
| 429 | 153 | LUIS DIONISIO | M | 45 | | 00:52:49 | 00:52:44 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|-------------------------|
| 430 | 1255 | NUNO C REAL | M | 50 | | 00:52:51 | 00:52:25 | INDIVIDUAL |
| 431 | 133 | VANESSA MIRANDA | F | 26 | | 00:52:51 | 00:52:00 | 10K OR DECAY |
| 432 | 360 | JOSÉ TRINDADE | M | 63 | | 00:52:53 | 00:52:39 | SALESIANOS FITNESS |
| 433 | 521 | MÁRIO PEREIRA | M | 44 | | 00:52:55 | 00:52:48 | INDIVIDUAL |
| 434 | 270 | PEDRO CANAS | M | 42 | | 00:52:57 | 00:52:04 | C MILLENNIUM BCP |
| 435 | 877 | LUIS COMPOETE | M | 46 | | 00:53:01 | 00:52:34 | INDIVIDUAL |
| 436 | 246 | FERNANDO ALMEIDA | M | 47 | | 00:53:06 | 00:52:51 | C MILLENNIUM BCP |
| 437 | 87 | HUGO M R COLAÇO | M | 38 | | 00:53:07 | 00:51:56 | INDIVIDUAL |
| 438 | 873 | SEBASTIAO BELTRAO | M | 15 | | 00:53:08 | 00:52:57 | BELTRAO |
| 439 | 983 | NED DWYER | M | 49 | | 00:53:08 | 00:52:33 | INDIVIDUAL |
| 440 | 1252 | JORGE CASTANHEIRA | M | 46 | | 00:53:09 | 00:52:23 | INDIVIDUAL |
| 441 | 203 | MARTINHO DIAS | M | 39 | | 00:53:09 | 00:53:06 | INDIVIDUAL |
| 442 | 50 | ANTÓNIO J G POMBINHO | M | 58 | | 00:53:10 | 00:52:37 | INDIVIDUAL |
| 443 | 65 | CARLOS MARQUES | M | 53 | | 00:53:11 | 00:52:29 | SALESIANOS ESTORIL |
| 444 | 1224 | VICTOR FERREIRA | M | 40 | | 00:53:12 | 00:52:35 | GC JOAQUIM CHAVES SAÚDE |
| 445 | 512 | ANA TERESA COVA | F | 47 | | 00:53:16 | 00:52:17 | SALESIANOS ESTORIL |
| 446 | 1171 | CRISTIANE LAZOTI | F | 41 | | 00:53:16 | 00:53:09 | NINGUÉM QUÉ CÊ FEI |
| 447 | 1173 | ROSELAINE GALLICIO | F | 49 | | 00:53:16 | 00:52:32 | NINGUÉM QUÉ CÊ FEI |
| 448 | 1109 | VLAD BOLDYRIEV | M | 30 | | 00:53:19 | 00:52:02 | INDIVIDUAL |
| 449 | 150 | ANA C P COSTA | F | 16 | | 00:53:20 | 00:52:06 | INDIVIDUAL |
| 450 | 354 | FRANCISCO SANTOS | M | 19 | | 00:53:21 | 00:52:54 | SALESIANOS FITNESS |
| 451 | 690 | JAIME AFONSO | M | 51 | | 00:53:22 | 00:53:01 | CLUBE ANACOM |
| 452 | 635 | JOÃO W ABREU | M | 28 | | 00:53:24 | 00:52:58 | INDIVIDUAL |
| 453 | 843 | VITOR PORTELA | M | 35 | | 00:53:25 | 00:52:16 | INDIVIDUAL |
| 454 | 1177 | MANUEL SIZA | M | 13 | | 00:53:26 | 00:52:47 | EQUIPA DO MANEL |
| 455 | 772 | RENATO CARVALHO | M | 33 | | 00:53:27 | 00:52:24 | INDIVIDUAL |
| 456 | 933 | MARIA GONÇALVES | F | 43 | | 00:53:29 | 00:53:25 | INDIVIDUAL |
| 457 | 1152 | PAULO J M NOGUEIRA | M | 50 | | 00:53:30 | 00:53:09 | INDIVIDUAL |
| 458 | 66 | VERA TRINDADE | F | 25 | | 00:53:30 | 00:52:47 | INDIVIDUAL |
| 459 | 429 | PEDRO TAVARES | M | 40 | | 00:53:31 | 00:52:59 | INDIVIDUAL |
| 460 | 884 | ANA PAULINO | F | 32 | | 00:53:31 | 00:53:05 | INDIVIDUAL |
| 461 | 994 | TIAGO CAMPOS | M | 39 | | 00:53:33 | 00:52:59 | INDIVIDUAL |
| 462 | 1165 | RUI M B MADEIRA | M | 40 | | 00:53:35 | 00:52:35 | INDIVIDUAL |
| 463 | 162 | JOÃO SANTOS | M | 44 | | 00:53:36 | 00:52:44 | INDIVIDUAL |
| 464 | 564 | DIOGO S SILVA | M | 28 | | 00:53:38 | 00:53:13 | TOA |
| 465 | 265 | NELSON GUIMARAES | M | 68 | | 00:53:39 | 00:52:59 | C MILLENNIUM BCP |
| 466 | 910 | ANTONIO CARPINTEIRO | M | 71 | | 00:53:42 | 00:53:38 | SS CGD |
| 467 | 1138 | CASIMIRO MORAIS | M | 29 | | 00:53:42 | 00:52:41 | SALESIANOS ÉVORA |
| 468 | 736 | JOSÉ M CARVALHO | M | 29 | | 00:53:43 | 00:53:20 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|--------------------|----|-----|-----|----------|------------|--------------------------|
| 469 | 971 | ANDRÉ PEREIRA | M | 38 | | 00:53:43 | 00:53:07 | INDIVIDUAL |
| 470 | 879 | FRANCISCO B ABREU | M | 48 | | 00:53:46 | 00:53:33 | INDIVIDUAL |
| 471 | 248 | CARLOS RODRIGUES | M | 57 | | 00:53:47 | 00:52:31 | C MILLENNIUM BCP |
| 472 | 727 | MAFALDA GRILO | F | 21 | | 00:53:48 | 00:53:16 | GRILOS TEAM |
| 473 | 914 | CARLOS MARQUES | M | 51 | | 00:53:49 | 00:53:29 | INDIVIDUAL |
| 474 | 426 | PAULO J F MARIZ | M | 47 | | 00:53:51 | 00:53:01 | INDIVIDUAL |
| 475 | 1119 | ELLEN THEODORO | F | 37 | | 00:53:54 | 00:52:49 | GUERRILHEIROS DO FITNESS |
| 476 | 1046 | JOÃO OLIVEIRA | M | 42 | | 00:53:56 | 00:53:28 | MOLDAR DESTINOS LDA |
| 477 | 678 | CARLOS TEIXEIRA | M | 65 | | 00:53:56 | 00:53:45 | INDIVIDUAL |
| 478 | 679 | PEDRO MORGADO | M | 34 | | 00:53:56 | 00:53:44 | INDIVIDUAL |
| 479 | 500 | PEDRO CARDIGOS | M | 51 | | 00:53:56 | 00:53:50 | EQUIPA FAMÍLIA CARDIGOS |
| 480 | 669 | JOSÉ L R SILVA | M | 51 | | 00:53:57 | 00:53:39 | SILVAS |
| 481 | 471 | CATARINA M SILVA | F | 38 | | 00:53:58 | 00:53:09 | FIT |
| 482 | 515 | DAVID DIONÍSIO | M | 42 | | 00:53:58 | 00:52:52 | FÚRIA DA NOITE |
| 483 | 680 | PAULO DUARTE | M | 50 | | 00:53:58 | 00:53:28 | GDCT UNICRE |
| 484 | 1030 | VASCO MARQUES | M | 47 | | 00:53:59 | 00:52:47 | INDIVIDUAL |
| 485 | 878 | ALESSANDRO ASCIUTO | M | 48 | | 00:53:59 | 00:52:55 | INDIVIDUAL |
| 486 | 1144 | LUIS SILVA | M | 47 | | 00:53:59 | 00:53:47 | INDIVIDUAL |
| 487 | 927 | RUI SILVA | M | 44 | | 00:53:59 | 00:53:22 | VEREMUNDO |
| 488 | 1266 | JOAO TORRAO | M | 33 | | 00:54:01 | 00:53:43 | INDIVIDUAL |
| 489 | 1005 | RUI GARCAO | M | 40 | | 00:54:01 | 00:53:19 | ANSELMINHOS |
| 490 | 583 | JOANA A GONÇALVES | F | 12 | | 00:54:01 | 00:53:42 | AROEIRA |
| 491 | 630 | LUIS REIS | M | 61 | | 00:54:02 | 00:53:06 | GD INE |
| 492 | 813 | ELISA PITEIRA | F | 51 | | 00:54:02 | 00:52:54 | COUPLE RUNNERS |
| 493 | 770 | Mª CECILIA SANTOS | F | 35 | | 00:54:02 | 00:53:47 | ANSELMINHOS |
| 494 | 947 | ANDREIA OLIVEIRA | F | 33 | | 00:54:03 | 00:53:16 | AGORA PENSA |
| 495 | 487 | TERESA SANTIAGO | F | 47 | | 00:54:04 | 00:53:58 | SALESIANOS FITNESS |
| 496 | 852 | JOSÉ NEVES | M | 63 | | 00:54:04 | 00:53:57 | INDIVIDUAL |
| 497 | 592 | CELSO PEREIRA | M | 37 | | 00:54:05 | 00:52:53 | SRCD TESOUREIRA |
| 498 | 593 | RAFAEL FERNANDES | M | 18 | | 00:54:05 | 00:52:52 | SRCD TESOUREIRA |
| 499 | 774 | SÍLVIO RAPOSO | M | 39 | | 00:54:06 | 00:53:29 | INDIVIDUAL |
| 500 | 962 | JORGE V MATOS | M | 47 | | 00:54:07 | 00:52:57 | MATOS TEAM |
| 501 | 792 | RUI REIS | M | 35 | | 00:54:10 | 00:53:23 | GFK |
| 502 | 1215 | ALEXANDRA CENTENO | F | 43 | | 00:54:11 | 00:53:33 | GC JOAQUIM CHAVES SAÚDE |
| 503 | 1155 | ANDRÉ SARAGOÇA | M | 12 | | 00:54:12 | 00:53:44 | TRIBO EXTREME ADVENTURES |
| 504 | 1154 | JOÃO SARAGOÇA | M | 44 | | 00:54:13 | 00:53:45 | TRIBO EXTREME ADVENTURES |
| 505 | 617 | NUNO MONTEIRO | M | 40 | | 00:54:18 | 00:53:55 | M&N |
| 506 | 712 | RICARDO DOURADO | M | 41 | | 00:54:20 | 00:53:51 | INDIVIDUAL |
| 507 | 352 | MADALENA ANDRADE | F | 38 | | 00:54:25 | 00:54:16 | OS ANDRADES |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|-----------------------------|
| 508 | 812 | CARLOS PITEIRA | M | 50 | | 00:54:25 | 00:53:15 | COUPLE RUNNERS |
| 509 | 1032 | SAMUEL FERREIRA | M | 38 | | 00:54:26 | 00:54:01 | INDIVIDUAL |
| 510 | 166 | GONCALO C PEREIRA | M | 44 | | 00:54:28 | 00:53:57 | INDIVIDUAL |
| 511 | 189 | MIGUEL VALE | M | 42 | | 00:54:28 | 00:54:19 | INDIVIDUAL |
| 512 | 747 | MARTIM ALBERTO | M | 16 | | 00:54:32 | 00:53:22 | ANGELS FAMILY |
| 513 | 1214 | RUI HEITOR | M | 37 | | 00:54:35 | 00:53:50 | ALVES |
| 514 | 576 | MADALENA P GONÇALVES | F | 28 | | 00:54:35 | 00:54:08 | TOA |
| 515 | 186 | FILIPE FERNANDES | M | 11 | | 00:54:35 | 00:54:07 | TRIBO EXTREME ADVENTURES |
| 516 | 185 | JOSE FERNANDES | M | 44 | | 00:54:36 | 00:54:07 | TRIBO EXTREME ADVENTURES |
| 517 | 1140 | CELESTINO COSTA | M | 28 | | 00:54:37 | 00:53:35 | SALESIANOS ÉVORA |
| 518 | 868 | RODRIGO COUTINHO | M | 39 | | 00:54:38 | 00:53:44 | OUTSYSTEMS |
| 519 | 848 | JOÃO PACHECO | M | 29 | | 00:54:51 | 00:54:51 | GD PERNAS PARA QUE TE QUERO |
| 520 | 909 | HENRIQUE VILHENA | M | 59 | | 00:54:53 | 00:54:13 | INDIVIDUAL |
| 521 | 314 | ZUZANA SIMULCIKOVA | F | 26 | | 00:54:54 | 00:54:13 | INDIVIDUAL |
| 522 | 901 | ROSA CARVALHO | F | 53 | | 00:54:56 | 00:53:47 | INDIVIDUAL |
| 523 | 1199 | ALEXANDRE OPA | M | 40 | | 00:54:56 | 00:54:34 | INDIVIDUAL |
| 524 | 287 | RICARDO GOMES | M | 44 | | 00:54:57 | 00:53:42 | C MILLENNIUM BCP |
| 525 | 344 | JOSÉ M MOREIRA | M | 16 | | 00:54:59 | 00:54:41 | INDIVIDUAL |
| 526 | 738 | FÁBIO GAUDENCIO | M | 33 | | 00:55:00 | 00:54:02 | INDIVIDUAL |
| 527 | 1197 | ANA C ANGELO | F | 28 | | 00:55:02 | 00:54:02 | INDIVIDUAL |
| 528 | 1198 | CARLOS BERNARDES | M | 28 | | 00:55:03 | 00:54:04 | INDIVIDUAL |
| 529 | 837 | RICARDO M C SANTOS | M | 20 | | 00:55:05 | 00:54:48 | INDIVIDUAL |
| 530 | 1097 | PEDRO MAIA | M | 69 | | 00:55:06 | 00:54:13 | INDIVIDUAL |
| 531 | 273 | PAULO MORENO | M | 48 | | 00:55:08 | 00:54:51 | C MILLENNIUM BCP |
| 532 | 312 | ROGÉRIO NOBRE | M | 51 | | 00:55:08 | 00:54:46 | ROGERS TEAM |
| 533 | 918 | JOAQUIM MELO | M | 47 | | 00:55:09 | 00:54:52 | INDIVIDUAL |
| 534 | 580 | PEDRO M S S MATIAS | M | 44 | | 00:55:10 | 00:54:47 | INDIVIDUAL |
| 535 | 1102 | ANA SIMÃO | F | 29 | | 00:55:10 | 00:54:08 | INDIVIDUAL |
| 536 | 39 | JOANA DE ALMEIDA | F | 38 | | 00:55:11 | 00:54:16 | INDIVIDUAL |
| 537 | 78 | ANA C GONÇALVES | F | 22 | | 00:55:11 | 00:55:06 | INDIVIDUAL |
| 538 | 655 | JORGE G PEDRO | M | 48 | | 00:55:12 | 00:54:13 | INDIVIDUAL |
| 539 | 860 | ALFREDO PINHAL | M | 64 | | 00:55:16 | 00:54:55 | INDIVIDUAL |
| 540 | 996 | TIAGO DIAS | M | 24 | | 00:55:16 | 00:53:11 | INDIVIDUAL |
| 541 | 1012 | JOAO GONÇALVES | M | 49 | | 00:55:17 | 00:54:36 | INDIVIDUAL |
| 542 | 1011 | DAVIDE P RODRIGUES | M | 50 | | 00:55:17 | 00:54:36 | INDIVIDUAL |
| 543 | 380 | FRANCISCO TOJAL | M | 34 | | 00:55:18 | 00:55:18 | INDIVIDUAL |
| 544 | 957 | SOFIA FREIRE | F | 40 | | 00:55:20 | 00:55:10 | INDIVIDUAL |
| 545 | 788 | JOAO MARQUES | M | 38 | | 00:55:22 | 00:54:46 | INDIVIDUAL |
| 546 | 1134 | ANDRÉ C RAMOS | M | 35 | | 00:55:22 | 00:54:55 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|------------------------|
| 547 | 789 | SONIA DANTAS | F | 37 | | 00:55:23 | 00:54:45 | INDIVIDUAL |
| 548 | 1237 | GONÇALO LOUSADA | M | 26 | | 00:55:23 | 00:54:34 | INDIVIDUAL |
| 549 | 1236 | PAULO LOUSADA | M | 49 | | 00:55:23 | 00:54:33 | INDIVIDUAL |
| 550 | 709 | PEDRO TEIXEIRA | M | 43 | | 00:55:24 | 00:54:20 | PORTELAS |
| 551 | 1265 | FRANCISCO FERREIRA | M | 34 | | 00:55:27 | 00:55:19 | INDIVIDUAL |
| 552 | 855 | SARA PESTANA | F | 26 | | 00:55:28 | 00:55:08 | INDIVIDUAL |
| 553 | 1226 | BRUNO P NUNES | M | 33 | | 00:55:28 | 00:54:28 | INDIVIDUAL |
| 554 | 1015 | VICENTE SANTOS | M | 4 | | 00:55:29 | 00:55:16 | SANTOS |
| 555 | 912 | PAULA MARTINS | F | 35 | | 00:55:33 | 00:55:02 | SS CGD |
| 556 | 721 | HUGO ALBUQUERQUE | M | 37 | | 00:55:36 | 00:55:08 | EQUIPA SANTIAGO |
| 557 | 847 | FÁTIMA BRANCO | F | 49 | | 00:55:38 | 00:55:19 | INDIVIDUAL |
| 558 | 907 | ANTONIO MALTEZINHO | M | 38 | | 00:55:40 | 00:53:24 | INDIVIDUAL |
| 559 | 832 | NUNO R FERNANDES | M | 53 | | 00:55:40 | 00:55:08 | INDIVIDUAL |
| 560 | 135 | JESSICA BEVAN | F | 25 | | 00:55:42 | 00:54:49 | 10K OR DECAY |
| 561 | 160 | AVELINO ALVES | M | 35 | | 00:55:45 | 00:55:45 | ARRUDA RUN |
| 562 | 157 | AUGUSTO SALGUEIRO | M | 47 | | 00:55:45 | 00:55:34 | ARRUDA RUN |
| 563 | 369 | JOÃO B N SANTOS | M | 17 | | 00:55:46 | 00:54:30 | INDIVIDUAL |
| 564 | 768 | MARISA SERRA | F | 44 | | 00:55:46 | 00:55:07 | ANSELMINHOS |
| 565 | 1036 | JOSÉ PEDRO CLARO | M | 43 | | 00:55:47 | 00:55:14 | INDIVIDUAL |
| 566 | 761 | HUGO AUGUSTO | M | 19 | | 00:55:48 | 00:54:47 | UDFAC |
| 567 | 31 | GUILHERME VALENTE | M | 12 | | 00:55:48 | 00:55:38 | INDIVIDUAL |
| 568 | 30 | RAQUEL AFONSO | F | 42 | | 00:55:49 | 00:55:39 | INDIVIDUAL |
| 569 | 563 | FRANCISCO SILVA | M | 18 | | 00:55:49 | 00:55:31 | CASQUEIRO&SILVA |
| 570 | 881 | RUI V DIAS | M | 55 | | 00:55:50 | 00:55:39 | INDIVIDUAL |
| 571 | 32 | MIGUEL VALENTE | M | 44 | | 00:55:50 | 00:55:39 | INDIVIDUAL |
| 572 | 581 | NUNO A GONÇALVES | M | 45 | | 00:55:53 | 00:55:53 | AROEIRA |
| 573 | 828 | JOÃO S ALVES | M | 35 | | 00:55:54 | 00:54:50 | PAISDE3 RESPECT |
| 574 | 815 | GONÇALO E ALVES | M | 40 | | 00:55:54 | 00:54:51 | INDIVIDUAL |
| 575 | 1164 | ANA P LIMA | F | 36 | | 00:55:56 | 00:55:17 | OPTICALIA RUNNING TEAM |
| 576 | 970 | ISABEL LUIS | F | 41 | | 00:55:58 | 00:54:56 | CORRER PARA COMER |
| 577 | 743 | VILMA BENTO | F | 46 | | 00:56:01 | 00:55:23 | INDIVIDUAL |
| 578 | 904 | RODRIGO D FERNANDES | M | 17 | | 00:56:03 | 00:54:03 | INDIVIDUAL |
| 579 | 940 | JOAO ALMEIDA | M | 51 | | 00:56:04 | 00:55:00 | INDIVIDUAL |
| 580 | 906 | RITA RAMOS | F | 37 | | 00:56:05 | 00:53:48 | INDIVIDUAL |
| 581 | 202 | ALBERTO CANO | M | 62 | | 00:56:08 | 00:55:53 | CAA BELÉM |
| 582 | 1156 | JOANA PITA | F | 33 | | 00:56:10 | 00:55:23 | INDIVIDUAL |
| 583 | 440 | MANUEL DIOGO | M | 61 | | 00:56:11 | 00:55:27 | SALESIANOS FITNESS |
| 584 | 328 | JOÃO PAIXÃO | M | 64 | | 00:56:11 | 00:54:59 | CCD PM CASCAIS |
| 585 | 331 | SARA HENRIQUES | F | 42 | | 00:56:12 | 00:55:00 | CCD PM CASCAIS |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|------------------------|----|-----|-----|----------|------------|-----------------------|
| 586 | 656 | ANDREA P L A SOUSA | M | 45 | | 00:56:14 | 00:55:45 | OS TRÊS |
| 587 | 591 | ANTONIO L PEREIRA | M | 41 | | 00:56:15 | 00:55:02 | SRCD TESOUREIRA |
| 588 | 1073 | VÍTOR PEREIRA | M | 31 | | 00:56:17 | 00:55:27 | AVILA RUNNERS |
| 589 | 548 | RITA SOUSA | F | 15 | | 00:56:18 | 00:56:06 | INDIVIDUAL |
| 590 | 488 | TOMÁS SANTIAGO | M | 17 | | 00:56:18 | 00:56:10 | SALESIANOS FITNESS |
| 591 | 1121 | Mª TEREZA KNAPIC | F | 63 | | 00:56:20 | 00:56:14 | INDIVIDUAL |
| 592 | 232 | JOSÉ M A A SILVA | M | 48 | | 00:56:23 | 00:56:05 | INDIVIDUAL |
| 593 | 145 | JOÃO FERRO | M | 47 | | 00:56:23 | 00:55:35 | FAMILIA VERDIAL FERRO |
| 594 | 990 | FRÉDÉRIC VIDAL | M | 44 | | 00:56:25 | 00:55:41 | INDIVIDUAL |
| 595 | 449 | ANDREIA G ROMÃO | F | 31 | | 00:56:27 | 00:55:46 | AS GODINHO |
| 596 | 666 | FRANCISCO MAGALHÃES | M | 17 | | 00:56:28 | 00:56:28 | MAGALHAES |
| 597 | 69 | ANTÍMIO SOARES | M | 40 | | 00:56:28 | 00:55:37 | INDIVIDUAL |
| 598 | 351 | CATARINA I VARGES | F | 42 | | 00:56:30 | 00:56:03 | AA LEBRES SADO |
| 599 | 1057 | CELESTE ALVES | F | 56 | | 00:56:31 | 00:56:00 | INDIVIDUAL |
| 600 | 588 | GONÇALO S RODRIGUES | M | 17 | | 00:56:32 | 00:56:32 | INDIVIDUAL |
| 601 | 165 | MANUEL TAVARES | M | 19 | | 00:56:33 | 00:55:29 | GRANACAR |
| 602 | 179 | TÂNIA SALES | F | 39 | | 00:56:39 | 00:56:06 | INDIVIDUAL |
| 603 | 1271 | ATLETA NÃO CADASTRADO | M | 0 | | 00:56:42 | 00:56:10 | |
| 604 | 442 | VALERIA VAZ | F | 48 | | 00:56:43 | 00:56:23 | DELVAZ |
| 605 | 1094 | ANA R L MADEIRA | F | 38 | | 00:56:43 | 00:56:19 | INDIVIDUAL |
| 606 | 437 | ALFREDO TAVARES | M | 44 | | 00:56:45 | 00:55:29 | SALESIANOS FITNESS |
| 607 | 438 | FERNANDO CLAUDINO | M | 63 | | 00:56:45 | 00:55:29 | SALESIANOS FITNESS |
| 608 | 1149 | RODRIGO A M C G REIS | M | 42 | | 00:56:47 | 00:56:47 | INDIVIDUAL |
| 609 | 701 | NUNO TOMÁS | M | 41 | | 00:56:47 | 00:56:47 | INDIVIDUAL |
| 610 | 532 | NUNO GONÇALVES | M | 62 | | 00:56:48 | 00:56:45 | KEEP RUNNING |
| 611 | 110 | Mª MANUELA N GUERREIRO | F | 48 | | 00:56:50 | 00:55:54 | INDIVIDUAL |
| 612 | 518 | PAULO PAIXÃO | M | 55 | | 00:56:55 | 00:56:25 | INDIVIDUAL |
| 613 | 111 | SERGIO CATALAO | M | 46 | | 00:56:56 | 00:56:18 | CATALOES |
| 614 | 916 | LEONIA CEBAN | F | 51 | | 00:56:57 | 00:56:47 | INDIVIDUAL |
| 615 | 565 | INÊS RENTE | F | 29 | | 00:56:58 | 00:56:32 | TOA |
| 616 | 332 | TERESA SIMÕES | F | 42 | | 00:56:59 | 00:55:47 | CCD PM CASCAIS |
| 617 | 461 | FELIPE FARINHA | M | 39 | | 00:57:01 | 00:56:16 | PESKITOS |
| 618 | 453 | VÁLTER BAPTISTA | M | 23 | | 00:57:02 | 00:56:32 | FORTES ISEL |
| 619 | 456 | YANNICK PEDROSA | M | 23 | | 00:57:02 | 00:56:32 | FORTES ISEL |
| 620 | 454 | JOÃO SERRA | M | 23 | | 00:57:02 | 00:57:02 | FORTES ISEL |
| 621 | 97 | AFONSO SMS | M | 11 | | 00:57:04 | 00:56:52 | SMS |
| 622 | 1041 | BRUNO FERREIRA | M | 24 | | 00:57:04 | 00:56:26 | INDIVIDUAL |
| 623 | 982 | GONÇALO NUNES | M | 11 | | 00:57:06 | 00:56:22 | INDIVIDUAL |
| 624 | 1072 | CARLOS GONÇALVES | M | 35 | | 00:57:06 | 00:56:13 | AVILA RUNNERS |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------|----|-----|-----|----------|------------|--------------------------------------|
| 625 | 552 | PEDRO J G F VIEIRA | M | 30 | | 00:57:09 | 00:56:39 | INDIVIDUAL |
| 626 | 363 | Mª LUÍSA LEITÃO | F | 61 | | 00:57:11 | 00:56:56 | SALESIANOS FITNESS |
| 627 | 310 | PAULA SOARES | F | 47 | | 00:57:13 | 00:57:00 | FAMILIA SOARES |
| 628 | 57 | JOAQUIM PAULA | M | 44 | | 00:57:14 | 00:56:59 | INDIVIDUAL |
| 629 | 1043 | BRUNO D L SILVA | M | 14 | | 00:57:16 | 00:56:18 | BRUNEX |
| 630 | 1157 | JOÃO SILVA | M | 49 | | 00:57:16 | 00:56:01 | RUNSS |
| 631 | 942 | TIAGO ALMEIDA | M | 17 | | 00:57:17 | 00:56:16 | INDIVIDUAL |
| 632 | 919 | CAROLINA SILVA | F | 18 | | 00:57:19 | 00:56:14 | INDIVIDUAL |
| 633 | 134 | EVA LOURENZO | F | 35 | | 00:57:20 | 00:56:27 | 10K OR DECAY |
| 634 | 587 | JOSE DUARTE | M | 33 | | 00:57:20 | 00:56:49 | INDIVIDUAL |
| 635 | 659 | PATRÍCIA REIS | F | 22 | | 00:57:23 | 00:56:21 | INDIVIDUAL |
| 636 | 810 | MÁRIO J P FRIAS | M | 32 | | 00:57:24 | 00:56:06 | INDIVIDUAL |
| 637 | 278 | LEONEL FERREIRINHA | M | 67 | | 00:57:25 | 00:56:50 | C MILLENNIUM BCP |
| 638 | 247 | PEDRO MURCA | M | 49 | | 00:57:26 | 00:56:37 | C MILLENNIUM BCP |
| 639 | 920 | JOAO SILVA | M | 52 | | 00:57:26 | 00:56:21 | INDIVIDUAL |
| 640 | 798 | DAVID FRADINHO | M | 20 | | 00:57:26 | 00:56:31 | INDIVIDUAL |
| 641 | 817 | JOAO MARTINS | M | 43 | | 00:57:26 | 00:56:24 | INDIVIDUAL |
| 642 | 931 | JOÃO P CARVALHO | M | 57 | | 00:57:30 | 00:56:47 | INDIVIDUAL |
| 643 | 116 | JOSÉ PATINHA | M | 45 | | 00:57:35 | 00:56:37 | DANTAS & PATINHA |
| 644 | 115 | JOÃO C DANTAS | M | 52 | | 00:57:35 | 00:56:36 | DANTAS & PATINHA |
| 645 | 654 | CARLOS LAIGINHAS | M | 45 | | 00:57:37 | 00:57:33 | INDIVIDUAL |
| 646 | 646 | TOMAS R ANDRADE | M | 20 | | 00:57:37 | 00:56:30 | INDIVIDUAL |
| 647 | 21 | RITA LUÍS | F | 10 | | 00:57:37 | 00:56:36 | MLUIS |
| 648 | 20 | RICARDO LUÍS | M | 39 | | 00:57:38 | 00:56:37 | MLUIS |
| 649 | 48 | JOAQUIM A D CAPUCHO | M | 64 | | 00:57:39 | 00:57:08 | INDIVIDUAL |
| 650 | 427 | BEATRIZ P MARIZ | F | 19 | | 00:57:40 | 00:56:49 | INDIVIDUAL |
| 651 | 818 | SANDRA SANTOS | F | 38 | | 00:57:41 | 00:56:39 | INDIVIDUAL |
| 652 | 83 | CATARINA NOVAIS | F | 37 | | 00:57:43 | 00:57:17 | INDIVIDUAL |
| 653 | 1243 | ANA LEMOS | F | 41 | | 00:57:43 | 00:57:23 | INDIVIDUAL |
| 654 | 136 | PATRICIA LUZ | F | 38 | | 00:57:46 | 00:56:55 | 10K OR DECAY |
| 655 | 801 | PEDRO GOMES | M | 27 | | 00:57:47 | 00:57:29 | PEDRO GOMES SA |
| 656 | 981 | PEDRO NUNES | M | 42 | | 00:57:48 | 00:57:04 | INDIVIDUAL |
| 657 | 534 | SOFIA C OLIVEIRA | F | 22 | | 00:57:49 | 00:57:41 | OLIVEIRAS |
| 658 | 1161 | MIGUEL D OREY | M | 42 | | 00:57:50 | 00:57:03 | FAMÍLIA UVA |
| 659 | 1160 | BRUNO COSTA | M | 39 | | 00:57:51 | 00:57:36 | ED MEDEIRO, LDA - AR CONDICIONADO |
| 660 | 642 | MILENE VIEGAS | F | 39 | | 00:57:53 | 00:57:53 | INDIVIDUAL |
| 661 | 641 | ANTÓNIO VIEGAS | M | 47 | | 00:57:53 | 00:57:12 | INDIVIDUAL |
| 662 | 543 | DIOGO CUNHA | M | 46 | | 00:57:59 | 00:57:59 | INDIVIDUAL |
| 663 | 1006 | ALBERTO RAMIRES | M | 61 | | 00:58:00 | 00:57:33 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|-----------------------------|
| 664 | 503 | FERNANDO J PINA | M | 43 | | 00:58:00 | 00:57:16 | INDIVIDUAL |
| 665 | 27 | TERESA CHAVES | F | 44 | | 00:58:01 | 00:57:13 | CHAVES-VAZ |
| 666 | 309 | JOÃO MEDEIROS | M | 49 | | 00:58:02 | 00:57:13 | INDIVIDUAL |
| 667 | 582 | SÓNIA A GONÇALVES | F | 43 | | 00:58:02 | 00:57:44 | AROEIRA |
| 668 | 924 | RAFAELA SOBREIRO | F | 28 | | 00:58:03 | 00:56:57 | INDIVIDUAL |
| 669 | 804 | PAULO MARQUES | M | 30 | | 00:58:07 | 00:57:39 | INDIVIDUAL |
| 670 | 925 | LARA VALENTE | F | 34 | | 00:58:07 | 00:57:34 | INDIVIDUAL |
| 671 | 1045 | CLARA TABUADA | F | 36 | | 00:58:07 | 00:57:13 | INDIVIDUAL |
| 672 | 1044 | ERCILIO TABUADA | M | 39 | | 00:58:08 | 00:57:15 | INDIVIDUAL |
| 673 | 831 | PEDRO M S LOURENÇO | M | 17 | | 00:58:11 | 00:57:18 | RUN4EVER |
| 674 | 923 | PEDRO VENTURA | M | 39 | | 00:58:13 | 00:57:07 | INDIVIDUAL |
| 675 | 353 | ALFREDO FALCAO | M | 50 | | 00:58:13 | 00:58:01 | RUN 4 FUN |
| 676 | 732 | PEDRO LAGOAS | M | 14 | | 00:58:14 | 00:57:35 | INDIVIDUAL |
| 677 | 814 | JOSÉ FERRO | M | 64 | | 00:58:15 | 00:57:26 | INDIVIDUAL |
| 678 | 989 | GUYA ACCORNERO | F | 39 | | 00:58:16 | 00:57:33 | INDIVIDUAL |
| 679 | 356 | LUCÍLIA CASANOVA | F | 60 | | 00:58:19 | 00:58:03 | SALESIANOS FITNESS |
| 680 | 1258 | ANTONIO BELTRAO | M | 18 | | 00:58:19 | 00:58:09 | INDIVIDUAL |
| 681 | 729 | FRANCISCO CANHOTO | M | 34 | | 00:58:20 | 00:57:47 | GRILOS TEAM |
| 682 | 780 | HELDER B PEREIRA | M | 50 | | 00:58:23 | 00:57:23 | INDIVIDUAL |
| 683 | 377 | MIGUEL PEDRO | M | 31 | | 00:58:25 | 00:58:00 | INDIVIDUAL |
| 684 | 1078 | PEDRO LOPES | M | 13 | | 00:58:30 | 00:57:50 | INDIVIDUAL |
| 685 | 1238 | SONIA M A SILVA | F | 38 | | 00:58:34 | 00:58:12 | AUDAZES |
| 686 | 917 | RENATO JÚNIOR | M | 34 | | 00:58:36 | 00:58:36 | GD PERNAS PARA QUE TE QUERO |
| 687 | 899 | GONÇALO FLORINDO | M | 39 | | 00:58:36 | 00:58:01 | FLECHAS |
| 688 | 1259 | MARTA ALBUQUERQUE | F | 41 | | 00:58:38 | 00:58:28 | INDIVIDUAL |
| 689 | 191 | HUGO A G R GATO | M | 41 | | 00:58:40 | 00:58:30 | INDIVIDUAL |
| 690 | 783 | SUSANA TRAVANCA | F | 42 | | 00:58:42 | 00:58:03 | ANSELMINHOS |
| 691 | 932 | ANTÓNIO J MONTEIRO | M | 57 | | 00:58:43 | 00:58:00 | INDIVIDUAL |
| 692 | 1106 | PATRÍCIA I M LUÍS | F | 31 | | 00:58:43 | 00:58:21 | INDIVIDUAL |
| 693 | 132 | ÁLVARO GONÇALVES | M | 45 | | 00:58:44 | 00:58:02 | GONÇALVES |
| 694 | 778 | JOAO S HOLSTEIN | M | 53 | | 00:58:48 | 00:58:26 | INDIVIDUAL |
| 695 | 702 | MARISA GONCALVES | F | 39 | | 00:58:50 | 00:58:45 | OS GALGOS |
| 696 | 622 | CATARINA NICHÓ | F | 49 | | 00:58:50 | 00:58:43 | OS GALGOS |
| 697 | 457 | JOÃO M P P GONÇALVES | M | 46 | | 00:58:53 | 00:58:38 | INDIVIDUAL |
| 698 | 937 | ANTONIO SANTOS | M | 58 | | 00:59:01 | 00:58:15 | INDIVIDUAL |
| 699 | 568 | TIAGO PAIVA | M | 27 | | 00:59:04 | 00:58:38 | TOA |
| 700 | 1136 | MARTA FIGUEIREDO | F | 26 | | 00:59:05 | 00:57:48 | A MEIA ESTÁ AÍ |
| 701 | 1054 | CESAR A T GOMES | M | 41 | | 00:59:07 | 00:58:38 | INDIVIDUAL |
| 702 | 1055 | CATARINA A R GOMES | F | 41 | | 00:59:07 | 00:58:38 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|----------------------|----|-----|-----|----------|------------|-------------------------|
| 703 | 502 | VICENTE CARDIGOS | M | 10 | | 00:59:08 | 00:59:03 | EQUIPA FAMÍLIA CARDIGOS |
| 704 | 938 | HELENA LOPES | F | 50 | | 00:59:09 | 00:59:09 | INDIVIDUAL |
| 705 | 340 | TERESA S TUPHOLME | F | 44 | | 00:59:10 | 00:58:57 | MIGHTYMATILDA |
| 706 | 1131 | ALEXANDRE BRANCO | M | 45 | | 00:59:16 | 00:58:41 | BRANCOS IN ACTION |
| 707 | 1132 | FRANCISCO BRANCO | M | 15 | | 00:59:16 | 00:58:41 | BRANCOS IN ACTION |
| 708 | 210 | PAULA ALVES | F | 45 | | 00:59:22 | 00:59:19 | INDIVIDUAL |
| 709 | 1038 | SANDRA G SANTOS | F | 37 | | 00:59:23 | 00:58:22 | INDIVIDUAL |
| 710 | 672 | ANA ISA FIGUEIRA | F | 32 | | 00:59:25 | 00:58:19 | CALZONI |
| 711 | 1246 | GONÇALO LOPES | M | 38 | | 00:59:26 | 00:58:50 | INDIVIDUAL |
| 712 | 446 | BERNARDO LOPES | M | 35 | | 00:59:27 | 00:58:51 | SALESIANOS FITNESS |
| 713 | 872 | SEBASTIAO BELTRAO | M | 44 | | 00:59:29 | 00:59:17 | BELTRAO |
| 714 | 689 | MARGARIDA MOURÃO | M | 55 | | 00:59:30 | 00:58:23 | INDIVIDUAL |
| 715 | 1143 | RUI PINTO | M | 51 | | 00:59:30 | 00:58:31 | INDIVIDUAL |
| 716 | 671 | ANDREA PELIZZARI | M | 45 | | 00:59:30 | 00:58:24 | CALZONI |
| 717 | 1039 | NUNO FRAGOSO | M | 40 | | 00:59:33 | 00:58:19 | INDIVIDUAL |
| 718 | 841 | ANA P JESUINO | F | 33 | | 00:59:40 | 00:58:50 | MONSTROS BOLACHAS |
| 719 | 1009 | JORGE S FERREIRA | M | 37 | | 00:59:44 | 00:59:44 | NENUCOS |
| 720 | 1008 | ANA M CUNHA | F | 38 | | 00:59:44 | 00:58:43 | NENUCOS |
| 721 | 346 | VERÁ CARNEIRO | F | 35 | | 00:59:46 | 00:58:55 | VENTO |
| 722 | 297 | NUNO SANTOS | M | 28 | | 00:59:49 | 00:59:30 | C MILLENNIUM BCP |
| 723 | 886 | SARA GONÇALVES | F | 25 | | 00:59:52 | 00:58:58 | OUTSYSTEMS |
| 724 | 164 | BERNARDO TAVARES | M | 21 | | 00:59:53 | 00:58:49 | GRANACAR |
| 725 | 627 | LUIS DOMINGUES | M | 34 | | 00:59:55 | 00:58:48 | HEITOR DOMINGUES |
| 726 | 214 | TERESA MARTINS | F | 56 | | 00:59:59 | 00:59:28 | INDIVIDUAL |
| 727 | 1093 | CECILIA PARDAL | F | 41 | | 01:00:01 | 00:58:55 | PARDAIS |
| 728 | 494 | MANUEL D ROSAS | M | 44 | | 01:00:01 | 00:58:46 | DIAS |
| 729 | 720 | MAGDA LEITÃO | F | 45 | | 01:00:02 | 00:59:49 | NOS RUNNERS |
| 730 | 1092 | MIGUEL PARDAL | M | 49 | | 01:00:02 | 01:00:02 | PARDAIS |
| 731 | 758 | PAULO SÁ | M | 45 | | 01:00:04 | 00:59:08 | UDFAC |
| 732 | 1014 | CARLOS M O GUERREIRO | M | 57 | | 01:00:04 | 01:00:02 | INDIVIDUAL |
| 733 | 823 | JOANA BARATA | F | 32 | | 01:00:08 | 00:59:01 | INDIVIDUAL |
| 734 | 797 | JOSE C SANTOS | M | 41 | | 01:00:11 | 00:58:56 | INDIVIDUAL |
| 735 | 1274 | RICARDO BRANCO | M | 43 | | 01:00:11 | 00:58:55 | INDIVIDUAL |
| 736 | 1013 | HUGO FERREIRA | M | 37 | | 01:00:11 | 00:59:30 | INDIVIDUAL |
| 737 | 959 | CARLOS OLIVEIRA | M | 45 | | 01:00:11 | 00:59:07 | FOX TERRIER |
| 738 | 954 | ANTÓNIO L M GOMES | M | 40 | | 01:00:14 | 00:59:03 | INDIVIDUAL |
| 739 | 871 | PEDRO MANO | M | 41 | | 01:00:15 | 00:59:42 | INDIVIDUAL |
| 740 | 1253 | HERNE CHABOSSEAU | M | 43 | | 01:00:17 | 00:59:34 | INDIVIDUAL |
| 741 | 1099 | NUNO J ANDRADE | M | 41 | | 01:00:17 | 00:59:34 | REMECHIDOS |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|---------------------|
| 742 | 75 | SANDRA S S RIBEIRO | F | 39 | | 01:00:18 | 00:59:22 | INDIVIDUAL |
| 743 | 207 | HUGO F P RIBEIRO | M | 35 | | 01:00:19 | 00:59:24 | MANIQUE POWER |
| 744 | 451 | EDGAR A T CARDEAL | M | 33 | | 01:00:19 | 00:59:58 | INDIVIDUAL |
| 745 | 786 | RUI M F ALDEANO | M | 33 | | 01:00:19 | 00:59:45 | INDIVIDUAL |
| 746 | 400 | FERNANDO M C AFONSO | M | 48 | | 01:00:20 | 00:59:29 | NEVES AFONSO |
| 747 | 1027 | RITA PEDROSO | F | 29 | | 01:00:28 | 00:59:54 | OS AMIGOS DA KIKA |
| 748 | 301 | ALEXANDRE MOITA | M | 42 | | 01:00:28 | 00:59:34 | C MILLENNIUM BCP |
| 749 | 362 | JORGE NETO | M | 49 | | 01:00:30 | 00:59:50 | SALESIANOS FITNESS |
| 750 | 670 | MARCOS S RIBEIRO | M | 45 | | 01:00:31 | 01:00:17 | INDIVIDUAL |
| 751 | 372 | ANA BRAZ | F | 49 | | 01:00:33 | 00:59:57 | OSJ |
| 752 | 347 | PEDRO M COELHO | M | 38 | | 01:00:34 | 01:00:15 | INDIVIDUAL |
| 753 | 722 | RAFAEL JORGE | M | 18 | | 01:00:39 | 01:00:12 | EQUIPA SANTIAGO |
| 754 | 307 | CARLOS CASINHAS | M | 31 | | 01:00:39 | 01:00:24 | INDIVIDUAL |
| 755 | 106 | TIAGO ALVES | M | 29 | | 01:00:40 | 00:59:46 | INDIVIDUAL |
| 756 | 431 | PEDRO PAIXÃO | M | 30 | | 01:00:41 | 00:59:22 | OS NERDS DA TABUADA |
| 757 | 1029 | INÊS BRANCO | F | 29 | | 01:00:42 | 01:00:42 | OS AMIGOS DA KIKA |
| 758 | 594 | MIGUEL FREIRE | M | 35 | | 01:00:44 | 01:00:44 | INDIVIDUAL |
| 759 | 190 | TIAGO S GARCIA | M | 35 | | 01:00:45 | 00:59:57 | INDIVIDUAL |
| 760 | 322 | INÊS LEMOS | F | 29 | | 01:00:45 | 01:00:38 | ALL TOGETHER NOW |
| 761 | 675 | ANCA SANTOS | F | 31 | | 01:00:46 | 01:00:30 | CORRER ALGÉS |
| 762 | 674 | EUGÉNIO SANTOS | M | 50 | | 01:00:46 | 01:00:30 | CORRER ALGÉS |
| 763 | 597 | FÁBIO BORSORF | M | 11 | | 01:00:48 | 00:59:16 | INDIVIDUAL |
| 764 | 93 | BENEDITA TAVARES | F | 38 | | 01:00:49 | 00:59:57 | RUN4BEER |
| 765 | 253 | ANTONIO SOUSA | M | 69 | | 01:00:50 | 01:00:26 | C MILLENNIUM BCP |
| 766 | 509 | ANA A R PINTO | F | 18 | | 01:00:50 | 00:59:47 | FEBRAS |
| 767 | 629 | ROSÁRIO DUARTE | F | 45 | | 01:00:51 | 01:00:28 | INDIVIDUAL |
| 768 | 1050 | Mª JOÃO F F SILVA | F | 54 | | 01:00:53 | 00:59:58 | INDIVIDUAL |
| 769 | 1267 | ANDRE GORJAO | M | 42 | | 01:00:54 | 00:59:44 | INDIVIDUAL |
| 770 | 524 | CAROLINA V C DELGADO | F | 38 | | 01:00:57 | 01:00:44 | 1000 K POR ANO |
| 771 | 610 | MARIA INES VAZ | F | 16 | | 01:00:58 | 01:00:58 | INDIVIDUAL |
| 772 | 838 | Mª JOÃO T COSTA | F | 49 | | 01:01:04 | 01:00:20 | INDIVIDUAL |
| 773 | 1227 | DIANA R NUNES | F | 33 | | 01:01:05 | 01:00:08 | INDIVIDUAL |
| 774 | 269 | JOSE ROCHA | M | 48 | | 01:01:05 | 01:00:07 | C MILLENNIUM BCP |
| 775 | 255 | LUIS CAMPOS | M | 47 | | 01:01:06 | 01:00:09 | C MILLENNIUM BCP |
| 776 | 811 | FLÁVIO SILVA | M | 30 | | 01:01:06 | 01:00:11 | INDIVIDUAL |
| 777 | 1035 | ANTONIO BRANCO | M | 39 | | 01:01:09 | 01:00:03 | INDIVIDUAL |
| 778 | 1273 | ATLETA NÃO CADASTRADO | M | 0 | | 01:01:12 | 00:59:54 | |
| 779 | 261 | ALEXANDRA ANICETO | F | 40 | | 01:01:13 | 00:59:58 | C MILLENNIUM BCP |
| 780 | 752 | PEDRO LASCASAS | M | 35 | | 01:01:14 | 01:00:14 | CALINAS |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|--------------------|
| 781 | 753 | AUGUSTO OLIVEIRA | M | 35 | | 01:01:14 | 01:01:14 | CALINAS |
| 782 | 1042 | VITOR D SILVA | M | 43 | | 01:01:15 | 01:00:16 | BRUNEX |
| 783 | 590 | NELSON FERNANDES | M | 42 | | 01:01:18 | 01:00:07 | SRCD TESOUREIRA |
| 784 | 303 | CRISTINA LOURENÇO | F | 51 | | 01:01:19 | 01:01:03 | LOURENÇOS |
| 785 | 1079 | MÁRCIA GASPAR | F | 39 | | 01:01:31 | 01:01:04 | INDIVIDUAL |
| 786 | 739 | ALINE SANTOS | F | 34 | | 01:01:33 | 01:00:35 | INDIVIDUAL |
| 787 | 691 | ANA ALMEIDA | F | 32 | | 01:01:33 | 01:00:34 | INDIVIDUAL |
| 788 | 707 | JOÃO LEITE | M | 35 | | 01:01:38 | 01:00:50 | RIBEIRO LEITE |
| 789 | 683 | CARLOS VIEGAS | M | 57 | | 01:01:39 | 01:01:09 | GDCT UNICRE |
| 790 | 639 | LILIANA C S OLIVEIRA | F | 26 | | 01:01:40 | 01:01:31 | INDIVIDUAL |
| 791 | 1049 | PAULO J D SILVA | M | 56 | | 01:01:43 | 01:00:49 | INDIVIDUAL |
| 792 | 383 | ANABELA M PINTO | F | 53 | | 01:01:46 | 01:01:26 | INDIVIDUAL |
| 793 | 396 | Mª ISILDA R D J COSTA | F | 70 | | 01:01:46 | 01:01:24 | INDIVIDUAL |
| 794 | 731 | JOÃO LAGOAS | M | 44 | | 01:01:48 | 01:01:20 | INDIVIDUAL |
| 795 | 985 | BRUNO GONÇALVES | M | 39 | | 01:01:49 | 01:01:49 | INDIVIDUAL |
| 796 | 5000 | ATLETA NÃO CADASTRADO | M | 0 | | 01:01:50 | 01:01:50 | |
| 797 | 547 | MADALENA SOUSA | F | 46 | | 01:01:50 | 01:01:36 | INDIVIDUAL |
| 798 | 1090 | HELENA NUNES | F | 44 | | 01:01:51 | 01:01:12 | INDIVIDUAL |
| 799 | 1096 | ANA MAIA | F | 39 | | 01:01:53 | 01:00:47 | INDIVIDUAL |
| 800 | 1104 | SALMA TAVARES | F | 22 | | 01:01:53 | 01:00:39 | SALESIANOS FITNESS |
| 801 | 599 | ANDREIA COSTA | F | 35 | | 01:01:56 | 01:01:32 | M&B |
| 802 | 1194 | ELISABETE VIDAL | F | 41 | | 01:01:58 | 01:01:11 | INDIVIDUAL |
| 803 | 1193 | JOÃO FARINHA | M | 38 | | 01:01:58 | 01:01:11 | INDIVIDUAL |
| 804 | 1191 | SANDRA SILVA | F | 44 | | 01:02:03 | 01:01:27 | INDIVIDUAL |
| 805 | 546 | JOÃO SOUSA | M | 45 | | 01:02:03 | 01:01:51 | INDIVIDUAL |
| 806 | 972 | CARLOS CHANÇA | M | 41 | | 01:02:03 | 01:00:53 | EGG BITE |
| 807 | 1190 | ALTINO SILVA | M | 71 | | 01:02:03 | 01:01:28 | INDIVIDUAL |
| 808 | 973 | DORA SOUSA | F | 36 | | 01:02:03 | 01:00:53 | EGG BITE |
| 809 | 1124 | JOSÉ ROBALO | M | 61 | | 01:02:08 | 01:02:08 | INDIVIDUAL |
| 810 | 476 | ANDRÉ PINTO | M | 12 | | 01:02:09 | 01:01:32 | INDIVIDUAL |
| 811 | 138 | FILIPA VALENTE | F | 40 | | 01:02:10 | 01:01:46 | INDIVIDUAL |
| 812 | 475 | MARGARIDA PALMA | F | 35 | | 01:02:10 | 01:01:32 | INDIVIDUAL |
| 813 | 155 | Mª ALEXANDRA MARTINS | F | 43 | | 01:02:17 | 01:01:52 | INDIVIDUAL |
| 814 | 723 | IVANA SCHNEIDER | F | 33 | | 01:02:17 | 01:01:04 | INDIVIDUAL |
| 815 | 313 | CATARINA NOBRE | F | 22 | | 01:02:19 | 01:01:58 | ROGERS TEAM |
| 816 | 1147 | TERESA S M MESQUITA | F | 34 | | 01:02:20 | 01:01:09 | INDIVIDUAL |
| 817 | 824 | PATRÍCIA PEREIRA | F | 33 | | 01:02:28 | 01:01:47 | INDIVIDUAL |
| 818 | 825 | MARTA S S G CAETANO | F | 32 | | 01:02:29 | 01:01:48 | INDIVIDUAL |
| 819 | 419 | ISABEL M MATEUS | F | 44 | | 01:02:33 | 01:01:40 | MATALHAS |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|--------------------------|
| 820 | 418 | JOÃO M MATEUS | M | 47 | | 01:02:33 | 01:01:41 | MATALHAS |
| 821 | 625 | PEDRO FONSECA | M | 43 | | 01:02:35 | 01:01:27 | APESSA |
| 822 | 522 | LUÍS C NUNES | M | 45 | | 01:02:38 | 01:02:31 | INDIVIDUAL |
| 823 | 54 | MARISA A E BATISTA | F | 29 | | 01:02:39 | 01:01:48 | INDIVIDUAL |
| 824 | 516 | LÚCIA INÊS | F | 36 | | 01:02:43 | 01:01:37 | FÚRIA DA NOITE |
| 825 | 254 | BERNARDO PARAIBA | M | 61 | | 01:02:43 | 01:02:22 | C MILLENNIUM BCP |
| 826 | 1088 | EDUARDO MIGLIORELLI | M | 37 | | 01:02:49 | 01:02:41 | INDIVIDUAL |
| 827 | 579 | PATRICIA TRIGO | F | 44 | | 01:02:51 | 01:01:45 | INDIVIDUAL |
| 828 | 293 | NUNO ANJOS | M | 49 | | 01:02:56 | 01:02:10 | C MILLENNIUM BCP |
| 829 | 283 | JOSE LOURENÇO | M | 47 | | 01:02:56 | 01:02:06 | C MILLENNIUM BCP |
| 830 | 290 | JOSE O | M | 57 | | 01:02:57 | 01:02:35 | C MILLENNIUM BCP |
| 831 | 1020 | LUÍS FIGUEIREDO | M | 53 | | 01:02:59 | 01:01:49 | INDIVIDUAL |
| 832 | 661 | IOLANDA MONTEIRO | F | 37 | | 01:03:04 | 01:01:49 | INDIVIDUAL |
| 833 | 1103 | FILIPA LEITÃO | F | 41 | | 01:03:10 | 01:02:55 | INDIVIDUAL |
| 834 | 802 | ALEXANDRA MACHADO | F | 25 | | 01:03:10 | 01:02:39 | INDIVIDUAL |
| 835 | 1234 | INES REIS | F | 34 | | 01:03:11 | 01:02:37 | INDIVIDUAL |
| 836 | 1052 | JOANNA PARAIZO | F | 29 | | 01:03:11 | 01:02:59 | INDIVIDUAL |
| 837 | 728 | NUNO GRILO | M | 28 | | 01:03:12 | 01:02:38 | GRILOS TEAM |
| 838 | 978 | RITA CRUZ | F | 36 | | 01:03:14 | 01:02:12 | INDIVIDUAL |
| 839 | 284 | PEDRO DUARTE | M | 47 | | 01:03:15 | 01:02:26 | C MILLENNIUM BCP |
| 840 | 1229 | FRANCISCO J A JORGE | M | 47 | | 01:03:27 | 01:02:55 | INDIVIDUAL |
| 841 | 897 | MARINHA BAPTISTA | F | 50 | | 01:03:28 | 01:03:28 | CL STA MARIA LAMAS |
| 842 | 178 | HELDER MARCOS | M | 49 | | 01:03:28 | 01:03:17 | SALESIANOS ESTORIL |
| 843 | 237 | FERNANDO FERREIRA | M | 69 | | 01:03:29 | 01:03:20 | C MILLENNIUM BCP |
| 844 | 1146 | CATARINA A B DIOGO | F | 26 | | 01:03:36 | 01:03:36 | SALESIANOS FITNESS |
| 845 | 1142 | SOFIA HORTA | F | 31 | | 01:03:36 | 01:01:21 | OS HORTAS |
| 846 | 1185 | JOAO C SECO | M | 45 | | 01:03:38 | 01:02:44 | WEVENTUAL |
| 847 | 44 | JOHNNY THOMASSEN | M | 55 | | 01:03:39 | 01:03:02 | INDIVIDUAL |
| 848 | 975 | NUNO MARQUES | M | 45 | | 01:03:43 | 01:02:44 | SEMPRE EM FESTA |
| 849 | 1017 | TERESA DÂMASO | F | 40 | | 01:03:47 | 01:03:33 | SANTOS |
| 850 | 271 | TELMA CARVALHEIRA | F | 36 | | 01:03:52 | 01:03:00 | C MILLENNIUM BCP |
| 851 | 508 | LUIS M S PEREIRA | M | 21 | | 01:03:54 | 01:02:51 | FEBRAS |
| 852 | 505 | CARLA C L M FERNANDES | F | 44 | | 01:03:55 | 01:02:54 | FEBRAS |
| 853 | 530 | MÁRIO ROGADO | M | 36 | | 01:03:57 | 01:02:50 | OS LEVEZINHOS RUN |
| 854 | 700 | SOFIA TOMÁS | F | 41 | | 01:03:58 | 01:03:08 | INDIVIDUAL |
| 855 | 154 | MIGUEL CORINO | M | 45 | | 01:04:01 | 01:03:33 | SLOWER SNAILS |
| 856 | 1115 | HELGA CABRAL | F | 37 | | 01:04:01 | 01:02:57 | GUERRILHEIROS DO FITNESS |
| 857 | 1117 | SUSANA CUNHA | F | 37 | | 01:04:01 | 01:02:58 | GUERRILHEIROS DO FITNESS |
| 858 | 586 | PEDRO S PINTO | M | 44 | | 01:04:04 | 01:02:53 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------------|----|-----|-----|----------|------------|-----------------------------|
| 859 | 956 | LEONOR FALCAO | F | 13 | | 01:04:05 | 01:03:54 | RUN 4 FUN |
| 860 | 585 | CARLA ANDRADE | F | 43 | | 01:04:06 | 01:02:54 | INDIVIDUAL |
| 861 | 623 | ARTUR J B GASPAR | M | 35 | | 01:04:07 | 01:03:57 | CUT AND RUN |
| 862 | 137 | PAULO GARCÊS | M | 38 | | 01:04:10 | 01:04:07 | INDIVIDUAL |
| 863 | 819 | SAMUEL JOAQUIM | M | 62 | | 01:04:18 | 01:03:27 | INDIVIDUAL |
| 864 | 1137 | JOANA PINHAL | F | 29 | | 01:04:19 | 01:03:02 | A MEIA ESTÁ AÍ |
| 865 | 1128 | JOANA T EREIO | F | 31 | | 01:04:21 | 01:03:03 | INDIVIDUAL |
| 866 | 226 | SÉRGIO PROENÇA | M | 38 | | 01:04:22 | 01:03:33 | UM POR TODOS E TODOS POR UM |
| 867 | 684 | ISABEL BRANCO | F | 49 | | 01:04:24 | 01:03:56 | GDCT UNICRE |
| 868 | 1230 | MIGUEL BELO | M | 58 | | 01:04:24 | 01:04:24 | OS ECONÓMICOS |
| 869 | 777 | Mª ALMUDENA G M BERCERO | F | 51 | | 01:04:30 | 01:04:08 | INDIVIDUAL |
| 870 | 961 | PEDRO M SILVA | M | 44 | | 01:04:30 | 01:02:22 | INDIVIDUAL |
| 871 | 223 | TERESA CUNHA | F | 45 | | 01:04:35 | 01:04:35 | INDIVIDUAL |
| 872 | 140 | JOAO ALVES | M | 48 | | 01:04:37 | 01:03:55 | INDIVIDUAL |
| 873 | 128 | Mª EMILIA S A CARVALHO | F | 56 | | 01:04:37 | 01:03:55 | INDIVIDUAL |
| 874 | 614 | PAULO CABRAL | M | 41 | | 01:04:43 | 01:03:38 | CLUBE ROBBIALAC |
| 875 | 1031 | CRISTINA MARTINS | F | 54 | | 01:04:49 | 01:03:54 | INDIVIDUAL |
| 876 | 853 | FILIPA M G S B MARTINS | F | 49 | | 01:04:56 | 01:03:54 | INDIVIDUAL |
| 877 | 517 | CATARINA REBELO | F | 38 | | 01:04:58 | 01:03:54 | FÚRIA DA NOITE |
| 878 | 859 | ROSÁRIO CUNHA | F | 43 | | 01:05:00 | 01:04:27 | AMIGOSDACORRIDA.COM |
| 879 | 606 | FRANCISCO CUNHA | M | 44 | | 01:05:00 | 01:04:27 | AMIGOSDACORRIDA.COM |
| 880 | 769 | RITA ALVES | F | 42 | | 01:05:08 | 01:04:30 | ANSELMINHOS |
| 881 | 992 | JOÃO F MOREIRA | M | 31 | | 01:05:12 | 01:05:12 | TEAM FUSO |
| 882 | 1196 | RITA NANDIN | F | 34 | | 01:05:13 | 01:04:14 | INDIVIDUAL |
| 883 | 1168 | PAULO GOMES | M | 51 | | 01:05:16 | 01:05:01 | INDIVIDUAL |
| 884 | 708 | JOANA RIBEIRO | F | 34 | | 01:05:17 | 01:04:32 | RIBEIRO LEITE |
| 885 | 968 | MARIA CAMPILHO | F | 44 | | 01:05:19 | 01:04:32 | AREIA |
| 886 | 967 | MARTA P LEITE | F | 45 | | 01:05:19 | 01:04:31 | AREIA |
| 887 | 1181 | PEDRO SIZA | M | 51 | | 01:05:20 | 01:04:40 | EQUIPA DO MANEL |
| 888 | 1268 | JOAO PIAS | M | 38 | | 01:05:21 | 01:04:12 | INDIVIDUAL |
| 889 | 460 | CARLOS VERGUEIRO | M | 35 | | 01:05:22 | 01:04:37 | PESKITOS |
| 890 | 1120 | BRUNO A P ARCANJO | M | 32 | | 01:05:26 | 01:04:54 | ARCANJO |
| 891 | 1212 | RODRIGO S ALVES | M | 37 | | 01:05:36 | 01:04:51 | ALVES |
| 892 | 615 | CARMEN CABRAL | F | 42 | | 01:05:42 | 01:05:42 | CLUBE ROBBIALAC |
| 893 | 92 | ANTONIO TAVARES | M | 41 | | 01:05:43 | 01:04:50 | RUN4BEER |
| 894 | 557 | PEDRO S EMAUZ | M | 16 | | 01:05:43 | 01:05:12 | INDIVIDUAL |
| 895 | 556 | Mª SILVA PINTO | F | 17 | | 01:05:43 | 01:05:12 | INDIVIDUAL |
| 896 | 833 | Mª JOÃO ABREU | F | 44 | | 01:05:49 | 01:05:26 | INDIVIDUAL |
| 897 | 1034 | JOANA FRÓIS | F | 31 | | 01:05:51 | 01:05:44 | INDIVIDUAL |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-------------------|----|-----|-----|----------|------------|-----------------------------|
| 898 | 647 | MARTIM R ANDRADE | M | 19 | | 01:05:52 | 01:04:44 | INDIVIDUAL |
| 899 | 645 | PAULO R ANDRADE | M | 44 | | 01:05:53 | 01:04:46 | INDIVIDUAL |
| 900 | 450 | ANA GODINHO | F | 45 | | 01:05:53 | 01:05:11 | AS GODINHO |
| 901 | 1114 | VÂNIA S VALENTIM | F | 31 | | 01:05:54 | 01:05:32 | INDIVIDUAL |
| 902 | 526 | BÁRBARA SARDINHA | F | 45 | | 01:05:54 | 01:04:53 | SARDINHAS NA BRASA! |
| 903 | 986 | RITA GONÇALVES | F | 39 | | 01:06:00 | 01:05:36 | INDIVIDUAL |
| 904 | 1100 | RUI FIGUEIREDO | M | 47 | | 01:06:00 | 01:05:34 | TEAM MEM-MARTINS |
| 905 | 673 | SUSANA P SILVA | F | 39 | | 01:06:00 | 01:05:32 | INDIVIDUAL |
| 906 | 1125 | MYRLEI BRANCO | F | 47 | | 01:06:01 | 01:05:04 | INDIVIDUAL |
| 907 | 300 | PATRICIA DINIS | F | 47 | | 01:06:07 | 01:05:52 | C MILLENNIUM BCP |
| 908 | 299 | JOAO SEBORRO | M | 49 | | 01:06:07 | 01:05:51 | C MILLENNIUM BCP |
| 909 | 567 | RITA SILVA | F | 29 | | 01:06:11 | 01:05:45 | TOA |
| 910 | 1074 | FERNANDA RAMOS | F | 45 | | 01:06:18 | 01:05:28 | AVILA RUNNERS |
| 911 | 359 | CARLA RODRIGUES | F | 34 | | 01:06:21 | 01:05:41 | SALESIANOS FITNESS |
| 912 | 915 | CARLOS GARCIA | M | 33 | | 01:06:24 | 01:06:24 | GD PERNAS PARA QUE TE QUERO |
| 913 | 263 | ACACIO LOPES | M | 48 | | 01:06:24 | 01:05:13 | C MILLENNIUM BCP |
| 914 | 249 | DULCE RAMOS | F | 46 | | 01:06:24 | 01:06:24 | C MILLENNIUM BCP |
| 915 | 775 | RITA JERÓNIMO | F | 44 | | 01:06:25 | 01:05:20 | INDIVIDUAL |
| 916 | 491 | RITA ANDRADE | F | 27 | | 01:06:26 | 01:05:34 | EDP RUNNERS |
| 917 | 549 | NIDIA SILVA | F | 60 | | 01:06:28 | 01:05:29 | INDIVIDUAL |
| 918 | 528 | ANABELA SALAZAR | F | 44 | | 01:06:38 | 01:06:03 | FAMÍLIA SALAZAR |
| 919 | 699 | FILIPA MARTINS | F | 33 | | 01:06:54 | 01:06:19 | INDIVIDUAL |
| 920 | 408 | FILIPA AMEIXINHA | F | 33 | | 01:07:10 | 01:06:40 | INDIVIDUAL |
| 921 | 410 | JOÃO FERREIRA | M | 40 | | 01:07:20 | 01:06:51 | INDIVIDUAL |
| 922 | 441 | JOANA DIOGO | F | 33 | | 01:07:23 | 01:06:39 | SALESIANOS FITNESS |
| 923 | 98 | TERESA SMS | F | 9 | | 01:07:24 | 01:07:13 | SMS |
| 924 | 1257 | ISABEL SEQUEIRA | F | 51 | | 01:07:27 | 01:07:09 | O MUNDA DA CORRIDA |
| 925 | 1256 | CARLOS P COELHO | M | 54 | | 01:07:28 | 01:07:09 | O MUNDO DA CORRIDA |
| 926 | 1080 | PEDRO SALDANHA | M | 41 | | 01:07:29 | 01:06:38 | AVILA RUNNERS |
| 927 | 805 | ELISABETA BELBASZ | F | 25 | | 01:07:33 | 01:06:42 | INDIVIDUAL |
| 928 | 428 | ANA PEREIRA | F | 40 | | 01:07:38 | 01:07:02 | INDIVIDUAL |
| 929 | 96 | CATARINA SM | F | 42 | | 01:07:46 | 01:07:33 | SMS |
| 930 | 875 | MAFALDA RAMOS | F | 26 | | 01:07:48 | 01:07:14 | RUN 4 BEER |
| 931 | 381 | SOFIA MATEUS | F | 39 | | 01:07:48 | 01:07:34 | INDIVIDUAL |
| 932 | 382 | CATARINA G JORGE | F | 38 | | 01:07:48 | 01:07:34 | INDIVIDUAL |
| 933 | 748 | MIGUEL A ANGELO | M | 44 | | 01:07:50 | 01:06:35 | ANGELS FAMILY |
| 934 | 498 | DIOGO MORAIS | M | 35 | | 01:07:51 | 01:06:42 | NEVRALGICOS |
| 935 | 1218 | LUÍS BANDEIRA | M | 54 | | 01:07:53 | 01:06:42 | GC JOAQUIM CHAVES SAÚDE |
| 936 | 949 | CLÁUDIA FERNANDES | F | 31 | | 01:07:54 | 01:07:07 | AGORA PENSA |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|--------------------------|
| 937 | 888 | DIANA L B SILVA | F | 24 | | 01:07:55 | 01:07:22 | INDIVIDUAL |
| 938 | 781 | SANDRA B PEREIRA | F | 42 | | 01:08:01 | 01:07:01 | INDIVIDUAL |
| 939 | 130 | CARLA NAZARETH | F | 40 | | 01:08:06 | 01:07:29 | INDIVIDUAL |
| 940 | 367 | Mª MARGARIDA S DUARTE | F | 44 | | 01:08:12 | 01:07:43 | TRIBO EXTREME ADVENTURES |
| 941 | 560 | RUI VEIGA | M | 55 | | 01:08:15 | 01:07:32 | INDIVIDUAL |
| 942 | 311 | FRANCISCO L RIBEIRO | M | 68 | | 01:08:15 | 01:07:32 | INDIVIDUAL |
| 943 | 997 | BERNARDO DUARTE | M | 24 | | 01:08:19 | 01:08:19 | INDIVIDUAL |
| 944 | 760 | PEDRO FERNANDES | M | 38 | | 01:08:23 | 01:07:26 | UDFAC |
| 945 | 756 | FERNANDO CHAMBEL | M | 49 | | 01:08:39 | 01:07:42 | UDFAC |
| 946 | 759 | ORLANDO ROLO | M | 57 | | 01:08:39 | 01:07:40 | UDFAC |
| 947 | 558 | FERNANDO M COELHO | M | 51 | | 01:08:52 | 01:07:53 | INDIVIDUAL |
| 948 | 816 | JOANA COUCEIRO | F | 34 | | 01:08:53 | 01:07:51 | INDIVIDUAL |
| 949 | 827 | ANDREIA A RODRIGUES | F | 35 | | 01:08:54 | 01:07:50 | PAISDE3 RESPECT |
| 950 | 1178 | CRISTINA SIZA | F | 51 | | 01:08:55 | 01:08:12 | EQUIPA DO MANEL |
| 951 | 294 | JOSE REBELO | M | 49 | | 01:08:55 | 01:08:32 | C MILLENNIUM BCP |
| 952 | 885 | MANUELA TIMÓTEO | F | 48 | | 01:08:56 | 01:07:48 | INDIVIDUAL |
| 953 | 1083 | ILÍDIO MONTEIRO | M | 66 | | 01:09:10 | 01:08:29 | BE SMART |
| 954 | 969 | JOÃO S ALMEIDA | M | 20 | | 01:09:12 | 01:08:54 | INDIVIDUAL |
| 955 | 192 | PAULA G AVELAR | F | 41 | | 01:09:14 | 01:08:21 | FAMÍLIA GOULÃO AVELAR |
| 956 | 205 | SOFIA VINAGRE | F | 40 | | 01:09:19 | 01:08:27 | FAMÍLIA CORREIA SANTOS |
| 957 | 177 | Mª TERESA GUIMARÃES | F | 45 | | 01:09:36 | 01:09:03 | INDIVIDUAL |
| 958 | 448 | SÓNIA G ROMÃO | F | 37 | | 01:09:43 | 01:09:01 | AS GODINHO |
| 959 | 785 | LOURENÇO V PATO | M | 19 | | 01:09:46 | 01:07:02 | INDIVIDUAL |
| 960 | 260 | ANA MALHEIRO | F | 24 | | 01:09:48 | 01:08:51 | C MILLENNIUM BCP |
| 961 | 291 | JORGE CALMEIRO | M | 52 | | 01:09:49 | 01:08:51 | C MILLENNIUM BCP |
| 962 | 227 | DAVID VIEIRA | M | 44 | | 01:09:51 | 01:09:24 | FAMÍLIA VIEIRA |
| 963 | 894 | CATARINA A PINA | F | 16 | | 01:10:00 | 01:08:48 | INDIVIDUAL |
| 964 | 698 | MARTA ARAUJO | F | 18 | | 01:10:06 | 01:09:19 | PALHAS |
| 965 | 296 | CARLOS CONCEICAO | M | 53 | | 01:10:18 | 01:09:35 | C MILLENNIUM BCP |
| 966 | 941 | FERNANDA ALMEIDA | F | 46 | | 01:10:41 | 01:09:38 | INDIVIDUAL |
| 967 | 988 | ANA RIBEIRO | F | 39 | | 01:10:53 | 01:09:50 | INDIVIDUAL |
| 968 | 86 | LUIA C AZEVEDO | F | 10 | | 01:11:11 | 01:10:15 | M&M&L |
| 969 | 1141 | HUGO HORTA | M | 39 | | 01:11:25 | 01:11:25 | OS HORTAS |
| 970 | 228 | CARLA VIEIRA | F | 44 | | 01:11:26 | 01:10:59 | FAMÍLIA VIEIRA |
| 971 | 85 | MARTA CYRNE | F | 42 | | 01:11:33 | 01:10:39 | M&M&L |
| 972 | 776 | NUNO AGOSTINHO | M | 45 | | 01:11:35 | 01:10:30 | INDIVIDUAL |
| 973 | 713 | JOAO SAMPAIO | M | 44 | | 01:11:36 | 01:10:30 | INDIVIDUAL |
| 974 | 663 | FILIPA MAGALHAES | F | 43 | | 01:11:45 | 01:11:13 | MAGALHAES |
| 975 | 112 | CARLOS CUNHA | M | 40 | | 01:11:47 | 01:11:47 | CUNHAS&AMIGO |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|---------------------------------|----|-----|-----|----------|------------|------------------------------------|
| 976 | 511 | EMA VASCONCELOS | F | 37 | | 01:11:54 | 01:10:47 | MADRUGADORAS AV ^a NOVAS |
| 977 | 510 | CATARINA ROSEIRA | F | 38 | | 01:11:54 | 01:10:47 | MADRUGADORAS AV ^a NOVAS |
| 978 | 1182 | LEONOR C SECO | F | 13 | | 01:12:14 | 01:12:14 | WEVENTUAL |
| 979 | 686 | FATIMA MANTEIGA | F | 46 | | 01:12:17 | 01:11:48 | GDCT UNICRE |
| 980 | 681 | PAULO FRANÇA | M | 53 | | 01:12:17 | 01:11:48 | GDCT UNICRE |
| 981 | 1129 | CARLA S C CORDEIRO | F | 37 | | 01:12:19 | 01:11:17 | INDIVIDUAL |
| 982 | 976 | CHARLOTTE JOHNSON | M | 67 | | 01:12:39 | 01:12:33 | SEMPRE EM FESTA |
| 983 | 251 | EDUARDO VILHENA | M | 48 | | 01:12:43 | 01:11:57 | C MILLENNIUM BCP |
| 984 | 1231 | NATÁLIA PINTO | F | 53 | | 01:12:56 | 01:11:55 | OS ECONÓMICOS |
| 985 | 501 | INÊS CARDIGOS | F | 47 | | 01:13:16 | 01:13:10 | EQUIPA FAMÍLIA CARDIGOS |
| 986 | 857 | SARA DOMINGUES | F | 37 | | 01:13:19 | 01:12:10 | INDIVIDUAL |
| 987 | 696 | MARIA ARAUJO | F | 46 | | 01:13:25 | 01:12:39 | PALHAS |
| 988 | 1186 | TERESA C SECO | F | 15 | | 01:13:39 | 01:12:44 | WEVENTUAL |
| 989 | 790 | ANA I BATISTA | F | 27 | | 01:13:41 | 01:13:29 | CHICASLARICAS |
| 990 | 40 | SILVIA NUNES | F | 37 | | 01:13:52 | 01:13:52 | RATOLA TEAM |
| 991 | 41 | SOFIA MINCHIN | F | 37 | | 01:13:52 | 01:13:52 | RATOLA TEAM |
| 992 | 1262 | ANA SILVA | F | 45 | | 01:13:58 | 01:13:58 | INDIVIDUAL |
| 993 | 1272 | JOSE ESTEVES | M | 39 | | 01:14:00 | 01:13:08 | AVILE RUNNERS |
| 994 | 368 | ISABEL M R NEVES | F | 45 | | 01:14:12 | 01:12:58 | INDIVIDUAL |
| 995 | 423 | SOFIA I B TEIXEIRA | F | 28 | | 01:14:13 | 01:14:00 | INDIVIDUAL |
| 996 | 1019 | JOSÉ ALÍPIO | M | 59 | | 01:14:23 | 01:14:16 | INDIVIDUAL |
| 997 | 490 | JOANA M SOARES | F | 26 | | 01:14:30 | 01:13:37 | EDP RUNNERS |
| 998 | 53 | MARIO PIRES | M | 56 | | 01:14:31 | 01:13:13 | INDIVIDUAL |
| 999 | 1187 | JOANA DUARTE | F | 46 | | 01:14:32 | 01:14:32 | WEVENTUAL |
| 1000 | 414 | CRISTINA M M S COUTO | F | 48 | | 01:14:47 | 01:14:26 | INDIVIDUAL |
| 1001 | 481 | M ^ª JOSE N GUERREIRO | F | 41 | | 01:15:02 | 01:15:02 | INDIVIDUAL |
| 1002 | 609 | TÂNIA SIMÕES | F | 33 | | 01:15:17 | 01:14:43 | AMIGOSDACORRIDA.COM |
| 1003 | 608 | RAUL MASSANO | M | 36 | | 01:15:18 | 01:14:43 | AMIGOSDACORRIDA.COM |
| 1004 | 998 | SUSANA TRINDADE | F | 37 | | 01:15:48 | 01:14:46 | INDIVIDUAL |
| 1005 | 506 | M ^ª FÁTIMA G PEREIRA | F | 38 | | 01:15:49 | 01:14:46 | FEBRAS |
| 1006 | 765 | PEDRO FIALHO | M | 20 | | 01:16:48 | 01:15:28 | TUGAS |
| 1007 | 766 | LUIS FIALHO | M | 14 | | 01:16:50 | 01:15:30 | TUGAS |
| 1008 | 764 | JOSÉ FIALHO | M | 45 | | 01:16:59 | 01:15:40 | TUGAS |
| 1009 | 266 | FOCK WAN | F | 65 | | 01:17:04 | 01:16:09 | C MILLENNIUM BCP |
| 1010 | 268 | LUIS MONTEIRO | M | 44 | | 01:17:05 | 01:16:09 | C MILLENNIUM BCP |
| 1011 | 464 | PEDRO VASCONCELOS | M | 38 | | 01:17:06 | 01:15:44 | PVASCONCELOS |
| 1012 | 1269 | M ^ª CARMO ANJOS | F | 69 | | 01:17:07 | 01:16:53 | INDIVIDUAL |
| 1013 | 820 | ANTONIO FIGUEIREDO | M | 60 | | 01:17:20 | 01:16:27 | INDIVIDUAL |
| 1014 | 685 | PAULA CAMPOS | F | 47 | | 01:17:27 | 01:16:59 | GDCT UNICRE |

CORRIDA DOS SALESIANOS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

| Class | Num | Nome | Sx | Idd | Cat | T. Bruto | T. Líquido | Equipe |
|-------|------|-----------------------|----|-----|-----|----------|------------|-----------------------------|
| 1015 | 1053 | ANTÓNIO MARQUES | M | 69 | | 01:18:46 | 01:18:35 | INDIVIDUAL |
| 1016 | 584 | ANDREIA F NASCIMENTO | F | 38 | | 01:19:41 | 01:18:35 | INDIVIDUAL |
| 1017 | 405 | LEONOR SANTOS | F | 57 | | 01:19:58 | 01:19:37 | INDIVIDUAL |
| 1018 | 749 | SONIA A ANGELO | F | 44 | | 01:21:00 | 01:19:46 | ANGELS FAMILY |
| 1019 | 1179 | TERESA PUPO | F | 45 | | 01:21:10 | 01:20:27 | EQUIPA DO MANEL |
| 1020 | 127 | LUCINDA HENRIQUES | F | 67 | | 01:21:42 | 01:21:42 | INDIVIDUAL |
| 1021 | 921 | RITA JOAQUIM | F | 33 | | 01:21:45 | 01:20:53 | INDIVIDUAL |
| 1022 | 433 | ANA TEIXEIRA | F | 55 | | 01:22:09 | 01:21:28 | SALESIANOS FITNESS |
| 1023 | 413 | GRACINDA M S ANTUNES | F | 55 | | 01:22:21 | 01:22:08 | INDIVIDUAL |
| 1024 | 397 | HELENA M A VICENTE | F | 51 | | 01:23:24 | 01:23:00 | INDIVIDUAL |
| 1025 | 371 | HELENA M F A CASTRO | F | 46 | | 01:23:25 | 01:22:10 | INDIVIDUAL |
| 1026 | 404 | SOFIA A SANTOS | F | 43 | | 01:23:25 | 01:22:10 | INDIVIDUAL |
| 1027 | 1235 | PAULA CASTANHEIRA | F | 50 | | 01:23:27 | 01:22:13 | INDIVIDUAL |
| 1028 | 849 | TIAGO FIGUEIRA | M | 32 | | 01:23:28 | 01:23:28 | GD PERNAS PARA QUE TE QUERO |
| 1029 | 439 | Mª CÉU DIOGO | F | 57 | | 01:25:07 | 01:24:27 | SALESIANOS FITNESS |
| 1030 | 95 | LARA FERNANDES | F | 28 | | 01:25:10 | 01:23:27 | RUN4BEER |
| 1031 | 131 | PEDRO M G P B NEVES | M | 36 | | 01:25:12 | 01:23:28 | INDIVIDUAL |
| 1032 | 737 | SÓNIA MARQUES | F | 35 | | 01:26:38 | 01:25:37 | INDIVIDUAL |
| 1033 | 390 | Mª FÁTIMA M GAIOLA | F | 57 | | 01:30:50 | 01:30:24 | INDIVIDUAL |
| 1034 | 836 | FERNANDA M N PARREIRA | F | 48 | | 01:30:50 | 01:30:23 | INDIVIDUAL |

Total de registros: 1034